

# THE STRATHCONIAN



Lord Strathcona's Horse  
(Royal Canadians)

1900 ~ 2010

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## Lord Strathcona's Horse (Royal Canadians)

### Battle Honours

South Africa

**South Africa, 1900 - 1901**

First World War

**Festubert 1915, Somme 1916, '18; Brazentin, Pozières, Flers-Courcelette,  
Cambrai 1917, '18; St. Quentin, Amiens, Hindenberg Line,  
St. Quentin Canal, Beaurevoir, Pursuit to Mons,  
France and Flanders 1915 - 1918**

Second World War

**Liri Valley, Melfa Crossing, Torrice Crossroads, Gothic Line,  
Pozzo Alto Ridge, Coriano, Lamone Crossing, Misano Ridge, Casale,  
Naviglio Canal, Fosso Munio, Italy 1944-1945, Ijsselmeer  
North-West Europe 1945**

Korea

**Korea 1951-1953**

*(Battle Honours approved for emblazonment are in heavy type)*



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The Queen's Royal Lancers  
10 (Polish) Armour Cavalry Brigade

### Affiliated Cadet Corps

1292 Cadet Corps - Calgary

1813 Cadet Corps - Cranbrook

2716 Cadet Corps - Mayerthorpe

2860 Cadet Corps - Fort Simpson

3066 Cadet Corps - Golden

3070 Cadet Corps - Evansburg





## The Strathconian

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STEELE BARRACKS

2010

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## Message From the Colonel of the Regiment

*Major-General Cam Ross*



Some things never change. I can't help but think how many of my predecessors as Colonel of the Regiment received that dreaded late January call from the CO's Secretary pronouncing Strathconian articles are due ... tomorrow!

But other things do change. Look back ten years. Y2K had passed as a whimper instead of the expected cataclysmic event. The Regiment celebrated its 100th anniversary. B Squadron went to Bosnia. The 'new' Leopard C2s again won the CANAM trophy under the leadership of **Capt Michelle Gallagher**; she is now a lawyer firing legal sabot rounds. **LCol Jim Ellis** was CO; he is now Alberta's Deputy Minister for the Environment. Recce Squadron had an Assault Troop, something that the Corps is looking at re-introducing.

The past helps us put the present as well as the future in perspective. If one looks at the adjectives used to describe the tempo in the last ten years of the Strathconian, one would see 'extremely busy', 'hectic', 'challenging', etc. Frankly, these descriptors are the new norm. Having successfully returned our last of eight tank squadrons from Afghanistan, the Regiment is mid-way through a long Central Asian experience. The new training mission in Afghanistan will consume the better part of two squadrons this coming year. Furthermore, the next bounds will present challenges associated with budgets, Canadian Forces transformation, and the introduction of Leopard 2s to Canada.

As we face this exciting future, I am impressed and humbled by the world class professionalism of our soldiers. There is a quiet self-confidence that pervades the hangar floor these days. This comes from four long years in combat. The work has been hard and arduous and sadly has come with a human toll. How best to describe this era of the Regiment?

On the 7th of November 2010, a small Strathcona contingent attended a ceremony at Craigellachie, B.C. The ceremony marked the 125th Anniversary of the driving of the last spike of the Canadian Pacific Railway by **Donald Smith, Lord Strathcona**. It took Lord Strathcona three attempts to drive the spike home (perhaps this is why our motto is 'Perseverance'). When **Donald Smith** finished and this link of steel bonded our great nation, the General Manager of CPR, **Cornelius Van Horne** simply declared, "All I can say is that the work has been well done in every way."

I can think of no better way to describe this chapter in our Regimental history.

Perseverance







## A Word From the Senior Serving Strathcona

*Brigadier-General Craig Hilton*

With 2010 now behind us, and the transition of our Mission in Afghanistan from combat operations to training the ANSF set for July of this year, the Army is about to shift gears to prepare itself for both the immediate and the longer term future. This is a critical and deliberate exercise as many of our **Old Guard** can relate – given the high risk of **Mexican Overdrive** if clutch and shift don't sync, and the unenviable consequences that usually follow – particularly where any sloping ground is concerned. In short, in a global security environment where favourable terrain is increasingly rare, it is absolutely vital that the Army gets this manoeuvre right, and equally vital that the Regiment contributes directly and strongly to make it so.

Clearly, the Regiment will be required to play a continuing role as part of the emerging ANSF training cadre, once the plans are in place. The other close-in target will be the recovery of our tanks and other equipment concurrent with the Theatre drawdown of combat stocks, and the refit of that much used kit back to fighting trim. Both of these endeavours are no small tasks, and will demand constant effort. In this respect, we will make a key contribution to the overall Army transition and reset/reconstitution phase of the current Mission.

But less obvious and arguably more critical to the Army's success tomorrow will be the distillation of all that we have learned from years (and successive Squadrons worth) of main battle tank operations in an irregular/unconventional warfighting environment. The extent to which we deem this experience relevant to future operations, the changes it must drive in both our individual training and TTPs, and the manner in which it must shape combined arms collective training, all will serve to adjust the Army's land warfare orientation toward winning the next conflict. This issue is of the utmost urgency and importance, and will demand that the Strathcona's unique perspective is clearly delivered and widely understood. In this manner we will assist the Army to lock on to the mid-range targets, and confidently anticipate the next order to engage – however soon and wherever it may come.

Perseverance





## Commanding Officer's Message

*Lieutenant-Colonel Trevor Cadieu*



*The CO poses with **Maj Mark Lubiniecki**, who was all smiles until he was told he would be Editor-in-Chief of *The Strathconian*.*

To say that our great Regiment is busy would require me to state the blindingly obvious. The tempo of the Strathcona's has always been hectic, it continues to be today, and it is unlikely to slow down in the years to come.

This year is particularly special as it is the first time in nearly a decade that the entire Regiment is safe on home soil. In early 2002, we deployed a Reconnaissance Squadron to Kandahar, Afghanistan as part of Operation APOLLO. Since that time, we deployed two squadrons to Bosnia and nine more squadrons to Afghanistan. Few other teams in the Canadian Forces have been asked to contribute as much. Indeed, an entire generation of Strathcona soldiers and leaders have been forged by their combat experiences in Afghanistan.

Our soldiers truly are inspirational. Whether fighting abroad under the harshest of conditions or representing the Canadian Forces in the many community outreach events tasked to the Regiment, Strathcona soldiers always deliver what is asked of them with unparalleled professionalism and with the flair our troops are known for. Naturally, I am also referring to soldiers of all hat badges that serve at the Strathcona's to include our great maintainers and technicians, clerks, cooks, supply techs, medics, MSE operators, Chaplain and all other support trades. These professionals often work miracles to keep our equipment serviceable and troops looked after.

Similarly, I am astonished by the resilience of our families who have sacrificed so much this past decade. Many of our families have had to endure the hardships of multiple tours and, in some cases, the pain of the unthinkable – dealing with the injury or loss of a loved one. Saying 'thanks' is hardly sufficient to recognize the courage of the families on the home front. It is for this reason that we have committed significant resources this past year to events such as the Reunion; Summer Family Day; Children's Christmas Party; Strathcona Homecoming Dinner and Dance; and multiple Spousal Events. In fact, it is in recognition of their enduring support that I have chosen the theme of this edition of *The Strathconian* to be 'The Strathcona Family,' which clearly encompasses not only serving soldiers and their loved ones, but Strathcona's serving throughout the world, members of the Old Guard, and Friends of the Regiment as well.

We can all be proud of our great soldiers and their extensive accomplishments, which are evident in the pages that follow. I am grateful to **Maj Mark Lubiniecki** for his leadership as Editor-in-Chief of this publication, to **Capt Sandy Cooper** for back-stopping him as Editor, to **Kathy Batty** for once again putting it all together, to **Capt Mike Dullege** and the subalterns for running with advertising, and to all Strathcona's, serving and retired, who have contributed articles.

Although our last tank squadron has returned from Afghanistan, this is not the end of an era for our Regiment. In fact, we have just received orders to generate soldiers and leaders for the Mission Transition Task Force and Canada's upcoming training mission in Afghanistan. We were an integral part of Canada's commitment to this troubled region in the immediate aftermath of 9/11, and I am confident Strathconas will continue to contribute to this mission until it eventually closes out. In the meantime, we eagerly anticipate the arrival of the Leopard 2s in Edmonton this coming year – a sure sign our leadership in the Army and Canadian Forces appreciate what Strathconas bring to the fight.

Perseverance





## Regimental Sergeant-Major's Observations

*Chief Warrant Officer Bill Crabb*



As I sit to write this my first Strathconian article I look back on a year of Regimental successes. The Regiment performed amazingly well on Op Podium, commanding Task Force Vancouver during the 2010 Olympics. During the Olympics Recce Sqn was placed under command of 2 PPCLI in Whistler doing OP's. In June C and Recce Sqns were integral to the success of the Combat Team Commanders course. In July we provided our support to Spruce Meadows in the form of a 100 man guard as well as Mounted Troop participation. Recce Sqn deployed to Arizona on ex Empire Challenge in Jul/Aug utilizing the PSS (balloon mounted surveillance system). B Sqn went North of Wainwright to the Cold Lake air weapons range in August to do the live fire portion of the Leopard Gunners course. In Sept C Sqn participated in the final Leo 2 serial in Germany culminating in the unveiling of our first Leopard 2A4 Ops tank. Also in Sept the Regiment received the honour of being given Freedom of the City of the town of Gibbons complete with parade and celebration. The Regiment deployed to Wainwright on Ex Steele Sabre in October marking the first Regimental exercise since 2006. Finally November saw A Sqn safely return from Afghanistan ending eight consecutive Tank Sqn rotations into that region.

As you can see the Regiment remains a very busy place. I would be remiss if I didn't mention another integral part of the family which are the Combat Service Support personnel in the Regiment. Without the maintainers, cooks, clerks, and so many others we would be unable to achieve the successes we are so proud of. None of this would be possible however without the unwavering support, dedication, and perseverance of our families on the home front who make it all possible. Thank You!

Due to an extremely successful CF recruiting campaign the Regiment is currently the largest it has been in many years with over 600 all ranks in Regimental lines. These numbers are reflected throughout the Corps with Armoured Non Commissioned Member strength of over 2100 soldiers.

2011 is shaping up to be just as busy with soldiers being attached out to various deploying units. These are varied tasks from door gunners to 408 Sqn, Crewmen for the Mission Transition Task Force to withdraw equipment, and finally to Op Attention the training mission in Northern Afghanistan. These are on top of continued support to training events in Western Area and our own internal training.

To those members who have been posted or retired in 2010, thanks for your many contributions to the Regiment. For the members who retired I would also like to thank you for your service to the Country! I would like to close by saying that morale is extremely high at the Regiment and we continue to uphold the levels of pride and professionalism set by those who have come before us.





## Editor-in-Chief's Foreward

*Major Mark Lubiniecki*

When first tasked by the Commanding Officer, **LCol Trevor Cadieu**, to be the Editor-in-Chief of this year's Strathconian, I found great pleasure in knowing that I would be able to execute 'mission command' in it's creation. Namely, I would give the Editor, **Capt Sandy Cooper**, the mission of completing the Strathconian while I commanded the soldiers of Recce Sqn. This approach worked well at first, until he was cleaved from the Sqn and parachuted into the position of Regimental Adjutant half way through the year.

The production of such an important piece of the Regiment's annual history and a publication that is shared by soldiers with friends and family in the proud explanation of what life in the Army / Regiment is truly like, comes with a cost. That cost is the time and effort put forth by the submission authors, advertising canvassers, the editorial staff, and those businesses and organizations who offer their support through advertisement. Without these four key elements, the annual Strathconian would fall short. In addition, I would like to thank the Senior Subaltern, **Capt Mike Dullege** for his ability to lead the subalterns to a record setting advertising campaign. Also, the time, effort, and guidance put forth by the Editor, **Capt Sandy Cooper** and the layout specialist, **Mrs. Kathy Batty**, lead to the success of this year's annual journal in both content quality and delivery dates.

I look forward to the days when I can sit with my children, and eventually grandchildren, and share my experiences and the success of the Regiment, drawing upon articles from the Strathconian and explaining the photos contained within. Life at the Regiment is precious and far to short of time for most, once again emphasising the importance of this historical document as we all make our small mark on the history of this fine Regiment.



**All old comrades and friends of the Regiment are cordially invited to increase our circulation by forwarding the names of other old comrades or prospective subscribers.**

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# The Regiment







## Honours and Awards

### Canadian Forces Decoration

Capt Manouchehri  
Capt Pano  
Capt Selberg  
Sgt Bowden  
Sgt Moon  
Sgt Thomas  
Sgt Troop  
MCpl Clark  
MCpl Fardy  
MCpl Hodgson  
MCpl Murphy  
MCpl Oliver  
MCpl Oliver, JE  
MCpl Parrill  
MCpl Ramage  
MCpl Royes  
MCpl Sikorski  
MCpl Tourney  
Cpl Dugdale  
Cpl Jesse  
Cpl Murray  
Cpl O'Neil  
Cpl Rasmussen  
Cpl Whynot

### Canadian Forces Decoration First Clasp

WO Romaniuk  
Sgt Alexander  
Sgt Connauton  
Sgt Shiells  
MCpl Bradley

### Canadian Forces Decoration Second Clasp

CWO Dorrance  
MWO Hall  
WO Macleod

### Canada Command Commendation

MCpl Peddle

### Commander Joint Task Force Afghanistan Commendation

Tpr Drew

### Commander Joint Task Force Games Certificate of Achievement

Maj MacIntyre  
Cpl Keller

### Task Force 3-09 Battle Group Commander's Coin

Cpl Potter

### General Campaign Star

Capt Bugg  
Capt Pett  
Capt Swainsbury  
A Squadron Complete  
B Squadron Complete

### Prince of Wales Trophy

A Squadron

### Fox Bugle

Cpl Mooney

### Col of the Regt Silver Stick

MCpl Scheller

### Milroy Crossbelt

Sgt Wallis

### Neatby Pacestick

WO Mayfield

### Hessin Memorial Sword

Capt Collings

### Olympic Torch Trophy

Cpl Jarratt

### Colonel of the Regiment Commendation

Col (Ret'd) Greg Hug

### Colonel-in-Chief Commendation

LCol (Ret'd) Geoff Jamieson  
WO (Ret'd) Dave Cathcart





## Promotions

Maj Volstad  
Maj Manouchehri  
Maj MacIntyre  
Capt Whalley  
Capt Salter  
Capt Dullege  
Lt Golding  
Lt Buckingham  
Lt Thompson  
Lt Vahal  
OCdt Forestell  
CWO Crabb  
MWO Mayfield  
MWO Riley  
WO Connauton  
WO Smith  
WO Wallis  
Sgt Kierstead  
Sgt Kyle  
Sgt Parlee  
Sgt Scheller  
MCpl Daneau  
MCpl Denvir  
MCpl D'Orsay  
MCpl Hayes  
MCpl Kennedy.  
MCpl Lahay  
MCpl Malashevsky  
MCpl Mansfield  
MCpl Mooney  
MCpl Mousseau  
MCpl Normore  
MCpl Poitras  
MCpl R. Sebo  
MCpl Vienneau  
MCpl Whynot

MCpl Woods  
MCpl Wright  
Cpl Albrechtson  
Cpl Allman  
Cpl Ameerli  
Cpl Arsenault  
Cpl Aymont  
Cpl Bakker  
Cpl Balfour  
Cpl Banman  
Cpl Barrett  
Cpl Blain  
Cpl Brisebois-Bergeron  
Cpl Brown  
Cpl Budgell  
Cpl Burke  
Cpl Butler  
Cpl Cameron  
Cpl Chevalier  
Cpl Clarke  
Cpl Clegg  
Cpl Collins  
Cpl Crowe  
Cpl Daos  
Cpl DeJong  
Cpl Drew  
Cpl Drummond  
Cpl Edwards  
Cpl Gallagher  
Cpl Geernaert  
Cpl Girling  
Cpl Graham  
Cpl Hamilton  
Cpl Hammermeister  
Cpl Hughes  
Cpl Jacques

Cpl Johnson  
Cpl Jordon  
Cpl Kisch  
Cpl Klagis  
Cpl Kroker  
Cpl Lajoie  
Cpl Lanthier  
Cpl Lee  
Cpl Loft  
Cpl Maclean  
Cpl Marion  
Cpl McAulay  
Cpl McGovern  
Cpl McKenzie  
Cpl McKinnon  
Cpl McQueen  
Cpl Miller  
Cpl Morin  
Cpl Mullens  
Cpl Mulyk  
Cpl Murdoch  
Cpl Oliver  
Cpl Partington  
Cpl Paskuski  
Cpl Peachey  
Cpl Pernitsch  
Cpl Potter  
Cpl Pugh  
Cpl Reid  
Cpl Rogers  
Cpl Roselle  
Cpl Schenher  
Cpl Sears  
Cpl Sebo  
Cpl Skinner  
Cpl Tonn  
Cpl Tremblay  
Cpl Verwey  
Cpl Villarete  
Cpl Walker  
Cpl Wallace  
Cpl White  
Cpl Winchester  
Cpl Young  
Cpl Zwicker





## Regimental Roll 2010

### **Colonel-in-Chief**

His Royal Highness  
The Prince of Wales

### **Colonel of the Regiment**

MGen Ross

### **Commanding Officer**

LCol Cadieu

### **Second-in-Command**

Maj Cochrane

### **Adjutant**

Capt Gardner

### **Operations Officer**

Capt Mallette

### **Regimental Sergeant Major**

CWO Crabb

### **Commanding Officer's Secretary**

Kathy Batty

### **Regimental Headquarters**

Capt Kaye  
Capt Matthews  
Capt Pano  
Lt Daley  
Lt Kerek  
Lt Stachow  
2Lt Van Muyen  
WO Clarke  
WO King  
Sgt Barker  
Sgt Graf  
MCpl McDougal  
MCpl Mooney  
Cpl Sebo  
Tpr Lucas

### **Regimental Signals Troop**

Lt Niedzielski  
WO Hardy  
Sgt Willcott  
MCpl Bergeron  
MCpl Oliver

Cpl Deschambault  
Cpl Maclean  
Cpl Tremblay  
Sig Sibilo

### **Regimental Police**

MCpl Doucette  
Cpl Potter  
Tpr Broome

### **99er TAC**

WO Allen  
Sgt Scheller  
MCpl Biller  
MCpl Ellis  
MCpl Hodgson  
MCpl Usher  
Cpl Chevalier  
Cpl Davidson  
Cpl Silcox  
Tpr Albrechtson

### **Regimental Orderly Room**

WO Litwin  
Sgt Redshaw  
MCpl Kennedy  
MCpl Loof  
MCpl Walker  
Pte Hays

### **Prince of Wales Squadron** **(A Squadron)**

#### **Officer Commanding**

Maj McKenzie

#### **Sergeant Major**

MWO Jones

### **Squadron Headquarters**

Capt Peters  
Sgt Likely  
Sgt Barker  
MCpl Carle  
Cpl Ameerli

Cpl Arsenault  
Cpl Bakker  
Cpl Banman  
Cpl Churchill  
Cpl Graves  
Cpl Sears

### **1st Troop**

Capt Hevenor  
WO Boland  
Sgt Zubkowski  
MCpl Morley  
MCpl Brister  
Cpl Blain  
Cpl Burton  
Cpl Estabrooks  
Cpl Gallen  
Cpl Livingston  
Cpl McKenzie  
Cpl McQueen  
Cpl Pegler,  
Cpl Sykes  
Tpr Droogers  
Tpr Elms

### **2nd Troop**

Capt Timms  
WO Baglole  
Sgt Trenholm  
MCpl Reid  
MCpl Paterson  
Cpl Aymont  
Cpl Edwards  
Cpl Foster  
Cpl Friesen  
Cpl Hogemann  
Cpl Moore  
Cpl Nancarrow  
Cpl Pugh  
Cpl Riopelle  
Tpr Gorman  
Tpr O'Brien

### **3rd Troop (Op Res)**

WO Paquette  
MCpl Clarke





MCpl Ellis  
MCpl Spencer, Deployed  
MCpl Whittall  
Cpl Barrett, Deployed  
Cpl Brown  
Cpl Miller, Deployed  
Cpl Poitras  
Cpl Ramiro  
Cpl White, Deployed  
Tpr Broome  
Tpr Kent, Deployed  
Tpr Kornowski, Deployed  
Tpr Lucas  
Tpr Peters, Deployed  
Tpr Rabesca

### **Administration Troop**

Capt Hayward  
WO Taylor  
WO Deveau  
MCpl Bradley  
MCpl Gordon  
MCpl Hurlburt  
MCpl McMurtry  
Cpl Bellegarde  
Cpl Burris  
Cpl Campbell B  
Cpl Davidson  
Cpl Gushue  
Cpl Schenher  
Cpl Slade  
Cpl Walker  
Tpr Ram  
Pte Bowers

### **Maintenance Troop**

Sgt Derooy  
MCpl Denvir  
MCpl Jahjefendic  
MCpl Schell  
Cpl Brown  
Cpl Drake  
Cpl Gearin  
Cpl Kostyan  
Cpl Law  
Cpl LeComte  
Cpl Lussier  
Cpl Skuce  
Tpr Dyk

### **B Squadron**

#### **Officer Commanding**

Maj Onieu

#### **Sergeant Major**

MWO Mayfield

#### **Squadron Headquarters**

Capt McGowan  
2Lt Golding  
Sgt Churchill  
MCpl McLoughlin  
Cpl Clegg  
Cpl Frenette  
Cpl Mendez Vargas  
Cpl Slyford  
Cpl Thoren  
Tpr Blair  
Tpr Monge  
Tpr Poirier  
Tpr Wareham

#### **1st Troop**

Lt Wawrzyn  
WO Romanuik  
Sgt Shiells  
MCpl Davidson  
MCpl Moores  
MCpl Ramage  
Cpl Drew  
Cpl Gallagher  
Cpl Skinner  
Tpr Brown  
Tpr Fleming  
Tpr Harder  
Tpr Hazen  
Tpr Larcher Pelland  
Tpr Sandhu  
Tpr Shepherd  
Tpr Whipple

#### **2nd Troop**

Capt Dullege  
WO Wallis  
MCpl Bulmer  
MCpl Kruhlak

MCpl Warnica  
Cpl Fitch  
Cpl Kisch  
Cpl Klages  
Tpr Chen  
Tpr Clare  
Tpr Green  
Tpr Loft  
Tpr McCulloch  
Tpr Richerzeau  
Tpr Rollins  
Tpr Wahl

#### **3rd Troop**

Lt MacInnis  
Sgt Biener  
Sgt Connauton  
MCpl Dubé  
MCpl Eady  
Cpl Janvier  
Cpl Mulyk  
Cpl Roselle  
Cpl Thiffault-Dumont  
Tpr Broad  
Tpr Doty  
Tpr Essex  
Tpr Lorge  
Tpr Nicholson  
Tpr Sullivan  
Tpr Taylor

#### **Administration Troop**

Capt Gray  
Capt Wong  
2Lt Kenny  
WO Mosher  
Sgt Green  
MCpl Strong  
Cpl Charlton  
Cpl Daneau  
Cpl Kearns  
Cpl Levesque  
Cpl Taylor  
Tpr Bolzan  
Tpr Crozier  
Tpr Daos  
Tpr Duxbury  
Tpr Edwards  
Tpr Haywood



Tpr MacMillan  
Tpr Novak  
Tpr Pitcher  
Tpr Schiffner  
Tpr Sherlock-Hubbard  
Tpr Smith  
Tpr Watson  
Tpr Winchester

### **C Squadron**

#### **Officer Commanding**

Maj Chenette

#### **Sergeant Major**

MWO Riley

#### **Squadron Headquarters**

Capt Douglas  
Lt Vahal  
Sgt Hornby  
Sgt Thomas  
Cpl Balfour  
Cpl Budgell  
Cpl Collier  
Cpl Dixon  
Cpl Dunphy  
Cpl McAulay  
Cpl McGovern  
Cpl Osborne  
Tpr MacDonald  
Tpr Serben

#### **1st Troop**

Capt England  
WO Smith  
Sgt Englehart  
Sgt Denson  
MCpl Gibson  
MCpl Murphy  
Cpl Boorman  
Cpl Docherty  
Cpl Stewart  
Cpl Thompson  
Cpl Villarete  
Tpr Chase  
Tpr Gnabs  
Tpr Phelan  
Tpr Potter

Tpr St-Jean  
Tpr Wallis

#### **2nd Troop**

Capt Salter  
WO Paquette  
Sgt Koestlmaier  
MCpl Acorn  
MCpl Hamilton  
Cpl Berkshire  
Cpl Fisher  
Cpl Hughes  
Cpl Jacques  
Cpl Mijares  
Cpl Murdoch  
Cpl Scott  
Tpr Fontaine-Lambert  
Tpr Gaona  
Tpr Koke  
Tpr Popoff  
Tpr Smith

#### **3rd Troop**

Capt Whalley  
Sgt Bolger  
Sgt Stanistreet  
Sgt Flanagan  
MCpl Hayes  
MCpl Royes  
Cpl Brown  
Cpl Collins  
Cpl Dejong  
Cpl Harvey De Roy  
Cpl Jesse  
Cpl Pasuta  
Tpr Doyle  
Tpr Hirst  
Tpr Lajoie  
Tpr Kearns  
Tpr Williams

#### **Administration Troop**

Capt McEwen  
WO Fox  
Sgt Sherren  
MCpl McDougall  
MCpl Sebo  
MCpl Sullivan  
Cpl Brisebois Bergeron

Cpl Chevalier  
Cpl Graham  
Cpl Greenwood  
Cpl Hume  
Cpl Lanthier  
Cpl Mckinnon  
Cpl Unrau  
Cpl Townsend  
Tpr Dunford  
Tpr Gerrior  
Tpr Heroux  
Tpr Langlands  
Tpr Salazar  
Tpr Wagner

### **Recce Squadron**

#### **Officer Commanding**

Maj Lubiniecki

#### **Sergeant Major**

MWO Pudar

#### **Squadron Headquarters**

Capt Leonard  
Lt Thompson  
WO Hiscock  
Sgt Rathel  
MCpl Delisle  
MCpl Vigar  
Cpl Chmara  
Cpl Jacobs  
Cpl Keller  
Cpl Peachey  
Cpl Woodland GA  
Cpl Zwicker  
Tpr Hall JSM  
Tpr McNarland  
Tpr Neufeld  
Tpr Wry

#### **1st Troop**

Lt Lund  
Sgt Sherren  
MCpl Charette  
MCpl Guilbeault  
MCpl Headrick  
MCpl Mills  
MCpl Nadeau



MCpl Ribert  
MCpl Whittal  
Cpl Beatty  
Cpl Jordan  
Cpl Maxwell  
Cpl St. Germain  
Cpl van Heerden  
Tpr Bondy  
Tpr Cheng  
Tpr DeWolff  
Tpr Esau  
Tpr Gagne  
Tpr Howarth-Harrison  
Tpr Lazo  
Tpr Lonegren  
Tpr McMaster  
Tpr Norman  
Tpr Scheltgen  
Tpr Schijns  
Tpr Smith PJ  
Tpr Symington  
Tpr Woodcock

### **2nd Troop**

Lt Elliott  
WO Young  
Sgt Baldwin  
MCpl Baird  
MCpl Goobie  
MCpl Headge  
MCpl Johnston  
MCpl Painchaud  
MCpl Williams  
Cpl Booth  
Cpl Brown  
Cpl Carnevale  
Cpl Hamermeister  
Cpl Morin  
Cpl Oliver  
Tpr Barten  
Tpr Campbell  
Tpr Clackson  
Tpr Downey  
Tpr Ford  
Tpr Harris  
Tpr Lawrence  
Tpr Maendel  
Tpr McTaggart  
Tpr Molloy  
Tpr Morgan

Tpr Snoek  
Tpr Steele TD  
Tpr York

### **3rd Troop**

Lt Warlow  
Sgt Webb  
Sgt Stringer  
MCpl Hordyk  
MCpl Nickerson  
MCpl Peddle  
MCpl Walsh  
MCpl West  
Cpl Allman  
Cpl Kenny  
Cpl Koolman  
Cpl Martin  
Cpl Partridge  
Tpr Boskic  
Tpr Calvano  
Tpr Carson  
Tpr Fraser BW  
Tpr Hall LD  
Tpr Hurley AJ  
Tpr Kirkwood  
Tpr Lee EMF  
Tpr McCollum  
Tpr Priddle  
Tpr Trainor  
Tpr Van Denborn  
Tpr Young

### **Administration Troop**

Capt Cooper  
WO Chenier  
Sgt Lang  
MCpl Marcheterre  
MCpl Olaes  
MCpl Pickell  
Cpl Carrie  
Cpl Crowe  
Cpl Fanni  
Cpl Handrahan  
Cpl Herbert  
Cpl Parker  
Tpr Blacklock  
Tpr Brookson  
Tpr Deacon  
Tpr Dobson

Tpr Guay  
Tpr Hayes  
Tpr Mathews  
Tpr Maw  
Tpr Murhead  
Tpr Nicola  
Tpr Spencer LS  
Tpr Stewart TDA

### **Headquarters Squadron**

#### **Officer Commanding**

Maj Mead

#### **Sergeant Major**

MWO Holland

#### **Squadron Headquarters**

Capt Elkorazati  
Capt Vansmeerdyk  
Lt Buckingham  
MCpl Dickison  
MCpl Thomas  
Cpl Bergen  
Cpl Burke  
Cpl Doerksen  
Cpl Patterson  
Cpl Seders  
Cpl Young

#### **Transport Troop**

Capt MacKillop  
Sgt Kopp  
MCpl Cameron  
Cpl French  
Cpl Lafontaine  
Cpl MacEachern  
Cpl Ross  
Tpr Belanger  
Tpr Bourdon  
Tpr Charles  
Tpr Croxall  
Tpr Droogers  
Tpr Dunn  
Tpr Dupuis  
Tpr Foss  
Tpr Glennie  
Tpr Hogan  
Tpr Johnson





Tpr Kesler  
Tpr Koukal  
Tpr Lachange-Webster  
Tpr O'Dell  
Tpr Rae  
Tpr Stratford  
Tpr Verhaeghe  
Tpr Ward  
Tpr Warren  
Tpr Wheat

### **Strathcona Mounted Troop**

Capt Gray, DA  
Sgt Clarke  
Sgt Alexander  
MCpl Lister  
MCpl Murphy  
Cpl Bernardo  
Cpl Gironne  
Cpl Kroker  
Cpl Partington  
Cpl Paskuski  
Cpl Roberts  
Cpl Rogers  
Cpl Tonn  
Cpl Underwood  
Tpr Sephton  
Tpr Vachon  
Tpr Van Der Merwe  
Tpr Weir

### **SQMS**

WO McGregor  
MCpl Lahay  
MCpl Dugdale  
Cpl Pegler  
Cpl Drummond

### **Regimental Accounts**

Capt Bugg  
Sgt Jones  
Cpl Baker  
Cpl Demelo  
Cpl Pugh

### **Family Support Troop**

Sgt Petersen  
MCpl Lamothe

Cpl Edwards  
Cpl MacKinnon  
Cpl MacPherson  
Cpl Mullens  
Tpr Geernaert  
Tpr Aube

### **Quartermaster Troop**

Capt Hansen  
MWO Blais  
MWO Hall  
Sgt Brake  
MCpl Sinnott  
Cpl Haas  
Cpl Larocque  
Cpl Levesque  
Cpl Lewis  
Cpl Paradis  
Cpl Rohmer

### **Cooks**

WO Doucet  
Sgt Walsh  
MCpl Bechard  
MCpl Page  
Cpl Miedema  
Cpl Wade

### **Maintenance Troop**

Capt Ferguson  
MWO Jessome  
WO Dufour  
WO Hughes  
WO Stirling  
Sgt Gravline  
Sgt Hite  
Sgt Keirstead  
Sgt Stoyko  
MCpl Broadfoot  
MCpl Clark  
MCpl Fardy  
MCpl Greenlaw  
MCpl Hicks  
MCpl Hunt  
MCpl Irving  
MCpl Kwasnicki  
MCpl Leslie  
MCpl McCracken  
MCpl Miller

MCpl Noskey  
MCpl Okimawinew  
MCpl Parrill  
MCpl Petca  
MCpl Piatkowski  
MCpl Rodger  
MCpl Sikorski  
MCpl Thompson  
MCpl Underhill  
MCpl Voisin  
MCpl Weatherbee  
MCpl Williams  
Cpl Anderson  
Cpl Brown  
Cpl Goodall  
Cpl Gourlay  
Cpl Gray  
Cpl Gunton  
Cpl Hogan  
Cpl Houle  
Cpl Hunt  
Cpl Lee  
Cpl Lefort  
Cpl Levesque  
Cpl Lewis  
Cpl Marion  
Cpl Mathieu  
Cpl McConnell  
Tpr Brough  
Tpr Courneyea  
Tpr Dubblestyn  
Tpr Kipot  
Tpr Tremblay

### **Stables**

MCpl Eady  
Cpl Senff  
Cpl Ramdeen

### **Administration Troop**

WO Macleod  
Sgt Giberson  
Sgt Oake  
MCpl Fedyshyn  
Cpl Costello  
Cpl Girling  
Cpl Guy  
Cpl Hoth  
Cpl Jarratt



Cpl Preston  
Cpl Reid  
Cpl Romkey  
Cpl Wallace  
Tpr Alm  
Tpr Brouwer  
Tpr Ebaghetti  
Tpr Greenaway  
Tpr Long  
Tpr Mosher  
Tpr Van Nieuwenhuyze  
Tpr Younger

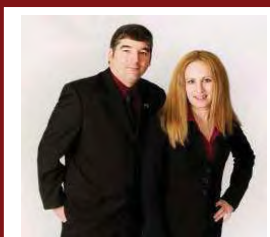
### Guidon Party

(Jan - Jun)  
MWO Batty  
MWO Mayfield  
WO Clarke  
Sgt Jones

(Jul - Dec)  
MWO Hall  
WO Clarke  
WO McGregor  
Sgt Jones



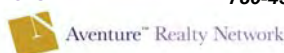
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## The Year in Review

### January

Task Force Vancouver Deployment on Op  
PODIUM (RHQ, Recce, F Coy and HQ)  
25 – 28 Feb Leo 2 Conversion Training Serial 12 (Munster)

### February

12 - 28 Vancouver 2010 Winter Olympic Games



### March

Task Force Vancouver Redeployment from  
Op PODIUM

10 F Coy stand-down  
10 TFV stand-down  
10 – 22 Apr Leo C2 Gunner Course  
15 – 16 Apr 25mm Turret Operator Course  
25 Moreuil Wood Parade  
26 – 4 Apr Regimental Block Leave



### April

B Sqn TF 3-09 Redeploys from Afghanistan

A Sqn TF 1-10 Deploys to Afghanistan

Ex STRONG CONTENDER

19 - 24 C and Recce Sqn support to Combat Team  
25 – 17 May Commander's Course



### May

25 – 11 Jun Support to WES trials (Wainwright, AB)  
25 - 27 Change of Command  
31 – 4 Jun ADVANCE TDP Trials  
31 – 26 Jun Leo 2 Conversion Training Serial 13 (Munster)



### June

1 - 8 LUVW D&M Course  
9 - 15 LSVW D&M Course  
11 Provincial Council Visit to Unit Lines  
16 - 23 MLVW D&M Course  
23 - 26 Reunion 2010  
29 Command Team Challenge and Regimental BBQ





## July

- 7 - 18 Support to Calgary Stampede
- 9 - 11 Support to Spruce Meadows
- 15 MCpl's Golf Tournament
- 20 - 27 Op NIJMEGAN
- 16 - 9 Aug Regimental Block Leave
- 23 - 1 Aug Capital Ex and Edmonton Indy



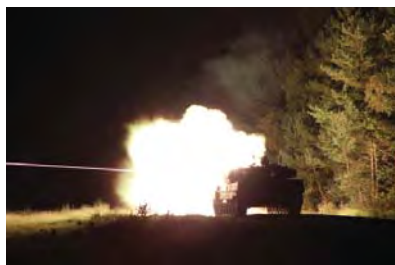
## August

- 6 - 22 Visit to 10 BKPanc Centennial and  
TF White Eagle MRX (Swietozow, PL)
- 9 - 10 Sep 105mm Gunner Course
- 9 - 25 FAR / TFAR Operator Course
- 9 - 20 DP1 Crmn Coyote Surveillance Operator
- 12 - 20 LUVW D&M Course
- 13 - 15 Support to Abbotsford International Airshow
- 16 - 2 Sep Leo D&M Course
- 21 - 3 Sep Support to PNE (Vancouver, BC)
- 28 Regimental Family Day



## September

- 2 Ex MOUNTAIN MAN
- 7 - 13 LSVW / MILCOT D&M Course
- 7 - 8 Ex STEELE WATER, Adventure Training  
(Grand Cache, AB)
- 9 Command Team Challenge
- 10 - 17 MLVW D&M Course
- 13 - 8 Oct Leo 2 Conversion Serial 14 (Munster, GE)
- 13 - 8 Oct 25mm Turret Operator Course
- 15 - 22 SMT participation in Prinsjesdag (The Hague, NL)
- 19 Ex STEELE RUNNER, participation in Canada Army Run (Ottawa, ON)
- 27 - 8 Oct TCCC
- 27 - 8 Oct Bison D&M Course



## October

- 2 Gibbons Freedom of the City
- 4 - 5 / 7 - 8 Combat First Aid
- 12 - 15 TCCC Recertification
- 18 - 8 Nov Ex STEELE SABRE – Level 3 Live validation  
for B, C and Recce Sqns
- 29 Regimental Smoker





## November



- 7 A Sqn TF 1-10 Redeploys from Afghanistan  
Participation in CPR 125th Anniversary  
(Craigellachie, BC)
- 16 - 26 HLVW D&M
- 16 - 10 Dec DP 1 Leo D&M Course
- 16 - 3 Dec DP 1 Coyote Surveillance Operator Course
- 24 - 28 Support to Grey Cup Festival
- 26 - 29 Basic Wilderness Survival School with 4 CPRG  
(High Level, AB)
- 30 - 3 Dec Career Manager Visit and Blackhat PD
- 10 - 18 Dec Leo 2 Maint Conversion and ARV Driver Trg (Kolleda, GE)






## December

- 2 Blackhat Mess Dinner at Hotel MacDonald
- 4 Children's Christmas Party
- 14 Command Team Challenge
- 15 Regimental Sports Day
- 16 Soldier's Christmas Dinner and Sgts and WOs  
host Officers at Home
- 18 - 9 Jan Regimental Block Leave







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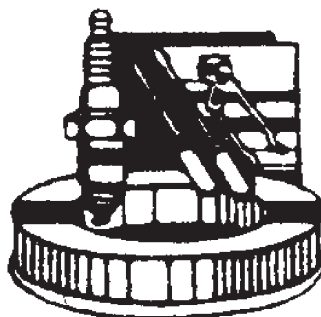
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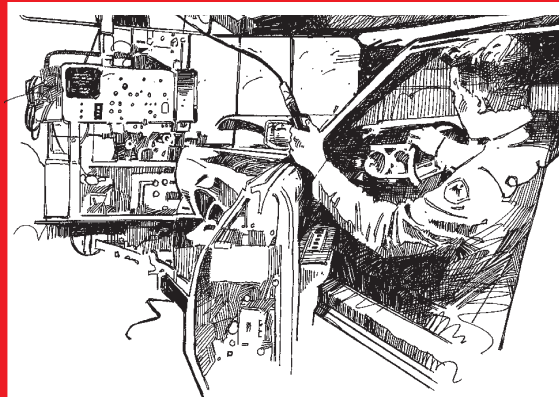
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*A Squadron*





# Prince of Wales Squadron A Squadron 2010

*By Captain Fred Hayward*



*Leaguer Life*

I will pick up our story in December 2009 with the completion of Leopard 2A6 conversion training in Munster Germany. **Cpl Travis Livingstone** was fortunate enough to go twice to be trained as a driver and gunner. January and February 2010 saw the Squadron deploy to Ft Irwin, California to participate in Exercise MAPLE GUARDIAN. During this exercise the Squadron participated in all of the Level Three and Five live fire events. One of the highlights of this exercise was the 26 hour rest and relaxation granted for the soldiers to go to Las Vegas, Nevada.

The Squadron overseas was led by **Maj Rob “Hogg” McKenzie** and **MWO Dave Jones**. They were supported by **Capt Brent Peters/ Sgt Rob Likely** in Squadron Headquarters, **Capt Nathan Hevenor/ WO Cordell Boland** in First Troop, **Capt Mike Timms/ WO Rob Baglolle** in Second Troop and **WO Leigh Taylor** and myself **Capt Fred Hayward** in Administration Troop. This left **WO Doug Paquette** in charge of the Op Reserve Troop. The Squadron consisted of Leopard 2A6 and C2 main battle tanks, TLAVs (an



*CDS with Cpl Livingstone*



*Tracks rule! Infantry and ANP trying to keep up with the tanks.*

upgraded version of the M113) and AHSVS (armoured 10 ton) trucks which afford the ability to provide a tailored combination of firepower, mobility and flexibility, specific to task. The Squadron participated in all Battle Group operations, in four American Battle Group operations and supported our American neighbours to the north of our FOB by over watch and direct fire. These operations lasted anywhere from 24hrs to 18 days. Both the crews and vehicles performed exceptionally well in hot hostile weather and under harsh combat conditions. After only a few of these operations, it became clear that the Taliban have gained a healthy respect for the Leopard's bite. On the non-kinetic front, the Squadron supported the routine movement of supplies from supply nodes to tactical infrastructure. After combat operations, the Squadron's most time consuming task was the management of Forward Operating Base (FOB) Ma'Sum Ghar. I know that I



*Tpr Ram finally gets a hook.*

Squadron finally had a chance to host a visitor that truly came to see just the Squadron and not the FOB. This was when the Commanding Officer **LCol Trevor Cadieu** visited us 27-30 September. The Squadron soldiers had the valuable opportunity to spend some one on one time with the CO, that given the Regiment's high operational tempo, has not been available in recent years. The Sqn pushed out on an operation 30 Sept 10 leaving the CO in the capable hands of Bravo Company 1RCR. The CO was last heard attending a shura, hanging out with the interpreters and being asked when was the last time he had conducted any dismounted operations.



*Canada Day at MSG*

had a lot of fun in our daily FOB coordination meetings. Our FOB was one of the larger footprints within the Battle Group's area of operations. It was the logistical hub for several of the Battle Group's sub-units and provided emergency medical care to Coalition Forces and local nationals alike. We received respite from this task in the final weeks of the tour when India Company from 2 RCR was chosen and stepped up to the task of running the FOB, leaving the Squadron able to focus on operations against the insurgents.

September saw the end of Ramadan. Our Afghan National Army allies invited a few of the Squadron soldiers to take part in several of the special meals during Ramadan which were not only delicious, but also culturally informative. After hosting a number of visits for VIPs to the Battle Group the



*Maj McKenzie, Cpl Ameerali,  
Tpr Peters, Sgt Likely*

We were very thankful for the support and care packages received from our families, the Regimental Family and from Canadians everywhere. The toiletries and food were used each time the soldiers deployed away from the FOB, making their time outside the wire that much easier. Most important, the overt appreciation and support was priceless, particularly during down time between operational tasks. As soldiers do not complete their missions for recognition, the positive effect on morale from the support of our families and fellow Canadians was immeasurable.

November 21st saw the last members of A Sqn return home for good, but not before we had the opportunity to take Home Leave Travel Assistance. Squadron members took vacations from Ireland to Africa. Upon their return, the soldiers were refreshed and prepared to complete the remainder of the tour. November also saw the Battle Group begin its Relief in Place with the next Battle Group. We wish C Sqn 12eRBC all the best in their deployment and look forward to seeing them safe and sound back in Canada.





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RHQ



## Regimental Headquarters Supporting the Gold Rush

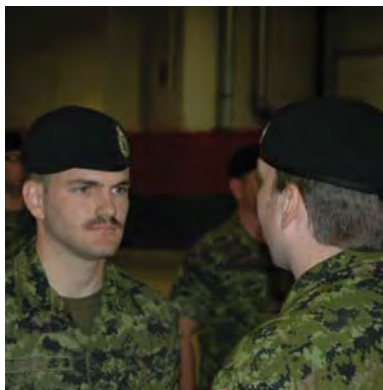
*By Corporal David Tremblay*

If you are Canadian, the beginning of the decade started off beautifully. Our country broke several records, including most gold medals won in a single Winter Olympics. As a member of RHQ or any other Squadron that was a part of Task Force Vancouver or Whistler, we had the pleasure and privilege of supporting the 2010 Winter Olympic Games. If we were lucky enough, we had the chance to witness the amazing spectacle.

Op PODIUM ran from the 10th of January until the 3rd of March. But any member involved could tell you that it took much hard work to prepare and train for the Operation. The preparation brought us to beautiful training areas in Revelstoke, Vernon, Chilliwack and other places in the interior and coast of British Columbia.



*RHQ Parade  
Sharp right marker*

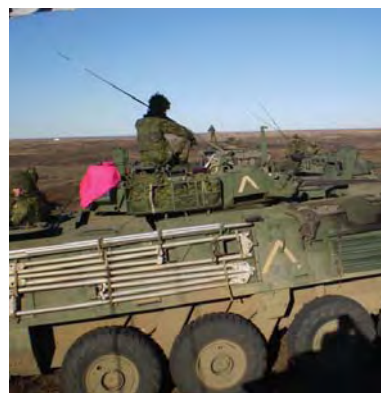


*The sanchez moustache*

RHQ formed a Recce Tp for the Operation: C/S 60. This troop was put together to perform the Quick Reaction Force (QRF) duties for TF Vancouver. Along with being the QRF, they conducted reconnaissance patrols on mountain trails and vehicle routes, performed gate duty, force protection and any other Rear Area Security type task thrown their way. Thankfully, the RCMP did not require the QRF's assistance, a testament to how successful the security was during the operation. The troop was formed with soldiers from all over the regiment, including yours truly.

After Op PODIUM, members were dispersed across the regiment, and Regimental Headquarters went back to normal. Post operation leave finished and we just had time to check our email before preparation for Moreuil Wood commenced. Another great parade, sports day and tradition! The Track Pad did their usual and won with best overall performance on sports day.

Everyone enjoyed their spring break and then it was back to the grind with preparation for more exercises and sports. April and May had many exercises, courses and gun camps, including: Ex TRILLIUM BEAR, Ex TRILLIUM PEAK, Ex DOMESTIC RAM, and the Combat Team Commander's Course in Wainwright. The dust finally settled from all the exercises, courses and gun camps just in time for both the LdSH(RC) Change of Command and Brigade Change of Command. We exchanged our temporary good byes with **LCol Derek Macaulay** (then CO), and **CWO Joe Ramsay** (then RSM). With those fine gentlemen leaving we welcomed back **LCol Trevor Cadieu** and **CWO Jim Dorrance**. The change of command coupled with the active posting season and B Sqn's return from overseas; there was a huge shuffle in the Regiment. No organization probably felt the change more than the Command Team, with every position seeing a new face.



*Maj John Cochrane relaxing  
on Ex Steele Sabre*





*Moreuil Wood Parade*

Along with the CO and RSM, we said goodbye to: **Maj Chris Adams** (R2IC), **Capt Eghtedar Manouchehri** (Adj), **Maj Dave MacIntyre** (Ops O), **Capt Liz England** (Trg O), **Capt D'Arcy Lemay** (Sig O), **WO Leigh Taylor** (Ops WO), and **WO Dave Hitt** (Sig WO) to name a few.

In the summer, some RHQ members took part in the Regiment's taskings, challenges, courses, etc. As well as, of course, summer leave and Primary Combat Function Cycle. Some of those events included: Regimental BBQ/Command Team Challenge, Spruce Meadows Parade, Calgary Stampede, Capital Exhibition, Empire challenge at Fort Huachuka, Op NIJMEGAN, and Ex MOUNTAIN MAN.

In the fall RHQ, along with the rest of the Regiment, began Individual Battle Task Standard training as well as preparation for Ex STEELE SABRE. Our Squadron actually had the chance to deploy our own Command Post, which does not always happen when we work with Infantry Battle Groups. It was a good shake out for the Squadron as well as the rest of the Regiment. Along with our static Command Post, we also had a step up Command Post, C/S OB. I had the pleasure and opportunity to be the driver/operator for the latter, dubbed "Capt Pano's Privateers" which was led by **Capt Moses Pano**.



*Tank On Parade*

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After an interesting and successful exercise, we all returned to garrison in time for Remembrance Day. RHQ members were able to attend several Remembrance Day celebrations across Edmonton and its surrounding communities, including: St. Albert, Calmar, and The "Butterdome".

At this point we were looking ahead at the Blackhat Mess dinner on December 2nd, the Command Team Challenge on December 14th, Soldiers' Christmas dinner on December 16th, along with the Christmas sports day, Christmas leave, etc. All part of another great "Silly Season".

Here are some events that RHQ helped plan, prepare and/or attend that were not mentioned: Polish Army Visit, Armoured Corps Conference, CMSS visit, Dutch Parliament Ride, and the Visit to 10 Armoured Cavalry Brigade in Swietoszw, Poland. The list is not exhaustive here, as RHQ has a hand in almost everything the Regiment does. The past year has been busy, exciting, rewarding, and challenging. I anticipate next year to be more of the same.





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*B Squadron*



## B Squadron Kicks the Crap Out Of 2010

*By Captain Darryn Gray*



*Cpls Colin Roselle (left)  
and Max Janvier (right)  
relax after a day on Ex.*

There is nothing in the Canadian Army more powerful, aggressive and bone crushing than a tank squadron, and 2010 was a great year to be in this one. Busy? Yeah, but every year is busy, it's what you do with the time that counts. B Squadron did just about everything that could be accomplished by Panzers this year, and thus kicked 2010 firmly in the junk.

In January, deployed to Afghanistan under the leadership of **Maj Rob Hume** and **MWO Tom Holland**, B Squadron became B Squadron Combat Team and immediately commenced a push through an interesting area known as the Horn of Panjway and remained engaged in Full Spectrum Operations throughout the spring. After handing over to A Squadron TF 1-10, the Squadron returned to the Mother ship in Edmonton and completed a stretch of leave, immediately followed by participation in the Regimental Change of Command parade in June. This particular event marked the last time B Squadron TF 3-09 would parade together before posting season and normal Regimental personnel shuffles kicked in, thus spreading the awesomeness of B Squadron around a

bit, to be fair to everyone. Summer saw the Squadron send personnel to Spruce Meadows (always a good go!) and the various tasks that mark every summer period.

Fast Forward (That's "skip" for the junior guys, and "move the needle" for the Old Guard) to August, by which time the personnel line-up was radically different with a command team of **Maj Mike Onieu** and **MWO Tony Mayfield** stick handling a Squadron comprised of a few veterans and almost forty new Troopers. The focus of the fall period for B Squadron was to bring that team together and achieve excellence in traditional tank Squadron operations.

Did we do that? Hell yeah! In October the Squadron deployed to Wainwright for Ex STEELE SABRE with a measly ten tanks and a mandate to achieve Troop Level live fire, static and on the move. A few memories stand out from that exercise: First, this is a squadron of soldiers who take pride in maintaining their mounts. With ten tanks there is no room for deadheads, and the Squadron's soldiers put an incredible effort

into keeping 9-10 tanks up and running every day of the exercise. No one worked harder to keep B Squadron on the move than Sgt Tim Hite and his maintenance team, who tenacity and cunning were essential to our outstanding VOR rate.

Second, this Squadron is about gunnery. The troop battle runs on Buffalo Hill were some of the best ever conducted by this Regiment. On a beautiful day, under the watchful eyes of the CO, RSM and Colonel of the Regiment, B Squadron's troops conducted what can only be described as a gunnery clinic. It culminated in the destruction of three dimensional plywood targets with a number of first round hits from service HESH. 3 Troop, under Acting Troop Leader **WO Marcel Chenier**, led a battle run that, in the words of Colonel of the Regiment **MGen Cam Ross**, "should have been captured on videotape for



*Lt Anthony Kenny up to no good.*



*A day just isn't a day  
without pounding track.  
Cpl Maxime Janvier (right)*



*Tpr Meredith Essex shakes down the Sq.*

the Corps.” Nice accomplishment for the Acting Tp Ldr who tried to give up the job 2 minutes after crossing a Line of Departure (“I’m broken down, Bravo take over”) and then amused us all by reporting that he was watching one of his tank’s sprockets rolling down a hill in front of him.

We relearned a lot of skills that have taken a backseat to Afghan specific training over the past decade: keeping the noise level below 150 decibels, keeping headlights off and not using vehicle horns in a hide, and, for **Lt Bob “Crash” Wawryzn** the importance of judging distances in a running replen. Amusing to everyone except him, **Maj Mike Onieu** learned that hasty attacks led from a G Wagon (on one of the days we had 9 tanks instead of ten) are scary, even scarier when the driver is **Cpl Sergio “Crew Comfort?” Mendez**, to whom anything less than 150 km/hr cross country is considered “weak.”

What makes this Leopard Squadron a great place to be are the people. From **Cpl Jory Thoren**, master tank driver, Mountain Man ace and likely the fittest soldier in the Regiment, to our clerk, **Cpl Tanya Taylor**, who won the informal B Squadron Artist of the Year for her Muzak versions of most adult contemporary songs - 10 hrs per day. **WO (Sir Can I make a suggestion?) Ernie Romanuik**, audible from any distance, was an outstanding troop Warrant Officer but by unanimous agreement within the Squadron he was made the SQMS to contain his verbiage to a smaller audience. Nothing reminds you that you are in a tank squadron quite like the sound of a good old fashioned dressing down over the net from **SSM Tony Mayfield**: “I SEE YOU! STOP! TURN AROUND! DRIVE UNTIL YOU SEE ME.” We have **Cpl Anthony Frenette**, who continuously raised the coolness factor of the Squadron, and **Cpl Kurtis Klages**, who (seemingly) soldiers just to support his hockey addiction but does both well.

Coming off of a great exercise, B Squadron organized a Command Team Challenge for the Regiment, (and would have won it too, it wasn’t for that meddling Recce Squadron!) and then ran a D&M course before closing out the year with the usual Christmas season flair.

Finally, a public and sincere, non butt kissing “thank you” from B Squadron to **CO LCol Trevor Cadieu** and **RSM Bill Crabb**, who have delivered on their promise to resource B Squadron adequately with great leadership, awesome troops, and enough equipment despite having two high readiness Squadrons to equip and train. A big thanks also to the numerous Friends of the Regiment whose support differentiates being a Strathcona from just being a soldier.



*MCpl Bryce Warnica demonstrates “snow cam.”*

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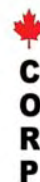
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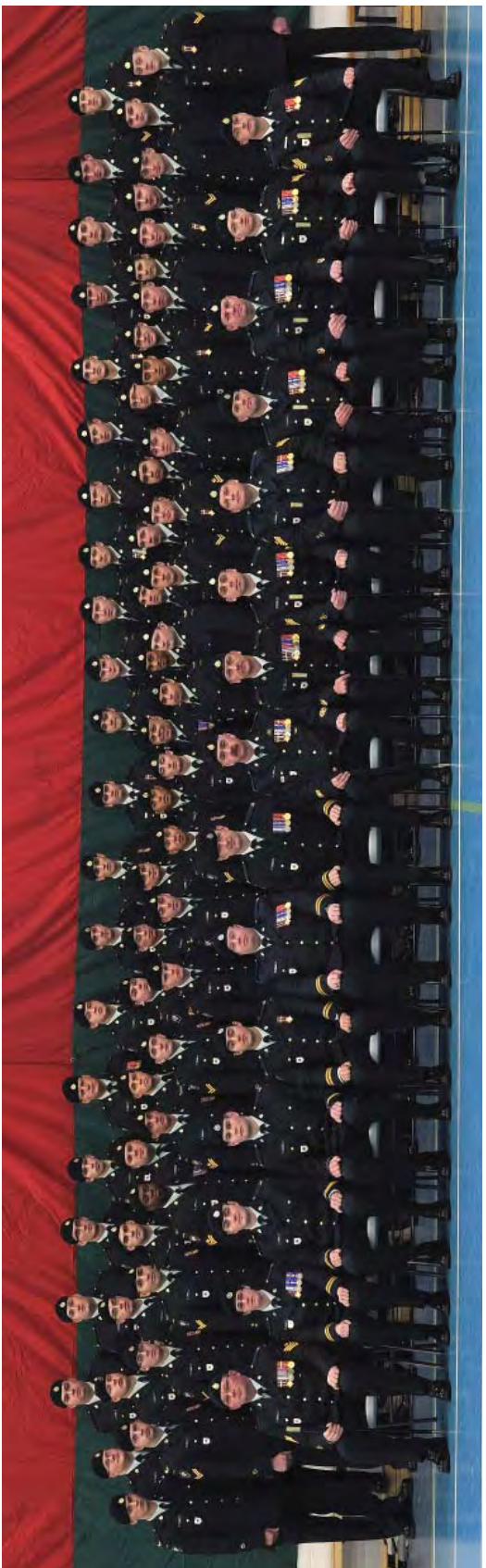
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*C Squadron*



## C Squadron

*By Captain Justin Salter*

No sooner had most of the Regiment returned from Operation PODIUM, than a brand new C Squadron under command of **Maj Derek Chenette**, took shape and began its long road towards becoming the Regiment's new High Readiness Squadron. Without batting an eye, the Squadron's three brand new Troop Leaders became students on the first Leopard C2 Gunnery Course of the year, leaving **Capt Marshall Douglas**, the new Battle Captain, to stem the tide of tasks and administration until the eventual arrival of the Second-in-Command, **Capt John McEwen**, recently rebadged from the Royal Canadian Dragoons, and Squadron Sergeant Major **MWO Mark Riley**, recently returned from 408 Squadron.



*Spruce Meadows - Maj Derek Chenette*

Once Exercise STEELE CHARIOT had provided the Squadron with a number of brand new drivers, gunners, and crew commanders in April, it was straight back to Wainwright in support of the Combat Team Commander's Course (CTCC), which proved a successful baptism by fire for the greenhorns of C Squadron. With new and hard lessons learned in the hills and plains of Wainwright, the Squadron held its head high as it moved into its summer training, starting with half of the Squadron deploying to Germany for the Leopard 2 Conversion Course Serial 13 during the entire month of June. The Germans never knew what hit them, as this small group of Canadians conquered the complex systems of the Leo 2A6M so quickly they even had time for the occasional drink or two after regular working hours.



*Germany - Serial 14 Driver Graduates*

July saw the Squadron deploy to Calgary to participate in the Calgary Stampede opening parade, as well as the Feu de Joie at Spruce Meadows. As always, C Squadron represented the Regiment and the Canadian Forces in spectacular fashion. Troop Leader **Capt Chris Whalley** even took it upon himself to personally uphold the Strathcona reputation by generously escorting a trio of young women home through the dangerous streets of Calgary before parading in front of the Chief of the Defence Staff himself the very next morning. C Squadron again proved that with no guts, there's no glory! Finally, the Squadron found itself into summer vacation and an opportunity to recharge its batteries and say good-bye to a number of soldiers posted out during the summer posting season.

Outfitted with fresh faces and fresh tans, C Squadron leapt right back into its work with both feet, starting with the Strathcona Family Day celebration in August. Pony Rides, Paintball, and Pizza, oh my! If all of the activities and prizes weren't enough, no one will ever forsake their memories of dropping the Commanding Officer into the dunk tank. Perhaps next year we'll see some Regimental wet suits in the kit shop? Truly, the Squadron was able to bring together a large number of working parts and, even with its hurried training tempo, put together a great experience for all of the soldiers' families.



*Leo2 A4 Ops Roll-out -  
MGen Clive Addy and Maj Derek Chenette.*

Never one to rest on its laurels, the now hardened and grizzled C Squadron returned to training, which saw a number of students on the next round of Leo C2 Gunner and Driver courses, and even





providing most of the staff for both as well. After taking the tanks out to fire at Cold Lake for the first time in...well, ever, the Squadron deployed another group of soldiers over to Germany for the 14th and final Serial of the Leopard 2 Conversion Training in Munster. The fact that the OC, 2IC, and SSM all happened to be on the serial that overlapped with Oktoberfest was pure coincidence. Honest!

With the whole Squadron back on the ground in Canada by mid-October, they decided to celebrate Troop Leader **Capt Justin Salter's** birthday with a BFT, building on the IBTS training of the Squadron. With their brand new rucksacks now broken in, C Squadron took off immediately for Wainwright and Exercise STEELE SABRE. Upon receiving the usual Wainwright welcome of frigid winds and below 30 temperatures, C Squadron busted out into some much needed time in the tanks and away from garrison life, eventually obtaining full qualification of Level 3 Live Fire both by day and by night. Having come a long way from those first timid steps in the CTCC in the Spring, C Squadron proved its mettle in spectacular Strathcona fashion through its skill, tenacity, and total lack of charge parades following the Regimental Smoker.



*Germany - Leo2 A6M Firing with Visible Projectile*

Returning to Edmonton, C Squadron found a wealth of training and administration waiting for it. The Squadron conducted more IBTS training as part of the 3rd Battalion, PPCLI Battle Group, with C7/C8 ranges and ETHAR training running right up until the last possible moment prior to Christmas. The old adage of "work hard, play hard" integrated itself into the soldiers of the Squadron just in time for Silly Season to be a roaring success, and an excellent precursor for another well-deserved break in the Squadron's training cycle. 2011 stands poised to fill C Squadron's calendar with more tough, unique challenges that require that certain touch that C Squadron has shown it can bring into the mix. With Exercise DESERT RAM, Operation ATTENTION, and the Strathcona All Ranks Dinner and Dance on the horizon, there will be no shortage of opportunity for C Squadron to continue to show off its soldiers' impressive capabilities!

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*Recce Squadron*



## Reconnaissance Squadron Resurrecting the Recce Patrolman

*By Major Mark Lubiniecki and Master Warrant Officer John Pudar*

Reconnaissance Squadron has always been seen as a different entity within the Regiment. Technically established to provide the medium reconnaissance capability for the Brigade Commander, it has historically been left to operate under full command of the Commanding Officer LdSH(RC). This has allowed for Battle Group reconnaissance assets as well as Close Recce assets for the Regiment itself. Regardless of 'master', the Sqn has over the years made the gradual transition from Reconnaissance to Surveillance focussed. In an effort to bring the fundamentals and skill sets characteristic to a Recce Sqn back to the forefront, we chose this year to put the emphasis on the Recce Patrolman, the soldier himself, and less on the equipment that has tied his hands, such as his vehicle.



*The long process of uploading the 25mm ammo.*

The year commenced with soldiers from the Sqn deploying on the domestic Operation PODIUM, the military security support to the Vancouver 2010 Winter Olympics. Although the Olympics came to a close, the Para-Olympics were just beginning. While the majority of security forces, media, and national interest disappeared, Recce Sqn maintained a Troop's worth of Observation Posts as well as a Persistent Surveillance Troop manning specialty equipment.

Upon re-deployment to garrison, the Sqn launched into a 25mm Turret Operators Course (TOC) in order to qualify additional soldiers for Coyote Gunner positions for the upcoming Combat Team Commander's Course (CTCC) to be held in Wainwright.

Able to split his Sqn to accomplish directed BG Recce tasks for the CO 3 PPCLI and the students on the CATCC, Sqn Commander **Maj Kevin Mead** and SSM, **MWO Dave Hall**, were able to achieve conventional mounted recce dry training in the Annex of the Wainwright Training Area. This set the foundation for troop cohesion, fundamental recce TTPs that had not been exercised in years, and an opportunity for the Sqn to shake off the cobwebs after years of playing second fiddle to the operational deployment of the tank sqns to Afghanistan.



*The Sourdough Dreadnaught and crew*

As the summer months approached, eight MCpls, one Sgt, and a Lt were tasked to run the Basic Military Qualification Land (BMQ-L) summer serials for the Primary Reserve soldiers. It would not be until months later that these leaders would understand how valuable instructing dismounted patrols and section attacks would translate into their employment within Recce Sqn.

Prior to departing on summer leave, 15 members of the Sqn volunteered to test their skills at fabrication and operation of a Dreadnaught, a maritime surface operated vessel (hand built by these soldiers) that would partake in the annual Edmonton Sourdough River Raft Race.



With block summer leave behind them, the soldiers of the Sqn were met with the new chain of command, OC **Maj Mark Lubiniecki** and SSM, **MWO John Pudar**. The moves in and out of the Sqn did not end with them, 2IC **Capt Sandy Cooper**, BC, **Capt Paul Leonard**, Troop Leaders **Lt Richard Lund**, **Lt Gord Elliott**, and **Lt Andrew Warlow**, Liaison Officer **Lt Sam Thompson**, and Troop WO's, **Sgt Mike Bolger**, **WO Clarence Young**, and **Sgt Jason Webb** all took post and prepared to move the yardstick towards the end-zone.



*2 Tp prepares for a task during the CTCC.*

In order to ensure that the Sqn was manned properly and soldiers qualified, we set out on an aggressive training plan which saw the Sqn run two Surveillance Operator Primary Combat Function (PCF) courses, a second 25mm TOC, and numerous individual courses and training such as:

- Chemical, Biological, Radiation, Nuclear Defence Officer Course, **Lt Sam Thompson**;
- Army Direct Fire Specialist Course – **MCpl Felix Charette**;
- Army Tactical Questioning Course – **MCpls Nathan Mills, Ed Pickell, Doug Headrick, Sgt Lee Encinas, and WO Trent Hiscock**;
- Urban Operations Instructor – **MCpl Nick West**;
- Close Quarter Combat Instructor – **MCpls Ryan Vigar and Mark Thomas**;
- Armoured Reconnaissance Crew Commander – **MCpls Patrick Walsh, John Goobie, Matthew Williams, Colin Johnston, Andrew Baird, Joel Ribert, and Yanick Guilbeault**.
- Armoured Reconnaissance Patrol Commander Course – **MCpl Nathan Mills**
- Basic Winter Wilderness Survival School – 30 soldiers ranging in ranks from Tpr to Lt.



*Dismounted OP at Op PODIUM*

During garrison routine, the senior Cpls and MCpls took it upon themselves to teach the remainder of the Sqn in basic and advanced soldier skills. The following list is not all inclusive, but is provided to offer an understanding: navigation, patrolling, fundamentals of marksmanship, vehicle/traffic control points, detainee operations, combat first aid, communications, contact handovers, weapons handling, obstacles, map symbols, and the list carries on. While all contributed, the efforts of **MCpls Nathan Mills** and **Ryan Vigar** consistently stood out.

The training for the Sqn culminated during Ex RECCE ROOTS / STEELE SABRE. During this exercise the soldiers were tested on both dismounted and mounted reconnaissance tasks. Dismounted tasks included point target recce, recce patrols, manning and operating patrol bases, dismounted OPs, bridge and ford site classifications, and a stalking exercise. Mounted tasks included Route, Area, Point, and Zone recce, screen and OP operations, and patrol and troop level live fire ranges. In addition, the Sqn capitalized upon available ammunition and





fired anti-armour weapons (84mm and M72) and personal weapons (9mm, shotgun, C9 LMG, and M203 grenade launcher). Drivers and Surv Ops were afforded the opportunity to fire the C6 GPMG in the AK-AK role. While it may seem as though the aforementioned events are of minor importance, think back to the first time that you had the opportunity and the permanent smile that was etched onto your face.



*Anti-Armour Weapons Range*

The Sqn continued to support all Regimental activities with outstanding numbers. Over 2/3's of the Regimental Mountain Man team were soldiers and officers from the Sqn. During sports days (Moreuil Wood and Christmas) the Sqn flooded the teams with 'value-added' athletes and not just the 'water-boys'. When the call went out for volunteers to crew the vehicles for the Commander of the Mission Transition Task Force (MTTF), overwhelming numbers of volunteers stepped forth. Recce Sqn was fortunate enough to be afforded positions for the following deserving soldiers: **Sgt Jesse Scheller, MCpl Andrew Usher, MCpl Keith Hodgson, Cpl Cameron Davidson, Cpl Travis Silcox, and Tpr Toby Albrechtson.**

There is a sense of quiet pride that runs deep through all ranks of the Sqn. The members continually surpass our expectations and demonstrate a hunger and drive for self-improvement and professional development. It is easy to lead physically fit, motivated, competent soldiers, and as the OC and SSM of this team, the main issue we deal with is trying to keep up.

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*Headquarters Squadron*



## Headquarters Squadron

*By Captain Steve Mackillop and Corporal Anthony Preston*

It was a truly a busy and productive year for HQ Sqn, full of change, growth and learning. The year started out running as HQ held their own in support of Op PODIUM (2010 Winter Olympics) running the Regimental supply chain out of the Sherman Armouries. The soldiers of Transport ensured that rations, fuel, waste bags and everything in-between were brought all over British Columbia to support the security operation, while the maintainers ensured every generator, ski doo and heater were flowing to the max. With gold medals in our rear sights HQ Sqn embarked to Wainwright and the Combat Team Commander Course (CTCC) in the spring taking care of the regiment at all hours often without respite, keeping pace with the heavy tempo the exercise provided.



*We make this happen!*

As things slowed down in the summer months HQ Sqn underwent some significant changes. Most notably as **Maj Chris Bradley** left us for greener pastures in civilian life, we welcomed **Maj Kevin Mead** and **MWO Tom Holland** from B Sqn, and **ETQMS MWO Dan Jessome**. **Lt Charles Prince**, **Capt Steve Mackillop**, and **2Lt Anthony Kenny** all decided to fight for the Transport Officer job, with **Capt Mackillop** winning (sort of). Transport Troop has said goodbye to the acting Troop Warrant Officer, **Sgt Ken Parsons** and welcomed MSE Safety **Sgt Wesley Kopp** into the fold. Also this year HQ welcomed a much needed infusion of new blood. Having received several new groups of Troopers to bolster the ranks of several HQ organizations we further increased HQ Sqn's effectiveness in support of Regimental ops.



*Tpr Jason O'Dell taking in the sun by the Transport Dispatch office.*

Post summer leave HQ Sqn Transport took part in heading up IBTS Ranges. True to fashion with all training Transport endured ridiculous hours and at times terrible weather but never failed to keep the ranges moving smoothly. With **Cpls Corinne Doerksen** and **Marianne Bergen** ensured all the Sqn's PRV sheets were signed off in an endless sausage grinder of paperwork. In addition to participation in IBTS activities, HQ Sqn also took third in CO's Challenge.

During Ex STEELE SABRE, HQ Sqn really began to shine. Having manpower not seen in some time and showing unmatched drive and energy, the squadron worked often tirelessly night and day to supply B, C and Recce squadrons needs for their multiple gun camp and live fire activities. During the exercise, Transport Troop supported the main effort by moving ammunition, salvage and fuel to tanks and coyotes to keep them running and gunning. On the ranges, **Cpl John Johnson**, allocated 105mm and 25mm ammunition with his "get'er done" attitude. An extra kudos to our stellar Regimental maintainers, **Craftsman Jean Levesque** (who is a third generation tank maintainer and media magnet) and **Tpr Eric Bannister** who were always "first in, last out" when it came to vehicle issues. Many maintainers were often seen working well into the wee hours of the morning to keep the Regiment's vehicles rolling. Also during the Ex, HQ Sqn spearheaded several key activities like the



*Maintenance Troop working in rain or shine to keep the Leopard C2's running and gunning.*





*Building the pig roast spit*

pumpkin launch to bolster morale during what was reputed to be “The best damn smoker” in recent memory.

Taking part in several parades this year such as the Gibbons Freedom of the City parade, HQ supplied several personnel, B vehicles and crews to take part; much to the delight of the residents of the city of Gibbons who enjoyed the spectacle immensely. This Remembrance Day HQ participated in the parade at Millennium place in Sherwood Park. This years parade struck a lot closer to home as the city of Sherwood Park took the time to honour those who had not only fallen in wars past, but residents of the hamlet who had fallen in the current Afghanistan Conflict.

Following a solemn ceremony and the laying of the wreath by **Maj Mead** and **MWO Holland** the squadron dispersed to their various Legions to take part in the day with local Vets, while the Maintenance Officer **Capt Andrew Ferguson** and a group of members took part in a moving ceremony in Nanton, AB in honour of **Cpl Nathan Hornburg**.

All and all this has been a busy year as HQ Sqn has slowly rebuilt and remoulded itself into the regimental backbone required by the fighting squadrons. As mission priorities shift we will adapt and become what we are needed to be. Whether being fixed in a Command Post with endless radio chatter never ceasing, conducting running replenishments, or pulling packs at O’Dark Stupid; we’ll do our job. Judging by how we’ve done so far I’d say we’ll continue to do it well and with tireless dedication.



*Tpr Gary Buffitt, MCpl Sandra Page and MCpl Percy Bechard enjoying a break before the next meal-time rush.*

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## 2010 Winter Olympics – Op PODIUM

*By Master Corporal Jonathan McDougal*

The soldiers of Lord Strathcona's Horse (Royal Canadians) played a major role in the security tasking for the 2010 Winter Olympics in Vancouver, British Columbia. The Regiment grew to the size of a Task Force, gathering soldiers from across the CF, including elements from both the Regular and Reserve force. From Land, to Sea, to Air, no soldier with special qualification was safe from being swallowed into the machine.

The training for the Olympics was very unique, unlike the training for Afghanistan and the "Road to War" process, Op PODIUM was a domestic operation with the Canadian and international athletes and public at the forefront. There was no clearly defined enemy, a myriad of potential threats and situations that could occur, and just a lot of "what ifs". The Royal Canadian Mounted Police were the lead for security, becoming the largest domestic operation for both the RCMP and CF in Canadian history. The Regiment's contribution to Op PODIUM was Task Force Vancouver, commanded by **LCol Derek Macaulay** and **CWO**



*MCpl Dave Royes hard at work during PODIUM.*

**Joe Ramsay**. The training plan for this operation was broken down into three major parts. In keeping with the Olympic spirit, each part was named after the Olympic medals; bronze, silver and gold. Each training phase was designed to be progressively harder and scenarios significantly more complex. Once all the training was completed, Canada's security team for the Olympics was up and running at full speed.

The athletes were full of anticipation for the Opening Ceremonies, as well as the prospect of being in beautiful British Columbia. With the athletes ready and the security forces set in position, the 2010 Winter Games were set to begin. Canada started off at a good pace for the medal count, but there was another obstacle to deal with. It was a warm winter year, so the lack of snow ironically sent a chill down everyone's neck. While the games pushed on, the push for snow was a number one concern. Snow from all over the Rockies came down by truck and helicopter. With all of this going on, the games continued without a hitch.

As Canada continued to win medals and represent this proud nation, the soldiers of Task Force Vancouver continued to fight complacency and remain vigilant. Security tasks were still in full swing until the end of the Closing Ceremonies. When those finally completed, TFV breathed a collective sigh of relief, knowing that their efforts significantly assisted in the safety and security of the 2010 Winter Games.



*MWO Tony Batty,  
The Camp Sergeant-Major spots the  
victim of his next jacking.*



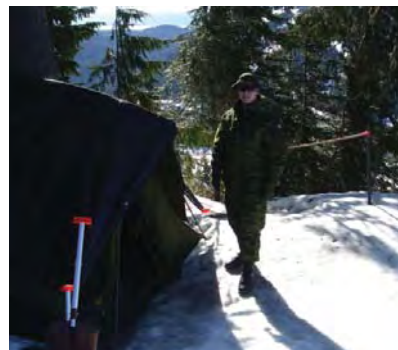


## Op PODIUM – Recce Squadron

*By Trooper Will Harris*

In the winter of 2010 Recce Sqn was tasked to help provide security for the Winter Olympics in Vancouver. Like many of the new Troopers to the squadron I was excited to be deploying on an operation with the Regiment. We were all excited boarding the early flight to Vancouver and to finally be given the opportunity to test ourselves in a field environment. Upon our arrival to Camp Cyprus Bowl, we were greeted with a torrential downpour all too common to the Vancouver area. What a great way to start the Olympics, an overabundance of rain.

After a week in Cyprus Bowl we were fully prepared to venture into the mountains to set up observation posts (OP) Strachan and Burfield. After setting up the equipment, we began our camp routine which consisted of two men taking turns operating the observation equipment, monitoring the radio, refuelling generators and conducting local security. The other members of the crew would rest, which sometimes proved to be difficult considering a Sikorsky Sky crane was constantly transporting fresh snow to the venues on the other side of Cyprus Bowl due to the warm weather. Our shift at the OP only lasted three days at a time and we were glad to see our replacements. After our replacements and fresh supplies were transported up the mountain by snowmobile we would head back to Cyprus Bowl.



*Tpr Will Harris standing outside of Ptl tent at OP Strachan*



*Stanley Cup visiting Cypress Base Camp*

Being rotated back to Camp Cyprus Bowl was a welcoming comfort that provided us with a hot shower and a fresh cooked meal instead of IMPs. Our routine often found ourselves on camp guard patrolling for unwelcome visitors and sustaining a Coyote patrol for QRF calls. For our relaxation we watched movies, played Guitar Hero, and maintained our fitness with the PSP staff's gruelling cross-fit workouts or spin class. At the lower altitude we had to contend with even more rain, but were able to enjoy some finer perks as one day we were allowed to travel into North Vancouver which was a welcome change of scenery for all. Because of our support to the RCMP with security at the Olympics the Stanley Cup was brought in for some to see and touch.

On our way back to Edmonton we were not treated with the one hour flight that we had coming to Vancouver but instead a pleasant eighteen hour bus ride. It was a relief when we finally made it back to Edmonton after being away from home for over six weeks. Our experience in Op PODIUM cannot be compared to any operations overseas, but we were all glad to have had the opportunity.







## B Squadron - TF 3-09

### The Road to War can be a ¼ mile

*By Warrant Officer Marcel Chenier*

It is hard to believe that at this time two years ago, what would become B Sqn TF 3-09 had stood up. They were a collection of men and women thrown together for the first time to bring the fight to the current enemy. For most of these soldiers it would be their first deployment, indeed for some it would mark the first time that they had ever left Canadian soil. For others it marked the 3rd, 4th, 5th or in some cases the 6th time that they had been deployed outside of Canada.

B Sqn, like every other Sqn that has deployed, began its road to war with a whirlwind of primary combat function (PCF) courses. We needed to qualify roughly sixty soldiers as drivers, loaders, and gunners. Half of the Sqn was sent to the Center of Excellence in Gagetown to learn from the best of the best, while the other half had to make do with veteran instructors at the Regiment.



*Badger scraping*

No sooner was the Sqn qualified than we were ushered out the door on Ex RUSTY BAYONET to cement our skills and to conduct some important troop training. The grand hope was for the Sqn to be qualified to troop level live firing by day and by night. Unfortunately, most of our nights were used impressing upon the newer soldiers important skills such as how to set up a five man tent, the proper way of maintaining your stove and lantern and the ever important skills of how to live and work in the cold.



*ARV carrying rollers*

Feeling good about surviving the cold and about learning basic soldier skills, B Sqn thrust into Ex DESERT RAM and straight into theatre specific training. Here we traded winter survival skills for 5s and 20s and IED search techniques. We linked up with our Infantry brothers and knuckled down to some hard core training. The Sqn's days were spent conducting battle procedure, conducting operations or conducting maintenance. We were always on the move looking to the next task or mission.

With Ex DESERT RAM in our rear-view mirrors the Sqn cleaned up and took some much needed leave. Upon completing leave the Sqn was running once again. Half of the Sqn was sent to Germany to complete training on the Leopard 2A6M while the other half participated in Ex MAPLE GUARDIAN. Ex MAPLE GUARDIAN confirmed in the eyes of the higher commanders that the Task Force and indeed B Sqn were ready to deploy.

B Sqn was landing in KAF by end September, wondering where the previous months had disappeared. The speculation stopped shortly as the Sqn took the reins from C Sqn and continued on from where they had left off. With a continual cycle of Quick reaction Force (QRF) calls, operations, camp defence and numerous leaguers, the days started to



*Charlie rolling into leaguer*





blend into each other until someone mentioned that it was Christmas! While the Sqn was coming to grips that it was Christmas, the New Year came and went! We had finished opening the latest parcels and gifts from friends and family all the while getting ready to hand over to A Sqn. By now spring was in the air and those in the Sqn were dumbfounded to learn “had we been here seven months already?”

Our tour was similar to every other tour; we had our highs and lows, major victories and minor defeats. We dealt with too many tasks and too little spare parts, we had relationship difficulties and new families created. Our soldiers performed as they were expected to, some to a higher standard and some were not so stellar. But in the end, each member of B Sqn returned home.



23C leaving for Gorgan

After disembarkation leave like all Sqns that have ever deployed, B sqn splintered. Soldiers moved on or were posted and some came to the realization that soldiering was not for them. But for the core, the core of soldiers that remains to this day as B Sqn, they marvel at what they had accomplished during their time. What they accomplished on their road to war, a road that seemed to be a quarter mile.

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# The Persistent Surveillance System

*By Trooper Braeden Matthews*

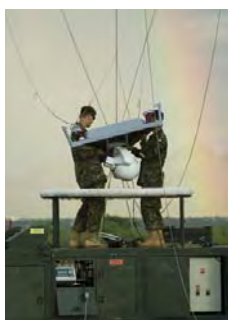
In March 2010, the Persistent Surveillance System (PSS) Det, Recce Sqn LdSH(RC) heard rumors of a tasking in southern Arizona. Fresh off of task from Op PODIUM, the Vancouver Olympic Winter Games where we manned the PSS for 73 consecutive days, we just about had enough with a system we thought was plagued with faults and shortcomings. Not surprisingly, this news was not met with enthusiasm. Time went by and life continued, with the members of the PSS Det finding ourselves in new places within the Regiment. On return from exercise in Wainwright in May, the rumors became a reality, with orders received to attend Ex EMPIRE CHALLENGE 10. The names were picked for a tasking that was very much an unknown to anyone at the Regiment and even at Brigade level. A lot of different answers were given regarding what we would be doing in Arizona, including spying on Mexico, catching border jumpers, training Americans on the system so they can catch border jumpers, and a NATO surveillance competition; the last answer being the most accurate. A day before leaving we received a very quick briefing on what we would be doing. With a vague idea of what was asked of us and minimal kit we caught our flight south.



*Balloon launch*

Upon arriving at the hotel we noticed a significantly larger amount of blue uniforms than we expected to see and more civilian as well; in fact more civilian than Canadian Forces. We were relieved to see two of the Field Support Representatives (FSR) we worked with at the winter games there, Guy and Frances of Rheinmetall. Guy, in particular, was our savoiir numerous times during the games, fixing defects in the mechanical parts of the system not expected by Israeli producers, and with Frances' expert knowledge of the software we knew we were going to be ok with any tech issues that would arise. We also had two Australians with our contingent who were to provide the eyes and ears for their counterparts back home.

For the first two weeks we set up the Forward Operating Base (FOB) we would be working out of. FOB YPRES was in between two British FOB's, PRICE and DELI. Technical issues were dealt with this week with a main goal of Ex EMPIRE CHALLENGE 10 being the integration of coalition forces in order to enhance our collective abilities to send, share, and receive information as well as operate out of a central HQ. The main assets that Canada had on show were the PSS with our advanced optics and Radar as well as an enhanced Coyote surveillance suite operated by the RCD. Additionally a Skyguard UAV, HALO, and automated camera and motion sensor system provided a direct feed of information into a CP where a PSS controller was able to monitor the tactical situation and assign contacts for the PSS to observe with the balloon, tower, or radar. Contact reports sent to higher headquarters had the advantage of not only providing the required information; but also still images or video feeds. This information could then be sent to commanders on the ground who would be able to see their targets long before they were within range.



*Preparing the equipment for launch.*

With the first two weeks completed and most of the bugs dealt with we moved on to the "live fire" part of the challenge. During this part of the exercise the PSS was used for FOB security as well as over watch for allied troops and convoys. New additions to the software allowed us the ability to integrate all parts of the PSS and other sensor equipment together instead of stand alone stations as well as higher headquarters ability to send us taskings in real time to address new threats.



As a team we gained experience with the equipment in a new environment, making us more diversified and more employable members of our Recce Sqn. We proved to NATO and ourselves that this equipment, although not perfect and still needing upgrades and aftermarket add-ons, does have a place in Canada's military. It can save lives and next to a UAV is one of the best options to maintain eyes-on the battlefield and gather intelligence. For the members of the PSS Det, this was an important exercise and any misgivings about the equipment's ability to operate as a world class surveillance system were negated. I for one, am proud to have been a part of the future of Canada's surveillance and intelligence capabilities. By deploying the PSS Det, we demonstrated to Ottawa, other branches of the Canadian Forces, civilian contractors, and our peers from the RCD, that 'Reconnaissance' is alive and well within LdSH(RC) and regardless of task or location, Strathconas will get the job done and persevere through any and all adversity.

## Combat Team Commander's Course

*By Lieutenant Chris Whalley and Captain Mike Dullege*

The Combat Team Commander's Course (CTCC)...where do we begin? As often as possible the Regiment is excited, to various degrees, to support the CTCC and the training of future OCs. This year was no different with both C Sqn, led by Officer Commanding **Maj Derek Chenette** and Squadron Battle Captain **Capt Marshall Douglas**, and Recce Sqn, led by Officer Commanding **Maj Kevin Mead** and Squadron Battle Captain **Capt Edward McGowan**. Both Sqns provided their support as much as possible while deployed to, where else, Wainwright, AB. While C Sqn fought the good fight from the front, constantly re-training our combat-arms counterparts on the abilities, application and proper use of the main battle tank, Recce Sqn returned to actual Recce doctrine for the first time in several years and screened the Battle Group advance.



*A Combat Team advancing to their objective*

### C Sqn

CTCC provided C Sqn an opportunity to offer its new Troop Leaders a chance to obtain some hands-on training. The first few bounds left something to be desired, with the movement being less than tactical and a few pieces of kit temporarily left behind, marking a bread trail from the Line of Departure to the Objective



*Combat Team on the advance.*

for the Infantry to follow. Nonetheless, once all the kit was located and a few fires were extinguished, the learning began to intensify. When C Sqn was comfortable working alone, it was time to join up with the soldiers from 3 PPCLI. This new grouping offered C Sqn a chance to practice going to several O-groups at the same time as well as figuring out the scheme of manoeuvre on the fly. As well, important inter-unit knowledge was shared with the infantry, information such as the need to avoid standing in front of the tank when it fires. The lesson seemed to be understood quicker when the tanks began to fire their blanks during the assault. The ongoing maintenance issues ensured that crews received ample practice at vehicle recovery and a great deal of experience at conducting maintenance in the rain, however, by the end of the course

the Sqn began to show the skills and tactics of a seasoned fighting unit. The Troop Leaders had been given a chance to develop and hone their skills and the Sqn had been given the opportunity to work together and build up their crew cohesion.





## Recce Sqn

OC Recce, **Maj Kevin Mead**, jumped at the chance to take Recce Sqn back to doctrinal recce tasks following its deployment to Vancouver in support to Op PODIUM (the 2010 Olympics). This had not been done in a long time and after shaking off the PODIUM cobwebs, Recce Sqn performed above and beyond expectations. In keeping with the Recce motto, “Semper a Excreta”, **Maj Kevin Mead** had the SSM, **MWO Dave Hall**, set the CP up well outside the “wire” where we could have a little bit of breathing room from the 3 PPCLI camp. 1st Troop, led by **Capt Mike Kaye** - until a (self-induced?) foot injury took him home and he was replaced by **Lt Stefan “Bobby” Wawrzyn** - performed very well throughout the entirety of the course with **Sgt Mike Bolger** performing excellently as the Troop Warrant Officer and teaching those younger - read everyone - a thing or two daily. 2nd Troop was led by **Lt Charles Prince** and performed just as well under very demanding circumstances despite a severe lack of love from the BG chain of command. **WO Bob Young** with the assistance of **Sgt Rob Englehart**, helped shape 2nd Troop into an effective Recce element that was heavily relied upon by the student Officers Commanding. Despite being difficult at times, there was always enough fun to go around. Explaining to the SQMS, **WO Kevin King**, about my combat pants exchange was a delight after **Cpl Kylie Parker** almost flipped our G-Wagon on its roof by rolling lengthwise going up a steep hill. At the end of the exercise there had been a huge upload of Recce knowledge and skills and a real bond had been formed within the Sqn; something that would be carried forward to the change of command ceremony and the new Sqn leadership.



*Recce Sqn hosts A and C Coy in a Leaguer*

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## The Regimental Change of Command

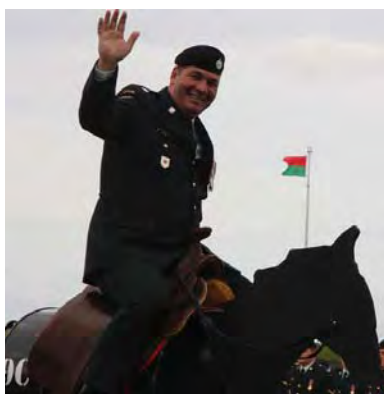
*By Captain Mike Dullege*

May 27th 2010 was a special day. This day marked a somewhat somber occasion as it came time to say goodbye to **LCol Derek Macaulay**, and **CWO Joe Ramsay**, and the welcoming of the new command team. After serving the Regiment as its CO for two years and sending one rotation after another to Afghanistan, preparing for and conducting Operation PODIUM and a myriad of other tasks that seemed to find their way to the Harvey Building; on this day **LCol Macaulay** seemed destined for something different - something with a Southern twang. Celebrating this moment in the only way we know how, the Strathcona's held a parade and invited everyone we knew to honor the occasion. Taking place on a beautiful day, the change of command parade represented two significant and contrasting events: **LCol Macaulay** and his wife **Rhonda** leaving the Regiment, and **LCol Trevor Cadieu**, with his wife **Megan**, coming back to the Regiment as the new Commanding Officer. The day also marked the change of RSM appointment from **CWO Joe Ramsay** to **CWO Jim Dorrance**.



*The official signing of the scrolls with **LCol Derek Macaulay**, **LCol Trevor Cadieu**, **Col John Roderick** and **BGen Andre Corbould**.*

The parade included the Colonel of the Regiment, **Col (Ret'd) John Roderick**, being driven to the Dias in a fully restored WWII Ford Staff Car, and the Leopard C2 Feu-de-Joie. The Feu-de-Joie was a highlight for many in attendance and confirmed that the 3 PPCLI cars' alarms were all in working order. Of particular note was the Maintainers' goodbye to **CWO Joe Ramsay**. The maintainers, apparently with nothing to do for the first time in Strathcona history, had built a custom ride for the outgoing RSM which consisted of an oil drum made into a pony with a shady "9C" written on the side. As the RSM rode off into the sunset, he waved to the crowd on his right and motioned a different and more endearing wave to the soldiers on his left. As the outgoing CO spoke to the assembled crowd he re-enforced what a great job the Regiment had done over the past two years and then expressed his gratitude for the hard work and sacrifices of the soldiers. The incoming CO pledged to listen to the needs and concerns of the soldiers and their families and to do everything within both his and the RSM's power to meet those needs. Finishing his address by expressing that talk is cheap and actions speak, **LCol Cadieu** marched out onto the parade square and took command of the Regiment.



***RSM Joe Ramsay** riding off into the sunset on his new pony.*



***Maj Rob Hume** and **LCol Derek Macaulay***



## Pride and (Lack of) Prejudice Calgary Stampede / Spruce Meadows

*By Lieutenant Justin Salter*

Everyone has times in his or her career when he or she is overwhelmingly reminded of why they have chosen to do what they do. For soldiers, these times are certainly more frequent and often more emotionally charged, but never in my life have I experienced anything quite like the reception of Lord Strathcona's Horse (Royal Canadians) by the City of Calgary during the opening weekend of the Calgary Stampede 2010.

Soon after our arrival, the entire 100 man guard was treated to a wonderful afternoon at the Museum of the Regiments. **WO Ted Macleod** opened the door to a rich unit history that would be built upon during our all too brief stay in Calgary. Our hearts were brimming with pride at the great achievements of our predecessors, as the Strathcona 100 man guard stood ready to launch itself forward with heads held high. As the guard marched in the parade to mark the opening of the Stampede the next morning, there was no doubt in anyone's mind that what we do as soldiers could never be found in any other line of work. Thousands of Canadians, from Calgary and elsewhere across the country, stood as we passed and clapped their hands, shouted accolades and cheered us on like nothing I have ever heard before. To say that my heart was all but bursting with pride would not be at all far from the truth. The celebrity treatment did not stop there, as many members of the guard found Calgary to be an even more gracious host by night than by day, and the memories made will bring a smile to the face of those involved for years to come.



*Ready?...PULL!*



*The soldiers of LdSH(RC) take time out of their busy schedule to let the Princesses of Penticton take a photo with them.*

Once the guard finally reached Spruce Meadows and began its first run of the Feu de Joie, there could be no doubt in our minds that each and every one of us had picked the right career. Amidst the show jumping and sight-seeing, the 100 man guard made a lasting impression on audiences both on Saturday and on Sunday. The detailed preparatory work of the Officer Commanding C Squadron, **Maj Derek Chenette**, and the Squadron Sergeant Major, **MWO Mark Riley**, allowed the guard to shine in front of an audience of thousands, with even more watching from home on national television. With chests out and heads held high, the 100 man guard stole the show at Spruce Meadows for yet another year, and added a further footnote to the already proud and storied history of Lord Strathcona's Horse (Royal Canadians). I daresay that even the Lord Strathcona and Mount Royal himself would crack a smile if he could see us now.



*Sgt Ken Shiells dips his barrel in salute to the Chief of Defence Staff, General W. Natynczyk, during the Stampede's opening parade."*

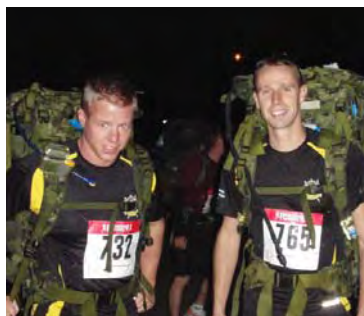
*"A man's country is not a certain area of land, of mountains, rivers, and woods.  
It is a principle, and patriotism is loyalty to that principle."*

*-- George William Curtis*



## Exercise MOUNTAIN MAN 2010

*By Lieutenant Andrew Warlow*



*Cpl Brett Herbert & Cpl Jory Thoren wanted the competition to start earlier.*

In May 2010, those interested in becoming members of the Ex MOUNTAIN MAN 2010 team gathered in Recce Sqn lines to discuss their objectives for the upcoming challenge. The goals were clear: increase participation, organize challenging and exciting training, and finish in the Top 3 teams in the Brigade. In the course of the next 3 months, this team would meet (and in many cases surpass) the goals that had been laid out.

In terms of participation, the team swelled to 53 competitors. This was more than double the number that had competed in 2009, and included a varied group. Stretching from eager rookies such as **Tpr Rich “I run everywhere with a smoke!” Partridge** to grizzled veterans such as **WO Trent “How did you talk me into this?” Hiscock**, and spanned the Regiment in terms of rank, experience, and trade. The team’s increased size helped to create a unique dynamic of soldiers who were eager to train and challenge themselves.

Creating challenging, exciting and relevant physical challenges was a consistent struggle. The goal was to create a training plan that allowed team members to be prepared for all components of the competition, including the 32 km ruck run, 3.2 km canoe portage, 10 km paddle, and the 5.6 km ‘Sprint’ to the finish. Hill training, crossfit, canoe/portage training, endurance runs with rucksacks and two ‘Mini Mountain Man’ competitions all took on a progressive training approach and left the soldiers engaged, prepared, and consistently exhausted. Competition vets such as **Cpl Shaun “Angry Screams” Hogan** and **MCpl Gerri-Ann “Giggles while she runs” Davidson** provided consistent input to improve this training, while **MCpl Mark “Bring the burn!” Fardy** provided invaluable guidance and direction throughout.



*MCpl Gerri-Ann  
‘Giggles while she runs’ Davidson*



*LCol Trevor Cadieu sets the example for leadership by also completing the competition.*

Competition day provided the results we all had worked so hard for. With a brisk early-morning start, team members were taping their bodies, readying their power gels and mentally preparing for the tough task ahead. When the horn sounded the night was filled with Strathcona shirts, all pushing to the front of the mass of glow sticks, rucksacks and expended competitors. At the end of the day, the Strathcona’s performed exactly as expected. At the forefront was **Cpl Jory “Marathons are for weak people” Thoren**, who wowed the Regiment and the crowd with his 2nd place overall finish. At the end of the day (and once a number of technicalities had been sorted), the Strathcona’s finished in 3rd place for major units. Two Infantry Battalions (which will remain nameless) went home having been schooled by the Strathcona’s most motivated individuals, and the Regiment has represented itself extremely well once again.





## Ex RECCE ROOTS & STEELE SABRE

### First In, Last Out – Recce Squadron

*By Lieutenant Sam Thompson*



*Sgt Mike Bolger prepares to step off with a recce patrol*

As armoured soldiers and officers, we are often far too quick to dismiss the feasibility of actually dismounting and moving on foot to an objective or to achieve the mission. Some joke about the phrase “death before dismount” and others love to live up to the stereotype of the size and mobility of ‘tank’ soldiers. As we deployed on Ex RECCE ROOTS, an exercise bringing us back to the basics of reconnaissance, we were unsure as to what lay in ahead, however, as we arrived in Wainwright after a Route Recce from Edmonton on secondary roads, we parked the vehicles and donned our rucksacks. As we marched our way through the bush, establishing our Troop patrol bases and sent out our recce patrols, we actually enjoyed it. All ranks were ready and willing to embrace our “mud recce” roots, going as far as to make our own ghillie suits to blend into the natural terrain. Our first week in Wainwright was spent focussed

on Close Target Reconnaissance tasks, bridge and ford site classifications, the art of personal camouflage / concealment / movement in the form of a stalking exercise, and framework recce patrols and patrol base routine. Skills that have long since been neglected as we transitioned into an organization based upon a surveillance platform. In an effort to foster squadron rivalry amongst the Regiment, several patrols were sent out by Recce Sqn against the tank sqns. The four man recce patrol lead by **Sgt Tyler Baldwin** against B Sqn achieved significant success in infiltration, destruction, and exfiltration techniques. Not to be outdone by one of his Sgts, during the stalking exercise, **Lt Gord Elliott** stalked to within shooting range of his target, but instead decided to continue his advance, swimming the Battle River in order to subdue his target with bayonet vice bullet. No soldier, however, was more motivated than the one known to Recce as “Ghetto” or to the remainder of the Regiment, **Tpr Robert McCollum**. The young man

was made of steel and wonder, and was adamant about finding the enemy first. So focussed was he that he let his patrol depart the patrol base without him, choosing instead to stand alone to guard those arcs with eyes like a hawk. He was that hard. He was that intense. When the troop leader finally noticed him at the 12 o’clock, poised like a gargoyle, and asked him what he was doing there, **Tpr McCollum** stared back intently. Quietly he licked his lips and gazed into his officer’s eyes. “I’m watching my arcs, Sir”, he replied in a stoic tone. He was so hard that he needed nobody watching his flanks. He didn’t need to patrol, he didn’t even need to sleep. He owned those arcs, and that’s all that mattered.



*Finally, a Sqn with a Sqn’s worth of vehs*



*Tpr Jason Hall prepares for the stalking exercise during Exercise STEELE SABRE.*

Fresh off the dismounted phase and happy to see our mod tents again, Recce Sqn changed gears to what would become a 6 day series of live fire ranges which was known as Ex STEELE SABRE. The primary focus was the 25mm Turret Operator Course (or Coyote Gunner Course). We had been extremely fortunate that the weather had held during our dismounted phase, with one of the days reaching plus 18 degrees. However, with the start of live fire came the snow and the fog. Snow glistened over the range as pot after pot of coffee was emptied waiting for the fog to lift each morning. **Sgt Rob Englehart’s** ingenuity with



*Honing skills at judging distances*

arc markers and rigid firing tables ensured that every minute of useable daylight and night was used to maximum efficiency. Concurrent to the gun camp, we ran refresher/familiarization training on the 9mm pistol, 12 gauge shotgun, M203 40mm grenade launcher, short-barrelled C9, 66mm M72 rocket, and 84mm Carl Gustav anti-tank rocket. For the most part, these ranges were the first opportunity for the soldiers of Recce Sqn to fire these various weapon systems live. Comments ranged from “WICKED!” to “When do we get to shoot again!” Soldiers from other sqns were consistently heard asking in Peregrine 9 how they could be made available to join Recce Sqn at the ranges to fire some of these weapons systems. As the 25mm TOC completed their individual stab runs the Sqn transitioned into a conventional Sqn Gun camp, allowing

all crews to fire static and stab runs by day and night. Once complete we handed the range over to RHQ so we could transition to “dry” training.

This phase of the exercise saw a focus on patrol and troop level manoeuvre. Troop Leaders would receive their set of orders from higher, issue a set of Frag Os to their troops and out the gates they went to carry on with their assigned tasks. Finally, Patrol Commanders and Troop Leaders had the chance to manoeuvre their call signs on the battlefield using the cover of ground and wood lines, tactically manoeuvring to define the enemy, gathering information and processing it to higher. Some call signs even capitalized on the opportunity to make use of the tank sqns operating on the same terrain. Troops were able to conduct Route, Area, Point, and Zone (RAPZ) reconnaissance, as well as set up observation posts (OPs), and operate within a screen.

For the last phase of the exercise, we transitioned back to live fire, this time as formed patrols and troops. We were issued orders and provided some challenging but workable ground to conduct conventional mounted reconnaissance movement and tactics within. Unlike a tank troop advance to destroy the objective, we used the ground as our protection, trading speed for security and information gathering, engaging the enemy on our terms when we had the advantage. For some it was their first time crew commanding, gunning and even driving for such an event, but that did not matter. Each rank level and soldier filling a crew or supporting position ‘stepped-up’ and surpassed the expectations of the Sqn Commander, **Maj Mark Lubiniecki** and SSM, **MWO John Pudar**. Over our final 48 hours, we demonstrated that a troop can be both stealthy and aggressive. After a very successful three weeks, we once again transitioned, this time back home to our families. While it may seem like a significant amount of training objectives to be pushed onto the Sqn, we must take advantage of every opportunity to train in the field that we have as both time and money are short.



*Recce Sqn at Ft Recce*



## Remembrance Day

*By Lieutenant Gord Elliott*



*Recce Sqn, better at soldiers skills than staying in step.*

This year, the Regiment received a significant amount of requests to participate in Remembrance Day ceremonies in Edmonton and the surrounding communities. From the Butterdome at University of Alberta to the small town of Nanton, AB, the Regiment sent representation to all. Recce Sqn attended Remembrance Day ceremonies in both St. Albert and Mayerthorpe. The majority of the Sqn, led by the Sqn OC, **Maj Mark Lubiniecki** and SSM, **MWO John Pudar**, made their way to St. Albert to join a large parade through the town's streets. We arrived early and fell into our position amongst the hundreds of veterans and representatives of various organizations from St. Albert. Veterans filled the parade positions and dusted of their drill for another year in order to lead serving soldiers and veterans alike through the streets. The Sqn weaved along the parade route through town to the cenotaph, flanked by firefighters, police officers and cadets from the town itself. Traditional poems, speeches and laying of wreaths followed and shortly after the Strathconas found themselves mingling with veterans, new and old, in the Legion where the parade began. After a few hours a consensus was struck, and many soldiers of the Sqn made their way across the city to the Strathcona Legion to join the rest of the Regiment after the day's ceremonies were complete.

In Mayerthorpe 3rd Tp and SHQ, lead by the Sqn BC, **Capt Paul Leonard** and Sqn Ops WO, **WO Trent Hiscock**, entered the indoor ceremony. It didn't take long for the Strathconas to realize that the entire town, young and old, had turned out to mark the day. Amongst to locals were a number of veterans who, to no surprise, did not hesitate to approach the Recce soldiers throughout the ceremony. While the indoor event offered attending veterans a great deal of comfort throughout the ceremony, it was equally well received by Recce soldiers taking part. **Capt Leonard** delivered a speech on behalf of the Regiment, focusing on the incredible attendance to the ceremony from the town and the honour for Recce Sqn in taking part in it. With the ceremony complete, the Strathconas began the two hour trip back to Edmonton to join the remainder of the Sqn at the Strathcona Legion in a familiar atmosphere. The two Recce elements reunited at the legion and joined the remnants of C Sqn left over from an earlier ceremony.



*All of the hard work pay off for member's of HVT as they do not have to march onto parade.*



*The Sherman being used as a backdrop during the ceremony*

The towns of both events turned out in force to watch the parades march past. And while the old traditions of the ceremony took place at both events, the amount of focus placed on present conflicts was certainly not lost on the soldier in attendance. Both ceremonies were a huge success for the hosting towns and, as always, the open bar and hospitality at the Strathcona Legion capped off the day of ceremony for the Recce soldiers. For all of our comrades who have been injured or who have fallen, regardless of conflict or era – We Will Remember.





## Regimental Christmas Festivities

*By Lieutenant Stefan Wawrzyn*

Christmas leave: it comes around every year, and has done so since before the Regiment existed. When we are in Garrison, its arrival is marked by some predictable signs. Red and green decorations obviously aren't a good indicator of Christmas in this Regiment, but a general lifting of morale, slight decrease in productivity and increase in discussions about exotic places are strong indicators that a stretch of vacation time is coming.



*MCpl Dave Olaes  
shows off his excellent  
head of hair.*

This year the Regiment hit all the key events that mark our traditional move towards the block leave period. We kicked things off with a Regimental Sports Day which saw fierce competition on ice and court for the crown of Top Mess. Hockey, soccer, volleyball and broomball were the 'battlefields' this year. Broomball often results in a pile of broken subalterns strewn about the ice, but this year Commanding Officer **LCol Trevor Cadieu** and Battle Captain Recce Squadron **Capt Paul Leonard** were recruited to bolster the officers' team. They lent some needed firepower but somehow the Sarcee Room eked out a victory. Bad Referees.

In hockey, tensions were high between the Track Pad and the Green Point Lounge. Green Point's goalie **MCpl David Olaes** skated up to the Track Pad bench while exchanging some friendly digs. Not wanting to get left behind, the Track Pad's goalie, **Tpr Rylan Williams**, decided to get into the thick of it which ended up with a goalie-on-goalie tussle - to much cheering from the bloodthirsty crowd.

A great day wrapped up with a Regimental parade at the gym in which the CO delivered honours, awards, promotions, and the results of the sports: Sarcee Room beating the Mariner Room broomball (barely) with the officers crushing the WOs and SNCOs in hockey, volleyball and soccer. The Trackpad obliterated the Green Point Lounge handily at every sport, which resulted in speculation about "soccerfield promotions" in the New Year. After the parade, squadrons were press-ganged into having stock squadron photos taken in the gym, but this year we had the benefit of an eerie ground fog, courtesy of some dork who backed an HLVW into the gym and ran it, sans emission control. This will explain the green hues on many faces in those photos. Photos complete, regimental personnel returned to their homes to sleep off the asphyxiation and prepare uniforms for the next day's events.



*Cpl Juan Miguel Daos can't  
possibly smile any wider.*

....And the next day- you guessed it- the Soldiers' Christmas Dinner. The senior leadership served dinner to the Regiment's soldiers in gratitude for an outstanding year of service. No charges were laid in connection to Yule Log cakes being fired semi-indirect, and there was adequate beer on the tables. **Tpr Maxime Lachance-Webster**, in his capacity as Commanding Officer for the day, wisely focused his address to the Regiment on granting a day of leave to all.

Following the dinner, the troops headed off to continue the party in the shacks and elsewhere (details all classified SECRET) while the officers headed to their mess to psych themselves up prior to delivering a crushing defeat to the WOs and Sgts on their home turf. It didn't happen quite like the officers expected though. The WOs and Sgts used their home team advantage to defeat the officers at Sumo Wrestling, monkey flinging and a variety of other games (none of which were based on alcohol intake, of course, as per regulations). Nonetheless by the time the officers left it was clear that they were in no state to be particularly concerned that they had won the Horse's Ass Trophy. So ended the Christmas celebrations of 2010.



## Regimental Sports 2010

*By Captain Michael Kaye*



*Man down....*

The resurrection started with the Regiment being able to field all teams for this year's inter-unit winter sports session. Thus far, it has been our volleyball team, captained by **Lt Warren Kerek**, who have embraced all of the glory so far winning the majority of their games. Volleyball has not looked this good since Goose and Maverick hit the beach shirtless, wearing jeans and cheap sunglasses. Despite several attempts by **Lt Kerek** to adopt this dress code for the team, the CO would have no part of it and committed funds for the procurement of proper uniforms. On the ice, the Regimental hockey teams have made a huge improvement from last year. Though many key members of the team were sent on career courses, taskings, and training, the team picked up a number of regular season wins. Now better resourced, the hockey team is well on its way to Ex STRONG CONTENDER 2011 glory. Being part of an Armoured Regiment, regular vehicle maintenance consumes more of our time than perhaps other units whose main armament is the C6 in the light role and closest thing resembling a vehicle are the Mark III combat boot they wear. This will not slow us down in 2011 now that we have the required support from the chain of command.



*The lonely end of the rink.*

With the Regiment's blistering tempo over the last year with deployments domestically, internationally, reconstitution, and the training required for the 'road to high readiness', Regimental sports, understandably took a bit of a hit.

Under the direction of the Commanding Officer, **LCol Trevor Cadieu**, sports have once again risen from the ashes and become a priority around the Harvey Building. Sports afternoons are back in full swing every Thursday with the Squadrons competing against each other in both summer and winter sports. All scores are recorded and standings are posted weekly to encourage a little friendly competition, with the overall squadron standings being factored into the process as one of the ten criteria used to determine the Prince of Wales title.



*Hurry Hard*

The soccer team has also experienced a strong start with **Capt Andrew Ferguson** and **Cpl David Brown** leading the way. This year the Regiment has put forth two curling teams who are looking great and should no doubt compete in the medal round during Ex STRONG CONTENDER 11. Hopefully the momentum will carry over into the New Year and the Regiment will once again become a force to be reckoned with during sporting events.

The calendar year once again closed out with some of the best rivalries the Regiment has to offer being exposed on Christmas Sports Day. The Sarcee Room looks forward to this moment every year where they are afforded the opportunity to punish The Mariner Room during a game of broomball, which they were 'allowed' to do once again this year with some bone crunching hits and key goals. The CO made it known to the team prior to the game that he was going to allow one of the Signal Sgts from Recce Sqn, **Sgt Remi Rathel** believe that he had executed a solid hit on the CO during the game, going as far to even fake a mild concussion. The Mariner room would



get the last laugh as they came away with victories in hockey, volleyball and soccer. The rivalry between The Track Pad and Green Point Lounge was also kept warm as the Track Pad aimed for and completed the sweep, taking all four games during the day. As is tradition every year, the day ended off with a muster parade congratulating the victors and thanking all for a great effort put forth.

In summary, the Regiment's renewed focus on sports has led to a number of plusses: An historic 2nd place finish in Mountain Man for **Cpl Jorey Thoren** and a 3rd place overall finish for the Strathcona Mountain Man team; a re-establishment of a healthy rivalry between the squadrons; and the building of warriors who are not afraid of physical confrontation. The other units in 1 CMBG are in for an unpleasant surprise on Ex STRONG CONTENDER 2011.



*Talking strategy*



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## The Mariner Room

*By Major Mike Onieu*

The Mariner Room evokes images of style and class, housing precious silver, countless Regimental historical artefacts, and the most prized of all Regimental items, our Guidon. In 2010 it also housed the massive TV that **Maj Chris Adams** “donated” to avoid moving it to the dump. Thanks Chris, for turning the subalterns into Jerry Springer junkies. At least there was that potential danger, were it not for the iron fisted control of Regimental 2IC and PMC, **Maj John Cochrane** (when the French language training center allowed him to make it back to the Regiment).

Early 2010 was a very quiet period in the Mariner Room, entirely due to the Regiment’s deployment on Op PODIUM. Upon return, a successful Moreuil Wood mixed dining in was held at the Fairmont Hotel MacDonald, Edmonton’s most prestigious hotel and one with which the Mariner Room became increasingly familiar in 2010.

We returned to the Hotel Mac for the Change of Command Dinner, at which outgoing Colonel of the Regiment **Col John Roderick** and outgoing CO **LCol Derek Macaulay** delivered heartfelt words to the Regiment’s officers, and the many prominent guests in attendance.

In June the Mariner Room hosted a Business Lunch for the Edmonton Garrison Officers’ Mess. While this is a responsibility passed amongst all units at Steele Barracks, it is simply better when Strathconas are in charge. That isn’t boastin,’ it’s truthin.’ Strathcona Mounted Troop put on a fine ride and tent pegging demonstration to the delight of the assembled crowd, which then marvelled at the Regiment’s historical vehicles before retiring to the mess for an excellent lunch. It is always our pleasure to host the political and business leadership of our community, and this was certainly no exception.

The one potential snag - a fire alarm in the mess as the guests moved to enter, was quickly and efficiently resolved. To use **LCol Derek Macaulay’s** analogy, the Regiment is as a duck swimming: smooth and graceful on the surface, paddling madly below the line of sight. Anyone who watched **Maj John Cochrane** as he turned to see fire trucks approaching the mess will appreciate the concept. No one really knows what he did after he casually entered the mess, but the fire alarm stopped, the fire trucks disappeared rapidly, and “Johnny C” exited the mess to greet the guests, feathers unruffled. Such is the life of the PMC.

The hosting of TGIFs, like Business Lunches, is a responsibility passed amongst units and while this is a forum to talk about our moment in the hot seat, it is wise to cast our thoughts to the TGIF hosted by 1 Field Ambulance. M.A.S.H. 4077 night was marked by medical officers and nurses....and more nurses... sporting their finest threads (which is why we love M.A.S.H. night). The Strathcona’s supported fully of course. **Lt Warren Kerek** demonstrated the multiple uses for an IV bag while the steady handed **Lt Bobby Wawryzn** lectured on medical procedures using the board game Operation as a training aid.

As successful as M.A.S.H. Night turned out to be, it was inevitably overshadowed by the Strathcona-hosted Down Homer Night. Not our favourite theme as a regiment of keen eyed prairie boys, but Strathconas rise to the occasion. It is indicative of our prominence in the mess that our Down Homer Night garnered the most funding of all TGIFs. **Capt Paul Leonard** (keen eyed, albeit not a prairie boy) aptly demonstrated to the large crowd in attendance the doctrinally correct procedure for a Newfoundland “Screeching In.” To lure the crowd into trying it out, we made screeching in a mandatory condition of accepting door prizes. It worked well. The large quantities of Screech consumed in no way affected the navigation skills of **Maj Michael Onieu**, **Lt Warren Kerek** and First Mate **Lt Gord Elliott** as they successfully paddled their dinghy



*Downhomer Wawryzn  
touching the fish  
inappropriately  
...and liking it.*



across the choppy seas of the upstairs bar. The subbies did a particularly nice job of turning the mess into the East coast. The live fish were an especially nice touch.

The last Mariner Room formal function of the year was the Blackhat Dinner, marked as usual by subbies getting boozed up and saying dumb things to the Career Manager. This year that sympathetic but unmoved ear belonged to **Maj Martin Boule**, who we very much enjoyed hosting despite his unwillingness to post every Captain to Kelowna in 2011. Once again the Fairmont Hotel MacDonald accommodated our crazy requests to put up Regimental artwork, park armoured vehicles in front of the hotel, and perform strange rituals throughout the meal.

Our Colonel of the Regiment, **MGen Cam Ross** was pleased to inform us that the Mac had invited the Regiment's cooks to help prepare the meal, as a bit of a small unit exchange, and so **MCpls Sandra Page** and **Jordan Faulkner** joined the Mac's Executive Chef **Andrew Ihasz** in preparing a very fine meal. The Blackhat dinner served as a suitably formal occasion to mark the retirement of some fine Strathconas: **LCol John McEachern**, **LCol John Stuckart**, **Major Dave Broomfield**, **Major Ian McDonnell**; and **Major Chris Bradley**. What was said about them by CO **LCol Trev Cadieu**, and by them in the farewell comments is all best left to the ears of those who were present. Some of the pictures of these officers in their junior years were deeply disturbing to say the least!

Over the course of the year the Mariner Room bid farewell to many officers: **LCol Derek Macaulay**, **Maj Chris Adams**, **Maj Rob Hume**, **Maj David MacIntyre**, **Capt Michael Gough**, **Capt D'Arcy Lemay**, **Capt Jon Miller**, **Capt Peter Beitz**, **Capt Leonard Dunn**, **Capt Tyler Collings**, **Capt John Kim**, **Capt David Williams**, **Capt Rebecca Evans**, **Capt Michael Selberg**, **Capt Graham Kallos**, **Capt Adam Brown**, **Capt Eghtedar Manouchehri**, **Capt Michael Mallette**, **Capt Clayton Gardner** and finally **Lt Jeremy Golding** who was the first Strathcona in history to quit the mess with more cash than he put in to it. Editor's note: Jeremy you will do well in the RCD!

This year also saw changes of the mess PMC from **Maj Derek Chenette** to **Maj John Cochrane** and then, as of September, **Maj Michael Onieu** who was more than happy to jump into the long days and late nights involved in tasking his Mess Secretary to do all the work. **Lt Richard Lund** shouldered those Mess Secretary duties until the end of 2010, at which time he breathed a sigh relief as he turned over that responsibility to **Lt Mark MacInnis**. Mac thought this would be an easy go, until he was nearly killed one Friday morning when the donuts were late. Serious business indeed.

**If you are still reading, here is a plea to all Strathcona officers and friends who are outside unit lines: come over to the Mariner Room for a coffee. The door is always open, (or it can be opened if you don't have the ultra-secret pass code) and we welcome the company. You can get the latest Regimental "dirt" and offer us some stories in return.** Secretary of the Regimental Association (Edmonton Chapter) **Col (Ret'd) Ian Barnes** dropped in a few times in 2010 to regale us with tales of Regimental life in past years- some of which should be incorporated in the history books, most of which are unprintable, all of which were highly amusing!



*Capt Sandy Cooper's last happy day  
before appointment to Adjt.*

In short, the Mariner room in 2010 was alive and well (spiritually at least- the finances are always dodgy). Subbies, under the tutelage of Senior Subaltern **Capt Mike Dullege**, continued to learn the fine arts of coffee making, dishwashing, and silver polishing. Captains continued to lounge idly on the sofas, and Majors continued to step in late, gripe about the dishes in the sink, and then leave coffee cups in it. Situation: no change!



## The Sarcee Room

*By Warrant Officer Jim McGregor and Sergeant Tim Hite*

The last 12 months have flown by, a strong indication of one of two things: a very busy year, or us growing older. We started with Op Podium in beautiful Vancouver. It's safe to say that everyone from the Sarcee room probably gained a few pounds with **Sgt Wade Walsh** providing more Chicken Cordon Bleu than I ever cared to imagine. The games and competitive spirit was contagious and carried over to a heated series of billiards between **MWO Tony Batty** and **MWO Tony Mayfield**. As **MWO Tony Batty** has been posted to CFB Wainwright for the majority of the year we'll have to take **MWO Tony Mayfield's** word that the Olympics ended with him winning the Gold medal in Snooker.



*Change of Command  
Mixed Mess Dinner*

Unfortunately for the Sarcee Room the winning stopped there as we were somehow bested in the Moreuil Wood sports competition and again during the Christmas Sport's day. We would however extract our revenge when the Sarcee Room hosted the Officers "At Home" event in the Sgt's and WO's mess. A word to whoever organizes the Sumo Wrestling in years to come... 'Wash, air-out, and a liberal application of Febreeze' before using is a must. Anyone who climbed in or even got close will know exactly what I'm talking about. The match of the night was definitely SSM RECCE, **MWO John Pudar** vs. OC RECCE, **Maj Mark Lubiniecki**. A solid win for the Sarcee room, however, **MWO Pudar** will attest there was no sweet smell of victory.



*Sgt Clarke, LCol Trevor Cadieu  
and MWO Dave Hall.*

We said goodbye to RSM, **CWO Joe Ramsay** who took a posting to CFB Wainwright. On the Change of Command parade the RSM was seen riding off into the sunset on his Iron Horse. I believe the band was supposed to cue up the Happy Trails theme but the only thing I heard was the quiet snicker coming from the Guidon Party. No one was quite sure as to how the RSM would take the joke, but like a true sport/leader, he immediately mounted his 'ride' and waved to the crowd and 'smiled' to the soldiers on parade.

The Sarcee room passes on our best wishes to **WO Leighton Hardy** on the birth of his son Logan born 14 September 2010.

The Sarcee room welcomes its newest members.

**CWO Bill Crabb**  
**MWO Tony Mayfield**  
**MWO Mark Riley**  
**MWO John Pudar**  
**WO Steve Connauton**  
**WO Brad Smith**  
**WO Duane Wallis**  
**Sgt Reg Kierstead**  
**Sgt Jessie Scheller**  
**Sgt James Clarke**



*WO Tony Mayfield being awarded  
the Neatby Pace Stick.*





## The Green Point Lounge

*By Master Corporal Jean Lamothe*

The past year has been reasonably quiet, something the lounge has not been witness to in a few years. As Master Corporals, we are the buffer between the Senior NCOs and the Corporal / Troopers, which at times can be stressful, but we do our best and vent to each other in the rest easy.

I remember a specific conversation with the Commanding Officer, **LCol Trevor Cadieu**, on June 20th he said ‘**MCpl Lamothe** are there any plans to bring back the annual golf tournament?’ I told him we had just had a meeting discussing that very idea. He asked me what I thought and I told him I was initially planning to hold it sometime after summer leave and he said: “I would like it on July 15th.” The whirlwind started then and there. The short of it is everything that was needed to be accomplished in the short notice was completed and it was an extremely productive tournament. The Green Point Lounge raised \$1600.00 for the Children’s Wish Foundation. The winning foursome was **LCol Trevor Cadieu**, **WO Kevin King**, **Sgt Jason Pargeter**, and **MCpl Jean Lamothe** (I know, I know, somehow fixed). I would like to thank the CO for lending us his subbies who accomplished a large portion of the fundraising as well as all of the MCpls who assisted in the fundraising as well. Most of all I would like to personally thank **MCpls Phil Mooney** and **Graham Whittle**, without them this tournament would not have been possible.



*MCpl Phil Mooney and MCpl Jean Lamothe presenting a cheque to Meagan Innes from the Children’s Wish Foundation.*

The next year will be something completely different then we are used to, the entire Regiment on the ground at the same time. I think there will be some well deserved rest for the Strathcona’s.

Perseverance



*MCpl Pierre Daneau, one of the newest members of the Green Point Lounge.*



## The Track Pad Another Year Come and Gone

*By Corporal Lee Jarratt*

This past year was a busy one with Op PODIUM kicking off the New Year and the constant ramping up for exercises and deployments. However, with all of the activity within the Regiment, the Troopers and Corporals still had time to show their stuff during our semi-annual square off with the Green Point Lounge (MCpl's Mess), leaving everything out on floor and on the course during STRONG CONTENDER and MOUNTAIN MAN.

Over the past year ideas were brought forward to improve the Track Pad and most importantly, our "Wall of Honour" was given the name "Early Dismounts. Credit must be given to **Cpl Colin Hoth** for thinking of the name, thus allowing us the opportunity to honour all of our Troopers and Corporals who have fallen too early during their time with us at the Regiment.

This year the Track Pad had the pleasure of playing against the Green Point Lounge during Regimental Sports day which resulted in a clean sweep. Hopefully we will be able to keep on this roll for all tournaments to come. As well, for a second year in a row, the troopers and corporals made an excellent contribution by representing LdSH (RC) at the 2010 Exercise STRONG CONTENDER and Exercise MOUNTAIN MAN. During Ex STRONG CONTENDER **Cpl Brett Herbert** lifted the most weight of any competitor on day two of the Cross-Fit event and **Cpl Lee Jarratt** was the first and only female out of the Major Units to compete in the Cross-Fit portion of Ex STRONG CONTENDER. **Cpl Jory Thoren** finished second overall in Ex MOUNTAIN MAN with an insane finishing time of 5:13:16 just behind the top place finisher from 1 CER, placing first within LdSH(RC). He also won the LdSH(RC) MOUNTAIN MAN trophy. Second place for the Regiment cannot be ignored which was earned by **Cpl Brennan Dunbar**. **Cpl Brett Herbert** also deserves recognition finishing in 6th for the team. The MOUNTAIN MAN team was almost triple the size from last year, providing us the strength in numbers to finish 3rd overall out of the Major Units. Though everyone is not recognized by name for their contribution to Ex MOUNTAIN MAN, you all made an outstanding effort and seriously had a lot of heart and drive to complete the race. It is a difficult event and everyone should pat themselves on the back just for attempting such a gruelling race.



*Cpl Jory Thoren, Second Place Overall Ex MOUNTAIN MAN 2010*

Also, 2010 was a first for the new "The Olympic Torch Trophy" which will be awarded annually to the member of the Regiment who best displays personal achievement or leadership in sports. It was presented to **Cpl Lee Jarratt** by the Colonel of the Regiment, **Col (Ret'd) John Roderick** during the Regimental Reunion/Change of Colonel of the Regiment weekend.

Although sports are extremely important as they promote esprit de corps within the unit, academic achievement must also be recognized. This year **Tpr Christopher Edwards** received the Leopard Driver & Maintenance award for obtaining the highest proficiency amongst his peers while completing this Primary Combat Function. Excellent work!!

Finally a tribute should be paid to all members of the Track Pad both overseas and at home for the excellent work that was put forth in the year 2010. Our work is appreciated and there is nothing but good things for us for the year 2011.



## Subbies Corner: No...Big...Deal...

*By Captain Mike Dullege*



*Lt Warren Kerek preps the pond for the goldfish*

As the Senior Subaltern for the last 4-or-so months I have had the distinct pleasure of being the sheep-herder for many of the junior officers, of which 8 new ones came to the Regiment in September. The wealth of experience within the subbie community overall has made my secondary role that much easier, though, and has given me an incredible well to tap for ideas and angles of approach for each task that comes our way. I have enjoyed very much watching the new officers, or “New Fish” as which they could conceivably be referred, stumble on the same minor speed bumps that my vintage hit – and no doubt the ones before us - while, at the same time, trying to pass what some could say are useful and knowledgeable tips.

Earlier in the year the subbies saw some action, the real-deal, while deployed to Vancouver to support the RCMP-led security operations for the Winter Olympics. Mostly filling the role of duty officers throughout the Task Force, the subbies had to really work together to fight off Shining-like insanity and boredom, working against human-natures’ fight-or-flight and mostly fight. The return to the Regiment saw the deployment of **Cpts Nathan “Angelo Stavros” Hevenor** and **Mike “Timmy the Blade” Timms** with A Sqn to Afghanistan. While **Cpts Mike Selberg** and **John Kims’** return to the Regiment was short lived, we were happy to have at least some of the Party Planning Committee back in Edmonton, if not for a short time. Also kicked out of the club was **Capt Dave “Swimmers’ Body” Williams** who was just “delighted” to leave Edmonton for the single-lady capital of the world: Suffield.

The Combat Team Commander’s Course field portion, held in Wainwright, was an excellent chance for **Lts Stefan “Bobby” Wawrzyn** and **Charles “Dong Database” Prince** to get out and flex their Recce muscles. **Lt Mike “Delicious” Dullege** also deployed with Recce, rounding out the team as the LO. The return from Wainwright from the CTCC gave the subbies a brief break before the Change of Command parade and a Regimental shake-up.

After summer leave it was time to take our new positions. B Sqn saw **Bobby Wawrzyn**, **Mike Dullege** and one of the “new fish” **Lt Mark “Al” MacInnis** take the Troop Leader Spots. C Sqn saw **Capt Liz “Harry Potter” England** and **Lts Justin “Buzz Lightyear” Salter** and **Chris “Whall-e” Whalley** troop leading while Recce took in **Lts Rich “Rock-e Road” Lund**, **Andrew “War-tits” Warlow** and **Gord “Manimal” Elliot** rocking the troops and building ghuillie suits.

The in-flux of the new fish ensured that we have been having a good laugh daily and also ensures that the mess life is healthy and fun. It took only one mess call to get 5 of the 8 new subbies on the Bezebo. Stupid bezebo. Our 8 new friends were whisked away by the Regiment early to take the Calgary tour. Led by the Adj, **Capt Clayton Gardner** (No nickname = no extras right?) and **Lt Warren “Dan Aykroyd” Kerek**, the new subbies were ~~brainwashed~~ welcomed into the Strathcona Officers’ way of life. The camaraderie among the subbies of late has severely reduced the issuance of extras and “punishment articles,” with several sets of eyes looking out for each other at all times the coming months look to be bright for the Strathcona Subaltern Officers. Now to get **2Lt Buckingham** working on Jess...



*Capt Justin Salter - Hard as Christmas candy and twice as sweet*





## The Commanding Officers' Birthday

*By Anonymous Submission*



*Evil ninjas*

This year the Officers of the Regiment celebrated the birthday of the Commanding Officer, **LCol Trevor Cadieu**, in the very subdued and almost non-Strathconian way. Instead of the “Strathconas = Style and Style = Money” mantra the Regiment tends to appear to live by, this year the Subalterns and serving officers opted for a more subdued celebration. No significant fuss was made in celebration his birthday, less some adornments for his office and a cake and decorations for the Mariner room. His office was filled to the ceiling with over 140 balloons, in no way representative of his age, which were required to be immediately popped in order to allow for him to gain access – one could imagine with a slight smile or chuckle. The Mariner room was decorated with “Transformers” decorations and plates, which he had hinted were his favourite on several occasions. The cake/cupcakes were allegedly prepared by **Capt Mike Dullege**’s wife, however, his peers were quick to notice trace residue of flour under his nails and in his hair. Regardless of who holds the title

of Chef Boy R.D. in the Dullege household, the cake was attacked like an injured fish in a tank of piranhas. A group of Subbies volunteered to clean his office and the Mariner Room, hoping for a little extra ‘face-time’ to salvage their careers from their performance in the field during Exercise STEELE SABRE, most likely to no avail. As quickly as it had come, it was gone, until next year.



*Balloons for the CO*



*One hard cake*



# Extra Regimentally Employed





## Strathconas in the National Capital Region

*By Lieutenant-Colonel Mark Connolly*

Another year has passed in the National Capital Region (Ottawa and Gatineau) with some new faces, as well as a number of “Ottawa vets” who are firmly entrenched. It is an exciting time to be posted to National Defence Headquarters and the operational commands, and there is a committed group of Strathconas working in the National Capital Region on a variety of staffs, including Army, joint, operational, and corporate – to support those deployed in the field force or in other capacities throughout the Canadian Forces. At Canadian Expeditionary Forces Command, **Col Dave Rundle** continues to drive much of the support planning for



*An informal Strathcona luncheon in November attracted both serving and retired Strathconas, including six former Commanding Officers.*

*Photo by Bill Logan*

Afghanistan transition as well as undertaking Regimental matters, while **Maj Chris Adams** works in Southwest Asia Operations supporting the fight in Afghanistan (and wishing Cubicles came in bigger sizes). **Maj Rob Hume** is perfecting his travel agent skills as Staff Officer to the Commander, and **Maj Sheldon Holmes** and **Capt Mike Gough** provide a can-do attitude in the J1 shop. In the Vice Chief of Defence Staff (VCDS) Group, **Col Paul Fleury** has spent much of the fall engaged in joint force development scenario planning, and **Col Craig Fletcher** is working in Director Cadets. **LCol Pascal Demers** enjoys life as Executive Assistant to the VCDS after his return from HQ 5-09, and **LCol B.J. Walsh** is on the cutting edge of “jointness” at the Canadian Forces Warfare Centre. After more than 36 years of service, **CWO Doug Harvey** retired this past year from the Canadian Forces; his last position was VCDS CWO and Corps RSM. In the Army, **LCol**

**Vince Fagnan** and **Maj Mike Lakotos** are decisively engaged on equipment projects in Director Land Requirements, and **LCol Shane Gifford** rejoined the Land Staff team after a deployment with HQ 6-09. At Canada COM, **Maj Warren Deatcher** is employed as a Liaison Officer to the RCMP. On the Strategic Joint Staff, **Maj Chuck Fournier** is moving the yardstick on coalition interoperability as the Canadian Forces coordinator for the Multi-national Interoperability Council, and **MWO Rick Stacey** provides strategic leadership situational awareness from the Joint Command and Control Support Centre. **Maj Earl Jared** is at the language school in Asticou learning German for his upcoming posting to German Staff College.

Socially, Strathconas got together a number of times this past year. In March, we commemorated Moreuil Wood at the Earl of Sussex Pub and in October met the CO and RSM who were in town for the fall Merit Boards. In November, there were over 20 serving and retired members who got together at the Heart and Crown Pub for a great luncheon, with many thanks to **Bill Logan** for organizing this event and being the point man to rally retired Strathconas in the National Capital Region.



*An informal Strathcona luncheon in November attracted both serving and retired Strathconas, including six former Commanding Officers.*

*Photo by Bill Logan*





## Strathcona's In Kingston

*By Major Clayton 'Fly' Fifield*

2010 is now in the books and the Kingston based Strathcona family can look back with pride at the myriad of successes that have been achieved. Regardless of where we hang our black berets, Strathcona's have had a definitive impact. With all of the changes that the Army has undergone in the past few months, and the significant changes yet to come, we remain ready to tackle them head on in true Armoured fashion. Of course it's not all work here in the fresh water capital of North America. With snow gone and the grass green between April and December, whenever there's a spare moment, and even when there isn't, you'll be sure to find us on the greens, cruising the Thousand Islands, fishing on hundreds of the local lakes or just hanging out at a pub downtown.



*Maj Clayton 'Fly' Fifield  
and Ruger enjoy a  
Cavalry tradition...a sporting day afield.*

**Col Jamie Cade** had a full slate as he juggled being the Commandant of CLFCSC as well as the Director of Armour. Much to the joy of the college staff, he recently handed over the reins of Director and I'm sure I echo the sentiments of all Strathconas as I give a heart felt thank you for his outstanding leadership and for the key milestones achieved during his tenure. During the past year he saw six Strathcona's pass through the front arch of the staff college with three more due to arrive over the winter. Also passing through Kingston this year were **LCol Trevor Cadieu** and **CWO Jim Dorrance** on the Command Team Course last April. According to **Col Cade**, the incumbent CO almost failed (specifics not available), but apparently he eeked out a pass when he 'paid up in the end'. **LCol Trevor Gosselin** and his lovely wife **Kim** recently arrived in Kingston. His social graces and experience in Afghanistan as well as other missions have been a real asset to the college. Upon his retirement, **John "Stuckie" Stuckart** has come to work at the College as a contractor in the LFC2IS Support Cell. A Strathcona officer doing techno geek stuff; who would have guessed? **Maj John "Grod" Grodzinski**, still teaching at RMC, took the College staff on a superb professional development session that covered the strategic, operational and tactical lessons of the War of 1812. Grod is a truly gifted historian and the Niagara Peninsula is a great place to work. We welcomed to the Regiment **Maj Chris Quinlan**, formally of the BCR, who was officially badged LdSH(RC) at the College this year.



*LCol Dave MacLeod a typical day at  
work as the CCSO.*

Yes, **Col 'Spike' Hazleton** is still here as apparently no one else wants him. He currently finds himself as the Chief of Staff for the recently reconstituted 1 Can Div HQ and according to him, and I quote "remains a very handsome man and warrior". If your reaction was anything like mine, you probably threw up a little in your mouth! **LCol Chris Rankin** is still in Army Doctrine, where after spending a significant period stranded in Europe as an "Ash Cloud Refugee", he returned to be tied to the desk as Deputy Director. **LCol Dave MacLeod** remains as the Command Chief Standards Officer where he occasionally gets to do the job whenever he's not acting as Deputy DAT. According to him he has "18 months to go and still smiling".



*Col Spike Hazleton, Col John Roderick,  
Col Jamie Cade, LCol Trevor Cadieu and  
MGen Phil Neatby share a laugh Moreuil  
Wood 2010*



**Maj Ed Padvaiskas** traded-in Directing Staff and SO DArmd responsibilities at Fort Frontenac for J5 Plans responsibilities at 1st Cdn Div HQ and the CFB Kingston Government of Canada Workplace Charitable Campaign (aka United Way) Chair. **Maj Gord Dyck** continues to represent Strathcona's at RMC in the tech world of Applied Military Science, and to teach ISTAR and defence management courses. This year **WO Harry Delaney** and **Capt Lenny Dunn** are attending the ATWOP and LFTSP programs. **WO Delaney** and his team are researching Hunter Killer Sights for the CCV project and **Capt Dunn** is investigating the mitigation of moisture in biodiesel. **Maj Chris Young** is pursuing academic studies at Concordia University as he works on his PhD in conflict studies. He eventually plans on returning to Kingston in two and a bit years once he completes his coursework and exams. **Maj Mike Froess** is now in his third and final year as the Deputy Commandant of the Peace Support Training Centre. He continued his glamorous, jet-setting lifestyle, spending two weeks teaching on a UN Military Observers' course in Buenos Aires, Argentina followed by a week in Chile. There was also the week of "Adventure Training" with 'Fly' and others from LFDTS on Lake Tamagami in northern Ontario. Speaking of that DYCO, **Maj Clayton 'Fly' Fifield** continued in the linchpin role as G1 of LFDTS (as well as G1 Svcs...and G1 O&E...and EE Offr...and OL Coord...and you get the idea). When not tied to the desk, he could be found taking full advantage of the St Lawrence seaway or one of the many southern Ontario lakes. He even managed to put some lead down range in the fall with Ruger and Stoo.



*WO Harry Delaney in the big chair.  
I know we shrink as we get  
older, but that's just wrong.*

**Capt John Rickard**, DAT PD, when asked what he accomplished this year said "I put a pool in, does that count?" He did however find a little time to publish a new book 'The Politics of Command', which will no doubt be required reading for his students (if for no other reason that to boost sales figures!). **Capt Stewart 'Stoo' MacLean** is finishing up as Base Adjt and looks forward to anything else but administration for 2011. Stoo is currently slated to begin a year long French course as he continues his slow but steady climb towards the lofty heights of Major. When he's not tied down behind the Adjt's desk he can be found on his sailboat 'La Dolce Vita' trying to keep her afloat. Following a tour in Afghanistan, **Capt Russell Ells** and his wife lovely **Angie** were posted into LFDTS early as the DAT PD Army Physical Fitness desk officer. Russ noted that in spite of working through changes and implementation of the new CF fitness standard "I still have time to go to RMC so I can finally get smart just like my new peer group".



*CWO McLanaghan and Col Fawcett  
promotion to CWO Kevin Mulhern  
while Paul and Kim Mulhern look on.*

**CWO Kevin Mulhern** was promoted to CWO in April and posted to DAT IT Armd. It didn't last long though as he was then temporarily attached posted back to Base Kingston until July, to await his replacement.

The Strathcona Family remains tight in the Kingston area as demonstrated by Regimental turnout for the Corps BBQ, Corps Golf Tournament, the Kingston Blackhat Meet and Greet last September, and the Kingston Blackhat Curry luncheons.

Kingston...the next best thing to being at the Regiment!



## Strathconas at the Armour School

*By Captain Joe Boates*

Life in Oromocto continues to be high-tempo for all Strathconas who are now loyally subservient to the powers of the Combat Training Centre (CTC), where we continue to keep our field skills honed through our application of both superior reconnaissance and tank tactical abilities. One such excellent example is **Sgt Martin Levis** who will return from teaching a tank course in French one day, only to head right back and instruct a recce course in English the next, never breaking stride or losing his sense of humour. This is merely one example as to the level of professionalism, competence and versatility Strathcona soldiers exhibit on a daily basis.



*Moreuil Wood*

This year we were fortunate enough to see the TF 3-07 tank squadron command duo receive well-deserved recognition. **LCol Trevor Gosselin** received his promotion and has moved on to greener pastures at Canadian Land Force Command and Staff College (CLFCSC). In addition, **MWO Geoff Bamford** has handed off his responsibilities as SSM A Sqn, and was appointed the Armour School Drill Sergeant-Major (DSM).

Another significant event for us included the commissioning of the Leopard 2 A4M on 28 Oct 10 in Munster, Germany. During this momentous event we were fortunate enough to have **Cpl Stephen Thomas** take part as the loader, providing a much deserved Strathcona presence. Back on the home front in Oromocto, our Strathcona soldiers continue to lead the way on Leopard 2 training and development.

We have continued to keep traditions alive in the Oromocto area. This year the officers attended our annual Moreuil Wood dinner at the Delta Hotel in Fredericton. All ranks attended a fantastic BBQ at the 'K' Lines canteen, spearheaded by **Sgt Mike Woodrow**. In addition to our social activities, we have been fortunate enough to have had **Lt (Ret'd) John Swanton** come out and visit us on multiple occasions, and regale us with stories of his past experiences. Oh, and of course, the junior officers continue to maintain the time-honoured tradition of gravy for lunch alive by enforcing a strict regimen of mandatory Friday poutine lunches at Mingler's Pub. To ensure continued success, these endeavours are led solely by our illustrious



*WO Moreau, Cpl Stephen Thomas & Sgt Burtch in Germany*

Assistant Trailer Park Supervisor, **Capt Tim Day**. Point to note for incoming junior officers: you must conquer a 'large' on your first outing, or be subject to **Capt Cam Meikle's** infamous relentless torments.



*Moreuil Wood BBQ*

Although we understand there is life outside the Regiment, we all miss our friends and counterparts who are back in Edmonton. However, we prefer the "glass is half-full" approach, and in the words of **Sgt Jeff Hawes**, "we do have warmer weather down here, good hunting closer to home, better beaches, handier cross-border shopping and good Strathcona friends."





## Strathconas in Wainwright

*By Major Vince Kirstein*

Strathconas in Wainwright remained as busy as ever this year with strong representation at the Canadian Manoeuvre Training Centre (CMTC), the Land Force Western Area Training Centre (LFWA TC), and CFB/ASU Wainwright.

At CMTC, the Headquarters planned and coordinated two Maple Guardian (MG) exercises for the Task Forces deploying to Afghanistan. The Observer Controller Trainers (OCTs) supported this training, drawing from the invaluable advice and experiences of soldiers returning from tour. Completing the CMTC picture was the Contemporary Operating Environment Forces (COEFOR), which grew to Battalion strength and added essential realism to the exercises.

CMTC deployed to Fort Irwin, California for MG 1001 and conducted MG 1002 in Wainwright. OCT also deployed soldiers to support Maple Lion, the continuing interoperability exercise with the British Army Training Unit Suffield (BATUS). COEFOR was kept busy supporting the exercises and also supplied troops to Petawawa and Valcartier for Level Three training.



*CMTC COEFOR soldiers assemble for a Ex MAPLE GUARDIAN event*

The Strathcona's continued to maintain a strong presence at CMTC this year. Posted into the lofty position of CMTC Regimental Sergeant Major was **CWO Joe Ramsay**, where he rules with an iron fist. **Maj Vince Kirstein** is still scheming in Plans and was the mastermind behind MG 1002, working day and night to answer countless, sometimes seemingly pointless, e-mails. Also at CMTC HQ, **WO Lanny Hill** continued to be indispensable as the WES Guru and **Capt Jon Miller** was posted to the cubicle jungle of the Plans Team.

With the OCTs, it was business as usual supporting the Maple Guardian exercises until **Maj Eric Angell** took leadership of the Tank Team by force. **Maj Ian McDonnell** was removed as Tank Team OC, supposedly retiring following 20 years of service but hasn't been seen since. It could be that the new SSM for the Tank Team **MWO Antony Batty**, had planned the same fate for **MWO Walter Laughlin**, who only escaped by claiming an interest in French. **Capt John Kim**, posted in last summer as the Tank Team 2IC isn't worried though. Despite being kept busy sorting through all the OCT paperwork, he still found time to win the CF Taekwondo Nationals. **Capt Ed McGowan** suspected something sinister and left for the greener pastures at the Regiment without looking back. **WO Marvin MacNeill**, the Tank Team WO, has been taking any random task, from running an OCT academy in Edmonton to heading to Suffield for the BATUS exchange, to stay away from the carnage.



*Maj Mark Lubiniecki and counterpart Capt Shannon Worthan at NTC.*

At COEFOR, **Maj Mark Lubiniecki** must have grown tired of tormenting deploying soldiers, shaved his beard and headed back to the Regiment. **Capt Evan Wiome** and **Capt Steve MacKillop** quickly followed his lead, leaving only **Capt James Anderson** to manage the horde, balancing his job as Ops O with trying to keep the COEFOR Strathconas out of jail. **Sgt Mike Craig**, **MCpl Ian MacDougall**, **MCpl Glen Baker**, **MCpl Rob Smith**, **Cpl Brady Walker**, **Cpl Blaine Hatter**, **Cpl Matt Jesse**, **Cpl Aaron Hodgins** and **Cpl Tim Dickey** don't make it easy for him. They specialize in adding realism to the exercises by blowing things up and making life miserable for deploying Task Forces. Aside from the two Maple Guardians, they've been occupied with career courses, language training, and supporting various levels of training



*LCol Steve Kelsey takes command*

across the country, but they're getting restless. The horde was reinforced this year with **Cpl Lawerance Heisz** and **Cpl Andrew Sedgewick**.

A new era for Strathconas at LFWA TC was issued in when, with one swift stroke, command fell to **LCol Stephen Kelsey** on 16 July 2010. The new Commanding Officer may have granted those summary execution requests to keep the Personnel Awaiting Training (PAT) Battalion in line, but **Maj Chris Nolan** had already departed for LFWA HQ. Buried in the paperwork of PAT misdeeds, the Adjt **Capt Dave Cronk**, is likely wishing he would have delayed his departure for an execution or two. In A Company, **WO Laki Christopolous**, **Sgt Ben Holmes**, and **Sgt Gary Hewitt** lament the posting of **Sgt Scott Lang** as they find themselves busier than ever teaching Basic Military Qualification and Primary Leadership Qualification Courses. **Sgt Ron Irwin** and **Sgt Owen Knott** are still sorting through the innumerable courses conducted at Wainwright, while **Sgt David Thompson** remains ever present in Standards.

At Area Support Unit (ASU) Wainwright, **CWO Dave Lee** recently finished breaking in his new Commanding Officer and continues to maintain his vigil as the Base RSM. **WO Frank Kasawan** has moved from Base Ops to Accounts WO and spends his days fixing the books and dreaming of the freedom of the open road. **Sgt Michael McGarity** has the open road with Range Control but patrolling the training area from a truck seems somehow unsatisfying. Retired **MWO Kevin Lovett** and newly posted to Range Control **Sgt Ernie Lee**, understand his pain, especially when the Regiment comes for a visit. Over at Base vehicle kitting, there was a fair amount of movement with **MCpl Paul Kruhlak** posted back to the Regiment and **Cpl Gordon Hoyt** posted to the Armd School. **MCpl Nicola Fedele** was posted in and joined **Cpl Kevin Ferguson** and **Cpl Trevor Scott**, who have their hands full with the redistribution of the fleet.



*WO Marv MacNeill in Challenger II*



*An OCT interacts with the PTA*



*Replicate, not duplicate -  
the motto of CMTC*



*Soldiers engaged with the media,  
a new challenge.*



## Strathconas in LFWA/JTFW HQ

*By Captain Tom LaCroix*

With a new Commander, Chief of staff and responsibility to force generate Op ATHENA Rotation 11 and Op ATTENTION Rotation 0, life in LFWA/JTFW HQ is never boring.

**LCol Robin Steward** was the J3 of JTFW until September. After the reorganization of the headquarters, he worked on several special projects before moving to the Mission Transition Task Force (MTTF) HQ as the Assistant Chief of Staff for Operations.

**Maj Mike Onieu** performed many and varied tasks in the role of G3 Ops until August, when he returned to the Regiment. **Maj Chris Nolan**, posted in from WATC, took reigns of the Current Operations job with the help of his oversized 750 ml gravy ladle.

**Maj Brian Roach** returned to LFWA after deploying as a CIMIC officer in MINUSTAH HQ, Haiti from March to September 2010.

**Cpts Thomas LaCroix** and **Clyde Penney** were posted into LFWA HQ after working together on a Board of Inquiry. After confirming that their 1 April change of strength date was authentic, they reported to the HQ as G3 Ops 2 and G3 Individual Training, respectively.

**MWO Jim Catterall** worked in the Individual Training world until shortly after **Capt Penney** became his supervisor. After that, he found a new job with the J3 branch of the MTTF HQ. **MWO Brian Speck** has since taken the position in the Training branch.

**WO Dave Cartwright** is employed with the Air Component Coordination Element of JTFW. His callsign is “JAFO” but readers will have to ask him what it means if they want to know.







# 1 CMBG HQ

## Strathcona Staff Officers

*By Captain Mike Selberg*



*Capt Mike Selberg, G3 Plans, connects laptops to the DWAN in the forward command post prior to preparing for the commanders info brief Ex PROGRESSIVE RAM.*

This year has seen drastic positional changes for Strathcona Officers and Sr. NCOs serving within 1 CMBG HQ. Strathcona's are on their way to Afghanistan again, however, where and with who may be of interest; an American Cavalry Task Force, TF 1-11, and the Mission Transition Task Force (MTTF).

The G3 Operations department saw the most dramatic changes; **Maj Eghtedar Manouchehri**, formerly G3 Operations, was posted to Fort Hood, Texas as S3 Operations Officer, to 2-38 Cavalry Squadron. **Capt Alan Dwyer** previously G3 Operations 2, was posted to the MTTF as the Senior Duty Officer. We wish them both well in their new organizations; knowing they will serve both the Strathcona's and 1 CMBG with distinction.

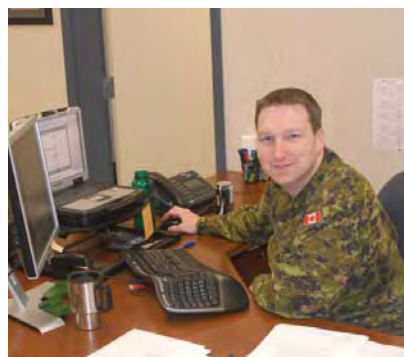
The transfer of some saw the addition of others; **CWO Jim Dorrance** and **Capt Mike Mallette** have respectively filled the G3 Ops 2 and G3 Ops positions within 1 CMBG. New addition to the G3 Plans department, **Capt Mike Selberg**, G3 Plans 2, saw extensive learning about operational planning process with 1 CMBG HQ on Ex PROGRESSIVE RAM, in Oct 10. Several other key positions within Brigade HQ are held by faces familiar to the Regiment. Former Strathcona Quartermaster and Maintenance Officers, **Capt Rebecca Evans** and **Maj Andy Dillon** fulfill portfolios in 1 CMBG HQ as G4 Operations and G4 rounding out our extended family.

Challenging times are a daily occurrence inside 1 CMBG, and no less within the HQ. The new mission, Op ATTENTION and other contingency planning have the entire staff re-visiting completed orders and re-evaluating documentation. Next on the radar.....Manitoba Flooding contingency.

“Perseverance”



*Maj Eghtedar Manouchehri mugged out by Maj Wade Rutland G3, during 1 CMBG Staff Christmas Curling day Dec 2010.*



*Capt Mike Mallette at work in 1 CMBG HQ as G3 Ops.*



## Regional Command (South) - Afghanistan A Black Hatter in the CJOC

*By Lieutenant-Colonel Scott Long*

In April 2009, I was pleasantly surprised when I was informed by the Career Manager that I would be the Director for the Combined Joint Operations Centre (CJOC), Regional Command (South) (RC(S)). My first question was obvious “what is a CJOC and what does the CJOC Director actually do?” After more than a year of doing the job I think I now have a solid understanding of the position. The CJOC director is in fact the J33 for the Division, who is responsible for the manning and the day to day operations of the Div CJOC for the Southern Region of Afghanistan. Equally, the J33 is responsible to the Commander for the dynamic tasking of Div resources for ongoing Div Ops IAW his stated priorities. Finally, the CJOC is the information hub for the HQs and as such it is the place where the battle for information is continuously fought to overcome the fog of war and feed the ever ravenous higher HQs, in the case IJC.

In June 2009 my journey began with a 10 day visit to Afghanistan to visit the current CJOC in operation. Immediately upon my return I packed my bags and headed to the UK for five fun filled months of training. As the British were the lead nation in the CJTF 6 NATO HQ and formed a large percentage of the staff they were charged with organizing the training for the core of the HQs and the key positions within the HQ. Consequently, the incumbent Div Commander, MGen Nick Carter, directed that his CJOC Director would conduct all preparatory training with 6 Div UK HQ, York, UK. During this period I had the opportunity to run the HICON Ops Centre for the final field training exercises for the next TF Helmand on the Salisbury Plains, I conducted several SIM exercises, I participated in an excellent study week focused on Afghanistan as well as a week long recce to Afghanistan and finally I ran the CJOC during the NATO/British final training exercises in Germany. While I was the Canadian Forces appointee for the task I had no illusions that this was a *fait accompli*. Given the critical nature of the job I was clearly put through the rigors to ensure I was up for the challenge.



*It is hard to look this good all  
of the time, but I do my best*

In Oct 2009, I deployed to Afghanistan for a tour that would last over 12 months returning in Nov 2010. It was definitely an exciting time to be part of the NATO effort with the renewed US interest in Afghanistan, which led to numerous changes and challenges. For instance, the HQ was re-structured into a fully operational and functioning COMMAND, CONTROL and CORDINATING HQ for the ground and air Task Forces in the SOUTH. To accomplish this and bring unity of effort to the fight the HQ grew from 400 to over 700 pers and the CJOC moved into a much larger, brand new facility with a focus on an expanded common operating picture. The US force inflow started in Nov 2009 and immediately saw the deployment of over 5000 US Marines into Helmand Province. By June 2010, the total force disposition in the South had grown from 22,000 troops in Oct 2009 to over 70,000 troops. Thankfully the size of the force led to the establishment of a new Regional Command in the South based on the Marines, RC(SW) as well as some much needed sleep for this officer. Throughout this time, the CJOC was the hub of activity for the HQ. The CJOC controlled and integrated many key C3 functions such as the liaison integration between the NATO HQs and the ANSF forces in the SOUTH, Strategic Communications, Consequence Management, Joint Fires, Airspace, Close Air Support, Road Movement Control, MED Evacs, Combat Aviation, Personnel Recovery and liaison between all of the Task Forces.



The CJOC was truly a reflection of the NATO commitment to Afghanistan. It was manned by over 150 officers and soldiers from a myriad of nations: The British, the Dutch, the Americans, The Romanians, The Estonians, The Slovaks, The Finnish, The French and of course The Canadians were ably represented in numerous key areas. It was a leadership challenge that I thrived on and learned from daily. In the CJOC, life and death decisions were made continuously. Sadly, we were not able to satisfy the needs of every Task Force nor save everyone critically injured on the battlefield but I was extremely proud of the dedication, motivation and teamwork of the CJOC Team. They worked exceptionally hard day in and day out to ensure that the soldiers, sailors and airmen outside the wire had the best support possible and that when they were in trouble that the resources and support they needed were available without delay and that is no small feat given the enormous complexity of the job in Afghanistan. In retrospect it was the most challenging and rewarding jobs I have done in my military career. That said, throughout I was highly confident in my abilities and knowledgeable. Without a doubt the training I had done throughout my career had ably prepared me for this challenge and I can assure you Canadians were always at the forefront in RC(S).



*A view from the 'Bridge'*



*HQ RC-S*





## Headquarters 3 (United Kingdom) Division Rediscovered

*By Major Scott Gooch*



After an absence of over a decade, the exchange position within Headquarters 3 (United Kingdom) Division is once again occupied by the Armour Corps. Nicknamed the Iron Division by Wellington during the Peninsula Campaign, it is one of two remaining operational divisions residing within the British Army, the other being the 1st Division based in Hereford, Germany. The current General Officer Commanding is **Major-General James Everard**, former British Exchange Officer to the Strathcona's in the late 1980s. The headquarters is located at Bulford Barracks, mere minutes from Stonehenge and about 90 minutes west of London.

British divisional headquarters are much smaller than their American counterparts, numbering about 190 all ranks, including Headquarters Operational Support Group, Headquarters Divisional Engineers Group, and the functional branches that make up the Divisional Support Group (equipment support, medical, logistics support, provost). This is partly a function of divisional organization (US divisions have fewer Divisional Troops) but also because of military culture; I would suggest that the British Army empowers its captains and majors to a greater extent than our American friends. Indeed, until just two years ago there were no lieutenant-colonels on the headquarters' G-staff. It also provides a familial atmosphere much more akin to Regimental life than to that of a static headquarters in Canada. This esprit de corps is reinforced by a good social programme, challenging unit physical training, and through the numerous military exercises in which the core staff routinely participates – nothing like long days and even longer nights to forge team bonds!

Along with four British officers – an engineer, Royal Marine, and two infantrymen – the Canadian and Italian exchange officers form the G5 cell. This affords us the opportunity to act as lead planners for all divisional training events and, when deployed, for operations. In the past 12 months we have deployed the core headquarters element in support of Headquarters Allied Rapid Reaction Corps (ARRC) then based out of Germany, Headquarters NATO Rapid Deployable Corps (NRDC) in northern Italy, and Headquarters 6 (UK) Division while training to assume command of Regional Command (South), for which **LCol Scotty Long** ran the Joint Operations Centre in Kandahar. We also plan and execute several brigade training events for our subordinate formations annually, both Hybrid Foundation Training (HFT) and Mission Specific Training (MST), and conduct internal routine headquarters training. With the pending deployment of Headquarters 1 (UK) Division to Headquarters Regional Command (Southwest) in 2011, Headquarters 3 (UK) Division will soon assume responsibility for training and supporting all six British manoeuvre brigades as well as 16 Air Assault Brigade for operations.

To enhance its operational effectiveness in the post-OP TELIC (Iraq) era, the British Army has placed itself on a campaign footing, orientating all activities towards a single purpose: excelling in operations in Afghanistan. While still retaining and exercising its ability to conduct Major Combat Operations in a Contemporary Operating Environment, the priority of effort and overriding objective is to properly support the effort in Helmand Province. With a Brigade of 9,500 troops currently deployed in a rapidly evolving theatre, the G5 cell is in the hub of the divisional effort and, before writing and leading brigade-level MST, deploys a recce team to Helmand to gain the “ground truth.” As long as Britain remains engaged in Afghanistan the Canadian Exchange Officer will be immersed in that theatre of operations. Further, in order to gain and retain a firm understanding of current operational issues, the headquarters has begun to rotate small numbers of officers through a variety of positions within Regional Command.



Headquarters 3 (UK) Division is scheduled to deploy to Afghanistan in 2014, although recent government announcements now place this deployment into question. Currently conducting a Strategic Defence Review, the British army is undergoing the same painful force-reduction process experienced by our Army some ten years ago. Faced with dramatic fiscal reductions, tough questions are being asked about which capabilities should to be cut from the British Armed Forces: should MBTs be retained and, if so, in what quantities, should the existing six manoeuvre brigades be reduced to five, how important is air defence in future operations, and what capabilities can be completely discarded in the belief that they can be obtained from coalition allies when needed in the future? While initial SDR recommendations should be released by the end of October, how these broad-brushed cuts will be implemented will be determined over the course of time.

Working on the assumption that all future major operations will be multi-national, Headquarters 3 (UK) Division is affiliated with a number of NATO units, such as the Italian Acqui Division and 132 Arieti Brigade, is looking to increase training with the French Army, and to establish additional relationships. In 2009 **BGen Dean Milner** brought Headquarters 2 CMBG to our biennial divisional exercise, and **Gen James** is keen to establish more formal ties with the expanding Canadian divisional headquarters as well as a Canadian brigade-group; with at least one of our integral manoeuvre brigades either preparing for or employed on operations at any given time, we are always looking for additional formations to participate in our headquarters training events.

Similar to Canada, the operational tempo within the headquarters is relatively high but, being located in Europe, this can be a positive. Although last year I spent a total of 110 days away from home, many weekends were free and I was able to conduct “post exercise” travel across parts of Western Europe and the United Kingdom. In the next three months I will work (and tour) in northern Italy, Holland, Belgium, France, and Germany. For those who have families, the Canadian MFRC in London offers an ambitious travel package and discounted chalets across mainland Europe, allowing dependants to enjoy the continent even if you are not able to sneak away.

The exchange officer position within Headquarters 3 (UK) Division provides the Canadian Army a rare opportunity to work as a key player within an operational divisional headquarters, one that can expect to deploy on forecasted operations as well as be ready to participate in an Early Entry Headquarters elsewhere in the world, as the situation dictates. The British Army regards a posting to the divisional staff as a positive step to promotion, and the very high quality of officers who I count as my peers reflects this attitude. Hopefully the Corps will again fill this position in 2012 when I depart. Until then, anyone looking to vacation in southern England is more than welcome to stop by for a few days, maybe do some laundry, and use Amesbury as their “Patrol Base”.





## Strathcona's in Poland

*By Major John Cochrane*



*Really - WTF*

For a brief nineteen day period in August, members of the Strathcona's conducted a small unit exchange with it's Polish Allied Brigade – the 10th Armoured Cavalry Brigade (10 ACB). The intent of the visit was twofold. First, was our participation in the Brigade's 100th Anniversary celebrations and second, was to have a five person team remain in Poland for the Brigade's validation exercise prior to their fall deployment into Afghanistan.

For the 100th Anniversary celebrations we, as always, made it an extremely memorable event. For the first three days the Colonel of the Regiment, **MGen Cam Ross**, and the Commanding Officer, **LCol Trevor Cadieu**, were in

attendance, and participated in a variety of various celebration events. The highlight of the celebrations was the parade to commemorate the anniversary. Despite what was some of the heaviest rains that I have ever seen on a parade, the proud soldiers of the Brigade never batted an eye and did their Commander, **Brigadier-General Andrzej Reudowicz** proud. Following what was a spectacular, albeit wet parade, the CO and CoR took the opportunity to present a spectacular laser engraved trophy as a gift to recognize 100 years of loyal and dedicated service to the people of Poland.



*The CoR and CO make their presentation.*



*That is the biggest helmet that the Polish Army had*

The rest of the team, which included **Maj John Cochrane**, **Sgt Steve Connauton**, **MCpl Graham Rogers**, **Cpl Maxime Janvier** and **Tpr Curtis Klagis** remained in Poland for an additional sixteen days to participate in the Brigade's confirmatory exercises. Despite some slow periods, each of these individuals took the opportunity to pass on a great deal of their combat experience to there Polish peers, many of whom were about to experienced combat for the first time. The confident and professional manner in which each of these fine Strathcona's presented themselves, and their knowledge, left the Poles with a solid first hand account of what they could expect on their arrival in theatre.

Throughout the visit we were fortunate enough to have several opportunities to get out and experience the sights and history of this proud nation. Visits to the historic City of Wroclaw and its famous old city in the downtown core; the Fortification Front Odra-Warata River (one of the many defensive lines that Hitler built for the second World War); and what was for me the highlight of the visits was to that of Stalag Luft III, the sight of the actual "Great Escape". It was a small unit exchange to remember and hopefully upon their safe return from Afghanistan we will have the opportunity host members of the 10 ACB here in Edmonton.



*It is hard to look cool when you carry your water bottle like a purse.*





## Extra Regimentally Employed Strathconas 2010

BGen	Hilton	D.C.	Canadian Forces College	Maj	MacEachern E.G.	CFB Wainwright
Col	Cade	J.	CFB Kingston	Maj	MacIntyre A.D.	CFB/ASU Edmonton
Col	Fletcher	C.M.	NDHQ	Maj	Manouchehri E.	Ft Irwin
Col	Fleury	P.J.	NDHQ	Maj	Nolan C.O.	LFWA
Col	Forestell	J.R.	Canadian Defence Attaché - UAE	Maj	Padvaikas E.T.	CFB Kingston
Col	Hauenstein	P.G.	NRDC-T, Istanbul TU	Maj	Quinlan C.J.	CFB Kingston
Col	Hazleton	C.M.	CFB Kingston	Maj	Rogers M.D.	CFB Gagetown
Col	Rundle	D.A.	NDHQ	Maj	Shrubb S.J.	CFSU (E) Det Brunssum
LCol	Bradley	T.	CFB/ASU Edmonton	Maj	Steeves J.A.M.	International Peace Support Training Centre
LCol	Connolly	M.A.	NDHQ	Maj	Volstad M.C.	CFB/ASU Edmonton
LCol	Demers	P.P.J.	NDHQ	Maj	Wright S.R.	JTFN Yellowknife
LCol	Fagnan	V.J.	NDHQ	Maj	Young C.J.	CFB Kingston
LCol	Gifford	S.W.	NDHQ	Capt	Anderson J.A.	CFB Wainwright
LCol	Gosselin	T.P.	CFB Kingston	Capt	Beitz P.D.	CFB Petawawa
LCol	Kelsey	S.R.	CFB Wainwright	Capt	Bentley M.D.R.L.	CFB Borden
LCol	Long	S.G.	JTFA	Capt	Boates J.S.	CFB Gagetown
LCol	Macaulay	D.A.	US War College	Capt	Brown A.J.	CFB Gagetown
LCol	MacLeod	J.D.	CFB Kingston	Capt	Brown J.W.	CSOR
LCol	Malevich	J.J.	Fort Leavenworth	Capt	Collings T.L.	CFB Gagetown
LCol	McEachern	J.D.	2 Nova Scotia Highlanders	Capt	Cronk D.R.	CFB Wainwright
LCol	McKinnon	D.B.	CFLO Estab	Capt	Day T.W.F.	CFB Gagetown
LCol	Parsons	D.R.	CFB Gagetown	Capt	Dunn L.A.	CFB Kingston
LCol	Peyton	P.J.	Task Force PROTEUS	Capt	Dwyer A.C.	1 CMBG
LCol	Pickell	P.G.	CFB Gagetown	Capt	Ells C.R.	CFB Kingston
LCol	Rankin	R.C.	CFB Kingston	Capt	Gough M.H.	CEFCOM
LCol	Senft	D.J.	CFB Esquimalt	Capt	Hone D.A.	CFB Gagetown
LCol	Steward	R.T.	MTTF	Capt	Johns M.D.C.	CFB Suffield
LCol	Walsh	B.J.	NDHQ	Capt	Johnson B.S.	MTTF
Maj	Adams	C.R.	CEFCOM	Capt	Kallos G.P.D.	CFRC Toronto
Maj	Angell	E.D.	CFB Wainwright	Capt	Kim J.M.J.	CFB Wainwright
Maj	Barnett	M.A.	CFC Toronto	Capt	Lacroix T.A.	LFWA
Maj	Batty	T.A.	CFB Gagetown	Capt	MacLean S.C.	CFB Kingston
Maj	Bromley	D.R.	CFB Gagetown	Capt	McMurachy M.A.	CFB Gagetown
Maj	Callens	K.I.	MTTF	Capt	Meikle C.W.	CFB Gagetown
Maj	Chiasson	R.P.	CFB Gagetown	Capt	Miller J.L.E.E.	CFB Wainwright
Maj	Corbett	B.D.	CFB Gagetown	Capt	Nguyen J.	CFB Gagetown
Maj	Deatcher	W.S.	NDHQ	Capt	Nitu A.	CFB Gagetown
Maj	Dyck	G.A.	CFB Kingston	Capt	Penney C.S.	LFWA
Maj	Fifield	C.S.	CFB Kingston	Capt	Reiten K.A.	CFB Gagetown
Maj	Fournier	C.D.	NDHQ	Capt	Rickard J.N.	CFB Kingston
Maj	Froess	M.D.	CFB Kingston	Capt	Ross D.A.	ASU/CFB Edmonton
Maj	Frost-Kell	E.J.S.	CFB Gagetown	Capt	Selberg M.E.	1 CMBG
Maj	Gooch	S.J.	3(UK) Div Bulford	Capt	Swainsbury R.J.	1 MP Unit
Maj	Grodzinski	J.R.	CFB Kingston	Capt	Walters D.R.	CFB Gagetown
Maj	Holmes	S.W.	NDHQ	Capt	White C.G.	38 CBG
Maj	Hume	R.M.	CEFCOM	Capt	Williams D.P.	CFB Suffield
Maj	Hunter	J.R.	CFB Gagetown	Capt	Wiome E.J.	CFB Wainwright
Maj	Jared	E.G.	NDHQ	OCdt	Forestell M.J.	CFB Kingston
Maj	Kirstein	V.G.	CFB Wainwright	CWO	Dorrance J.	1 CMBG
Maj	Lakatos	M.A.	NDHQ			



CWO Harvey	D.R.	NDHQ	Sgt Landry	M.A.	CFB Moncton
CWO Lee D.A.		CFB Wainwright	Sgt Lee	E.A.	CFB Wainwright
CWO Mulhern	A.B.K.	CFB Kingston	Sgt Levis	R.M.	CFB Gagetown
CWO Murphy	B.N.	CFB Gagetown	Sgt MacNeill	N.A.	CFB Gagetown
CWO Ramsay	J.	CFB Wainwright	Sgt McGarity	M.D.	CFB Wainwright
MWO Bamford	G.	CFB Gagetown	Sgt Moon	G.C.	CFB Gagetown
MWO Batty	A.S.	CFB Wainwright	Sgt Ovens	R.R.	CFB Cold Lake
MWO Blanchard	D.L.	CFB Gagetown	Sgt Pargeter	J.E.	CFRC Edm
MWO Catterall	J.B.	LFWA	Sgt Parsons	K.R.	JPSU
MWO Izzard	M.A.	CFB Borden	Sgt Peterson	P.H.	BCD
MWO Laughlin	W.A.	CFB Esquimalt	Sgt Price	T.	CFB Esquimalt
MWO Stacey	R.	NDHQ	Sgt Rushton	R.J.	CFB Gagetown
WO Boulter	G.F.	CFB Gagetown	Sgt Sanduliak	C.M.	SALH
WO Christopoulos	L.B.	CFB Wainwright	Sgt Thompson	S.D.	CFB Gagetown
WO Delaney	R.H.	CFB Kingston	Sgt Thompson	D.H.	CFB Wainwright
WO Falls	T.C.B.	1 CMBG	Sgt Troop	L.J.	1 CRPG
WO Halfkenny	T.G.	37 CBG	Sgt Woodrow	M.A.	CFB Gagetown
WO Hapgood	J.J.	NL Cadet Det	MCpl Baker	G.I.	CFB Wainwright
WO Hill L.R.		CFB Wainwright	MCpl Bolger	J.G.	CFB Suffield
WO Hopkin	T.W.	408 Sqn	MCpl Bustard	J.T.	CFB Gagetown
WO Irving	W.K.	CFB Kingston	MCpl Carson	R.M.	CFB Gagetown
WO Kasawan	J.F.	CFB Wainwright	MCpl Desjardins	J.E.	CFB Gagetown
WO Kingston	W.D.	LFWA	MCpl Gould	R.J.	36 CBG
WO MacNeill	M.C.	CFB Wainwright	MCpl Gray	C.	CFB Gagetown
WO Marshall	J.	LFWA TC Det Edm	MCpl Hordyk	D.E.	civ
WO Miller	N.C.	CFB Gagetown	MCpl Kentfield	C.A.	CFB Gagetown
WO Pirie	P.G.	Sask D	MCpl Leaman	L.W.	CFB Gagetown
WO Pociuk	A.A.	Sask D	MCpl Loveless	R.S.	CFB Gagetown
WO Reid	R.R.	37 CBG	MCpl Mousseau	J.E.	CFB Wainwright
WO Roy	C.D.	CFB Suffield	MCpl Nicholas	T.J.H.	CFB Gagetown
WO Screen	S.R.	CFB Gagetown	MCpl Ogston	R.J.A.	CFB Gagetown
WO Wheeler	M.J.	CFB Gagetown	MCpl Oliver	C.R.J.	CFB Suffield
Sgt Alexander	W.P.	JPSU	MCpl Orlesky	C.N.M.	CFB Gagetown
Sgt Andrews	F.M.L.	CFB Edmonton	MCpl Ott	C.G.	LFCA TC Meaford
Sgt Bowden	T.M.	CFB/ASU Edmonton	MCpl Parsons	S.M.	CFB Gagetown
Sgt Brown	S.J.	CFB Gagetown	MCpl Riley	P.A.	CFB Gagetown
Sgt Caufield	M.J.	CFB Gagetown	MCpl Smith	R.W.	CFB Wainwright
Sgt Christopher	A.G.	ASU Calgary	MCpl Sorel	J.M.R.B.	St-Jean
Sgt Clarke	G.R.	CFB Gagetown	MCpl St Aubin	J.A.J.	CFB Kingston
Sgt Cordy	J.P.	CFB Gagetown	MCpl Stewart	C.M.	CANSOFCOM
Sgt Craig	M.W.D.	CFB Wainwright	MCpl Thomas	M.	1 CMBG
Sgt Dickson	R.	CFB Halifax	MCpl Torney	R.M.	CFB Wainwright
Sgt Dunn	J.G.	CFB Gagetown	MCpl Weir	V.E.	RCD
Sgt Goodyear	S.W.	CFB Gagetown	Cpl Adby	R.	CFB Gagetown
Sgt Gratto	M.A.L.	CFB Gagetown	Cpl Augustine	J.M.A.	CFB Gagetown
Sgt Hawes	J.C.	CFB Gagetown	Cpl Beers	D.V.	CFB Gagetown
Sgt Heegsma	C.J.	CFB Gagetown	Cpl Bernard	R.J.	CFB Gagetown
Sgt Helliwell	J.M.	CFB Gagetown	Cpl Bertin	Y.	CFB Gagetown
Sgt Hewitt	G.T.	CFB Wainwright	Cpl Chatzikirou	D.N.	CFB Trenton
Sgt Holmes	B.E.	CFB Wainwright	Cpl Chuback	K.G.	CFB Gagetown
Sgt Irwin	R.S.	CFB Wainwright	Cpl Clendennin	W.P.	CFB Suffield
Sgt Ives	P.B.	CFB Gagetown	Cpl Cook	R.T.	CFB Gagetown
Sgt Jones	P.A.	CFB Gagetown	Cpl Cotie	A.J.	CFB Gagetown
Sgt Kauenhofen	F.K.	CFB Edmonton	Cpl Currie	M.A.	CFB Trenton
Sgt Knott	O.W.	CFB Wainwright	Cpl Cyrenne	D.R.	CFB Suffield



Cpl	D'Andrea	C.P.	CFB Gagetown	Cpl	Sirois	M.M.R.	CFB Meaford
Cpl	Dickey	T.C.	CFB Wainwright	Cpl	Sundelin	C.R.	CFB Gagetown
Cpl	Dottin	W.E.	CFB Edmonton	Cpl	Thomas	S.G.	CFB Gagetown
Cpl	Fedele	N.	CFB Wainwright	Cpl	Todd	R.R.	CFB Edmonton
Cpl	Ferguson	K.	CFB Wainwright	Cpl	Vaillancourt	B.L.	CFB Gagetown
Cpl	Francis	G.A.	CFB Gagetown	Cpl	Vallee	B.	St-Jean
Cpl	Gallant	A.G.	CFB Gagetown	Cpl	Van Kleef	C.L.	CFB Gagetown
Cpl	Hansen	S.R.	CFB Gagetown	Cpl	Walker	B.D.	CFB Wainwright
Cpl	Hatter	B.L.	CFB Wainwright	Tpr	Cooper	K.D.	12 RBC
Cpl	Heisz	L.R.	CFB Wainwright	Tpr	Davis	D.	CFB Gagetown
Cpl	Hodgin	A.D.	CFB Wainwright	Tpr	Fontaine-Lambert	D.G.	12 RBC
Cpl	Hoyt	G.S.	CFB Wainwright	Tpr	Rayner	M.A.	CFB Gagetown
Cpl	Jesse	M.R.	CFB Wainwright	Tpr	Ringuette	L.L.	CFB Gagetown
Cpl	Jobin	C.Y.	CFB Gagetown				
Cpl	Jones	W.D.	CFB Gagetown				
Cpl	Lavoie	N.R.	CFB Gagetown				
Cpl	MacDougall	I.M.	CFB Wainwright				
Cpl	MacFarlane	N.J.C.	CFB Trenton				
Cpl	MacIsaac	R.S.	CFB Gagetown				
Cpl	Martin	M.E.	CFB Suffield				
Cpl	McWaters	N.D.	CFB Gagetown				
Cpl	Mountford	R.T.	CFB Gagetown				
Cpl	Noseworthy	B.K.	CFB Gagetown				
Cpl	Parsons	A.N.	CFB Gagetown				
Cpl	Romkey	D.C.E.	CFB Gagetown				
Cpl	Sachro	E.	CFB Gagetown				
Cpl	Schwetz	S.H.D.	CFB Gagetown				
Cpl	Scott	T.	CFB Wainwright				
Cpl	Sedgwick	A.P.C.	CFB Wainwright				
Cpl	Seppenwoolde	J.W.	CFB Trenton				



*Strathcona Ironsides Team 1 Capt Stoo MacLean,  
LCol Dave MacLeod, CWO Doug Harvey  
and LCol John Stuckart*

# Welcome to Strathconas.Ca

The Official Website of the Lord Strathcona's Horse (Royal Canadians)





# The Family





## **Births and Marriages 2010**

### **A Squadron**

Birth – MCpl Mcmurtry's daughter Katerian born in September 2010

Birth – MCpl Morley's son William born 19 November 2010

### **B Squadron**

Birth – MCpl Daneau's daughter Morgane born 14 March 2010

Birth – MCpl Bowden's daughter Kahlan born 26 April 2010

Birth – Capt D.M. Gray's son Cody born 19 May 2010

Birth – Cpl Levesque's baby born in May 2010

Marriage – MCpl Eady and Zina married on 22 May 2010

Birth – Cpl Fitch's son Travis born in 16 June 2010

Marriage – Cpl Taylor and Chris married on 5 June 2010

Birth – Cpl Drew's daughter born 28 August 2010

Birth – MCpl Ramage's son Hayden born in October 2010

### **C Squadron**

Marriage – MCpl Murphy and Meghan married on 13 May 2010

Marriage – MCpl R. Sebo and Kelsey married on 5 September 2010

Birth – Tpr Salazar's son Alexander born 9 September 2010

Birth – MCpl Sulley's son Cian born 27 September 2010

Marriage – Sgt Thomas and Amanda married on 13 November 2010

### **Recce Squadron**

Birth – Maj Lubiniecki's son Coletton born 2 June 2010

Marriage – Cpl Handrahan and Bob married on 22 June 2010

Birth – MCpl M. Williams' son Simon born 5 August 2010

Marriage – Tpr Esau and Karen married on 7 August 2010

Marriage – Tpr Priddle and Kristi married on 28 August 2010

Marriage – MCpl Baird and Danielle married on 28 August 2010

Marriage – Cpl Allman and Danette married on 24 October 2010

### **Headquarters Squadron**

Birth – Cpl Reid's daughter Ella born 3 January 2010

Birth – Cpl O'Toole's daughter Emily born 27 February 2010

Birth – Cpl Haas' daughter Emma born 24 April 2010

Marriage – Tpr Croxall and Sarah married on 8 May 2010

Marriage – Cpl Wade and Shaylis married on 13 July 2010

Birth – Cpl Ross' daughter Ilia born 6 November 2010

Marriage – Sgt Clarke and Michelle married on 27 November 2010

Birth – Cpl Pugh's daughter Karsyn born 20 December 2010

Birth – Cpl Costello

### **Regimental Headquarters**

Birth – Cpl Romkey's daughter Abbigail born 17 February 2010

Birth – MCpl Bergeron's daughter Chloe born 31 August 2010

Birth – WO Hardy's son Logan born 14 September 2010

Birth – Capt Mallette's son Owen born 28 December 2010



## Strathcona Family Support

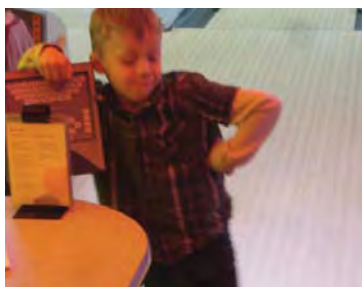
*By Master Corporal Jean Lamothe*

First off, let me introduce the troop, **Capt Nathan Bugg, Sgt Eric Petersen, MCpl Jean Lamothe, Cpl Bill Geernaert, Cpl Darren MacPherson, and Cpl Lucas Mullens.** The past year has been a busy one for Family Support Troop having both B Sqn and A Sqn deployed overseas on back to back tours, as well as the majority of the Regiment deployed for OPPODIUM supporting the Winter Olympics in Vancouver, BC during the initial few months of the New Year. Having almost the entire regiment deployed simultaneously for prolonged periods was not without issue or periods of increased stress, however, the focus remained providing the first rate support to the families of tasked and deployed soldiers, a task that we take very seriously and continually strive to achieve. The staff that we have working in our little office take this challenge and responsibility to heart



*FST at WEM Galaxyland*

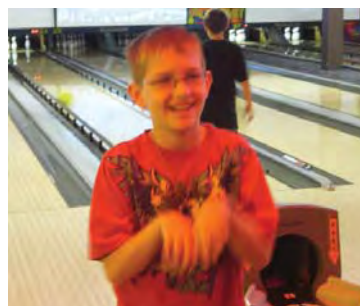
and we truly hope that our efforts and commitment has been evident to the families of our fellow soldiers.



*Stop eating my fries and keep score.*

We continually plan and strive to achieve a series of events on a monthly basis for the families, some have become routine or regular, while others are one-timers or specially programmed. Some examples of these events include, but are not limited to the following: Galaxy Land West Edmonton Mall, West Edmonton Mall water park, the Edmonton Zoo, Ed's in West Edmonton Mall, and the TELUS World of Science. A special thank you goes out to Empire Theatres, who offered us a great discount on tickets to the movies so we were able to capitalize upon taking families out to a movie at the theatre every month.

The operational tempo at the Regiment has begun to decrease with the return of A Sqn from overseas. With their return, we no longer have a formed sub-unit deployed overseas, however, there do remain several individual soldiers tasked on deployed operations. While the op tempo subsides, the training tempo has begun to increase. We are preparing for both Recce Sqn and C Sqn to commence increased training regimes in preparation for a potential deployment to Afghanistan in Canada's new role as Trainer's for the Afghanistan National Security Forces. Only time will tell what will materialize and while there does remain some uncertainty in the missions that lie ahead, one thing that we are confident in within Family Support Troop is that we will always have a critical role in supporting the families of the soldiers who deploy on training and operational tasks.



*This is how Raptors Bowl!*

PERSEVERANCE





## Strathcona Mounted Troop On the Road Again

*By Captain Dan Gray*

The 2010 season ended up being one of the most successful in years despite the lack of donuts and the initial worry that it would be a quiet and slow season. The Troop saw the addition of nine new riders along with sixteen returning riders making for a most competitive off season with twenty-five riders vying for sixteen positions.

The season began with the St. Albert Rainmaker Rodeo which completely lived up to its name. After two cancelled rides due to the weather and a weekend stuck in a mud pit, the actual season finally was under way with the Business Lunch at the Edmonton Garrison Officer's Mess and a performance for Guthrie



*The Troop performing a musical ride at Spruce Meadows.*

School. The Troop quickly settled into their home for the majority of the summer in Calgary at the Travel Lodge, the finest hotel Calgary had to offer (for the price we were willing to pay). The hotel was average at best, but luckily the location allowed for some good after hours socializing.



*An excellent demonstration of skill while 'tent-pegging'.*

The National, Continental and Canada One ended up being a good experience for the Troop and allowed them to learn the ropes as the Official Colour Guard for Spruce Meadows before the big tournaments kicked off. Along with the ceremonial duties, the Troop was able to perform several Musical Rides for the public at Spruce Meadows during several family days. The season's pace really picked up with the beginning of July which saw the Troop in Spruce Meadows for the North American Tournament. With the RCMP's last minute cancellation, the Troop stepped up and performed two rides to a sold out International Ring as well as the parade and Hundred Man Guard of Honour from the Regiment. The Troop also was able to perform at this year's Stampede but the weather wreaked havoc again, canceling the show in the main arena, however, the Troop still performed to a sold out indoor arena at the Stampede.

After a short mid-season lull, the Troop packed things up and headed out on the road for Abbotsford, BC. The Troop performed at the Agrifare for four days where they were able to take in the rodeo and keep one of the local watering holes, the 'Blind Pig' in business. The crowd seemed to enjoy the shows, especially with **Tpr Jason O'Dell's** war cry which echoed throughout the grounds. After a week on the road, the Troop made a quick trip to Heritage Park in Calgary for a show before heading back home to Edmonton.

With the majority of the season behind them the Troop headed to Spruce Meadows for one last time for the Masters Tournament where the Troop was finally able to earn their field pay for the month with their new accommodations in the back 40 of Spruce Meadows.

Once the majority of the season was wrapped up, **Capt Dan Gray** and **Cpl Adriano Bernardo** were fortunate enough to be invited to Holland to participate in the opening of the Dutch Parliament. They were able to experience how the Dutch Army's Mounted Troop operated,



*The Troop providing escort for VIPs.*



visited a Second World War Strathcona Tank and were even able to take in a little culture while visiting The Netherlands.

The ride season finished with a bang. Unfortunately, the bang was **Cpl Matt Drummond** falling off while tent pegging at the Gibbons Freedom of the City. After a near flawless tent-pegging demonstration, during the charge, he made a spectacular spill off the horse, likely due to the cheerleading efforts of **MCpl Peter Fedyshyn**. Overall, the 2010 ride season ended up being one of the most memorable in recent years. As the Troop heads into the off season, the members are looking forward to some downtime and a chance to make next year's ride season an unforgettable one.



*Before the 'Charge' during the show at the EGOM.*





## Historical Vehicle Troop

*By Sergeant Eric Petersen*



*Reg Hodgson, Cpl Justin Edwards,  
Cpl Kiley Parker.*

This past year has been extremely busy for HVT. Some of the restoration projects that we were able to complete this year included the 1904 Pom Pom, the Cougar for the King's Own Calgary Regiment and a Ferret for the Museum of the Regiments. As always, we are heavily requested by outside agencies to participate in parades, festivals, and displays. There is a genuine interest and love within the community of the vehicles that we possess, and in a lot of cases, the soldiers who commit to their restoration and maintenance. The following list is not exhaustive, but does highlight some of the parades and displays that we were able to participate in this year: the Bon Accord Harvest Festival, the St. Albert Rainmaker Parade, the Garrison Show & Shine and the Freedom of the City Parade in Gibbons.

The majority of the regular troop members were young Troopers who had been deployed to Afghanistan, returning home safely and many wore the rank of newly promoted Corporals. After a well-deserved break, they were eager to get back to work on the vehicles. With a short deadline to have all of the vehicles running for the 110th Reunion weekend and the Change of the Colonel of the Regiment Parade, the troop worked tirelessly and diligently to ensure all the vehicles were in top running condition.

After a successful Reunion with no mechanical breakdowns, *Catherine* sported a fresh look with new track ready to lead the Remembrance Day Parade in Fort Saskatchewan. The parade was a huge success with *Catherine* leading the parade followed by B Squadron. At the same time, **Cpl Kiley Parker, Cpl Justin Edwards and Tpr Paul Morgan** went to St Albert to do Remembrance Day Parade in the Cougar, and following the parade and ceremony were invited over to **Mr. Reg Hodgeson's** place for a dog and pony and pizza.



*With the Sherman MCpl Sean Ellis,  
MCpl Shaun Sullivan and Tpr David  
Aube. In Fort Saskatchewan for  
Remembrance Day.*

It was with sadness that the Troop had to say goodbye to two dedicated troop mates. **Cpl Mark Siroir** who was posted to Meaford, ON to be with his newborn baby girl and newly promoted **MCpl Joel Mousseau** who was posted to Wainwright, AB with a secondary task of always keeping an eye out for vehicle parts that may be beneficial to us. The dedication and commitment displayed by the volunteer soldiers who belong to Historical Vehicle Troop is clearly illustrated in the numbers. That is to say, HVT has a better VOR than either of the two operational tank squadrons.







## The Museum Moves Forward

*By Warrant Officer Ted MacLeod and Sergeant Todd Giberson*

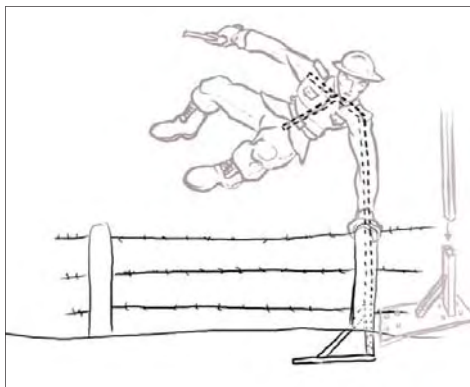
The history of the Regiment and the stories of the brave and courageous soldiers who have worn our cap badge before us continue to live on. While we continually look to the future to make improvements, showcase our history, and promote the Regiment, 2010 has truly been witness to a significant amount of change, improvement, and a step into the future of preserving our lineage.

In the Gallery, we have started the long awaited renovations. The first instalment was to move the Lord Strathcona, the Recruiting, and the Richardson displays to make room for the rotation of the remainder of the displays forward; generating space for additional displays. Equipment and mannequins are on order to continue with a new Harvey display and a new Cold War display. Grants have been submitted for a new Second World War display. We are currently awaiting the arrival of a new graphics printer that will allow the staff to produce our own large format graphics on site. This printer will reduce the cost of new displays by a factor of five while still producing world class results.



*Relocated Richardson Display*

The upgrades continue in the Collections storage area with the addition of another 36 linear feet of textile storage lockers. We are 85% complete at moving our artifacts into correct, museum grade storage units with more to come as the grants roll in.



*Proposed Fred Harvey Mannequinne*

The biggest change is not obvious to the normal guest. It occurred in the Archival storage area when we installed new compact rolling storage units. This upgrade gives us a conservational correct facility, with room to grow for a number of decades. These new units give us the ability to freely access all of our archival material while making best use of available space.

While it goes without saying, you are all welcome to make the trip to Calgary to visit the museum, relive past experiences, share stories of both the good and less than favourable times, and be witness to the efforts that we continue to strive towards in continuing to move forward preserving our history and presenting it for all who wish to visit.



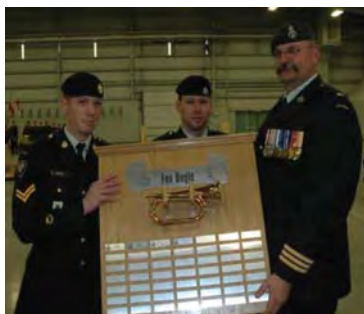


## Strathconas Celebrate the Battle of Moreuil Wood

*By Master Corporal Mathieu Dubé*

*(with minor additions by Corporal Brennan Dunbar)*

The Regiment commemorates the Battle of Moreuil Wood annually on the weekend nearest to 30 March, however, training or operational commitments often force a slightly earlier or later date. This year was no exception. With most of the Regiment tasked with either combat operations in Afghanistan, or providing a secure environment for the Vancouver 2010 Olympics, the Regiment still found time to show its dedication to commemorating the battle.



*Cpl Phil Mooney receives the Fox Bugle.*

As is customary, the remembrance parade was preceded by a full day of sports competitions pitting the different messes against each other. Generally the Track Pad is pitted against the Green Point Lounge and the Sarcee Room against the Mariner Room. That was not the case for this year's activities, as it was decided that the Troopers and Corporals of the Track Pad would take on their bosses of the Sarcee room and the Green Point Lounge would battle the Mariner Room. On the day of competition, the generally aggressive sport of broomball was off to a slow start, with the Track Pad seeming reluctant to take out a Sgt or WO. That soon changed in the second round when **Trooper Sean Collins** decided to take on **WO Rob "payback is a bitch" Clarke**. What seemed like a good aggressive take-down only infuriated **WO Rob Clarke**, and everyone watched as the Track Pad team members were all taken out in a fashion similar to the running of the bulls. At the end of the adrenaline filled day, the young Troopers and Corporals emerged victorious in the day's competitions. They proved that neither the experience of the Sarcee Room, or the education of the Mariner Room were any match for the young and fit soldiers of the Track Pad.

As per tradition, the following day saw the Regiment united on the parade square to remember our fallen and the events involved in the famous Battle of Moreuil Wood. The parade is usually a great opportunity to recognize the performance and accomplishments of the soldiers of the Regiment. This year, no less than 52 Troopers were promoted to Corporal in front of friends and family of the Regiment. A number of soldiers also received awards for service rendered overseas and for their outstanding performance throughout the year. That night the Officers and Senior Non-Commissioned Officers were invited to a Combined Mess Dinner. Ending in the early hours of the morning, it brought a fitting end to two days of fierce competition, heartfelt remembrance, and poignant Regimental pride.

The year 2009 and early 2010 were busy for the soldiers of Lord Strathcona's Horse (Royal Canadians). Amidst training exercises, career progression courses, successive and continuous Tank Squadron deployments to Afghanistan, and security duties at the Vancouver 2010 Olympics, the dedicated soldiers of the Regiment often did not have the luxury of rest. The intent of the Battle of Moreuil Wood celebrations has always been a time to stop, take a well deserved break to enjoy the spirit of friendly competition and take time to reflect upon the sacrifice so many comrades before us made in order for us to enjoy such a rewarding life. Without doubt or reservation, we can say that this year's celebrations accomplished that intent and that the spirit of unrelenting perseverance displayed by the soldiers who fought at the Battle of Moreuil Wood is alive and well in the hearts of current day Strathconas.



*Regimental Gong with Guard*



## Strathcona's Association, Edmonton Branch

*By Captain (Ret'd) Dave Biener and Colonel (Ret'd) Ian Barnes*

The Edmonton Branch of the Strathcona's Association met throughout the year on the fourth Thursday monthly except during the summer at the Norwood Legion in Edmonton. The average attendance was ten members. This past year's executive were; Chair - **Dave Biener**, Vice - **Jim Merritt**, Treasurer - **Paul Peters**, Hospital - **Mike Hogan**, Secretary - **Ian Barnes**, Membership - **Rick Dennis**, Venue - **Keven Phinney**, Webmaster - **Randy Page** and Entertainment - **James Strayer**, **Grant Cree** and **Sandy Landon**.

The Dinner Meetings where possible, included a presentation from various guest speakers which this year included, the Commanding Officer, **LCol Trevor Cadieu**, who updated us on the Regiment, **Capt (Ret'd) Doug Gardner** who spoke about his six 6 years experience at NORAD HQ, Colorado, and **MWO (Ret'd) Mike Hogan** who spoke about his work helping veterans. The AGM was held in September and had 20 members in attendance. The Branch also held a number of social events throughout the year. In May we enjoyed an evening Dinner party at Sorrentino's in St Albert. This event was well attended. Sorrentino's is a classy restaurant whose décor although not up to the Mess Dinners of old provided a very pleasant atmosphere for us in which to enjoy the company of our Ladies. The Christmas party was held at La Boheme, in Edmonton. Twenty-nine member's and wives braved the bitterly cold weather for a pleasant evening with wine and a gourmet meal. Santa didn't attend but we did have the pleasure of the **LCol Trevor Cadieu** and **CWO Bill Crabb** as well as the new Regimental Secretary **LCol (Ret'd) John Stuckart** and his wife **Wendy** who were visiting from Kingston. You may notice that most, if not all functions put on by the Edmonton Branch involve eating. It's likely this has something to do with the old saying that "the army moves on its stomach." Our plans for a golf tournament went awry this year but we are definitely planning one for 2011.



*Sorrentinos, May 2010*

The Edmonton Branch is now in its fourth year and although we are currently small in number we do have a great time. To give you an idea of who we are, here is a list some of our members: **Stewart Ballard**, **Ian Barnes**, **Dave Biener**, **Jay Cunningham**, **Wade Cooper**, **Laurie Comeau**, **Robert Copeland**, **Rick Dennis**, **Bill Fitzpatrick**, **Chris Hatton**, **Mike Hogan**, **Daryl Jordan**, **Bill Kingston**, **Ken Macdonald**, **Art Merritt**, **Tracy Moore**, **Keven Phinney**, **Randy Page**, **Bob Petersen**, **Albert McBride**, **James Strayer**, **Orley Whelan**.

We have recently started a weekly coffee clutch at the Canyon Grill in the Roselyn Hotel each Wednesday at 10:00 a.m. Come and join us when you can and keep up on the gossip. It's better to join us and not have yourself talked about.

This year a small group of members of the Edmonton Chapter with support from the National Association hosted the 2010 reunion. It was a lot of work but those who laboured tirelessly on the committee enjoyed the experience. I understand they all plan to be out of town for the 2015 reunion. All kidding aside it was a great success and we were pleased to show off Edmonton and good old western (oil) hospitality. I would like to highlight the various members of the reunion committee and others who helped make the reunion a success. They were; The Edmonton Chapter of the Association, **Dave Biener** and his committee of **Randy Page**, **James Strayer**, **Bill Fitzpatrick**, **Keven Phinney**, **Tony Sowards** and **Ian Barnes**. Special thanks to Association President **Howie Owen**, **Canon Greene**, **Peter Wonderham**, **Slider Welch** and **Clair Lane**, **LCol Trevor Cadieu**, **CWO Jim Dorrance**, **Padre Tracy Moore**, and all the soldiers on parade, the Strathcona's Mounted Troop, Historical Vehicle Troop, the museum staff - **WO Ted McLeod**, **Sgt Wes Kopp** in transport, **WO Dwayne Wallis** and the vigil party. Also, thanks to our donors and sponsors; The





*The old Guard takes its position on the parade square and awaits inspection by **MGen Clive Addy**, Colonel Commandant of the Royal Canadian Armoured Corps*

Strathcona's National Association, **Jim Rice**, the Korean Veterans Association, **Stan Adams**, **Dave Letson**, **Phil Neatby**, **John Roderick**, **Doug Donnelly**, **Andre Lorent**, **Doug Corkum**, **Roy Jardine**, The River Cree Resort and Casino, Amyottes of the Regimental Kit shop and Home Depot.

The Edmonton Chapter is now on FaceBook. So all you social network types join us and rap with us. If you need to broadcast an event or a photo, feel free to send us the details and we will post it for you. We now have yourname@ldshrc.ca email address' available. If you would like one, please email us at randy@ldshrc.ca, giving him the username you would like to use. He'll send you your details. We are using it as our guestbook.

Feel free to open any discussions or questions that you have. Our webmaster, **Randy Page**, monitors the site and should you have any questions he will get back to you in a reasonable time frame. Any other Chapters who wish to display photos or events please e mail us. Also if you would like to post any old photos to the Photo Gallery for all to view just send them into Randy.

If you are a former or serving Strathcona or a fellow Black Hatter we invite you to come out and join the group. We try very hard to maintain a social atmosphere with the focus on staying in contact and having some fun. We have many more dinner meetings, social events, coffees and a golf tournament planned so come and join us.

Perseverance

## Reunion 2010 Edmonton Alberta – 24-27 June

*By Colonel (Ret'd) Ian Barnes*

A reunion is a time for the Regimental Family to gather and enjoy stories of times gone by, reminisce of past experiences, talk of old friends and wish for the return of the 'good old days'. It also provides an opportunity for the soldiers serving at the Regiment to show off their stuff to the old guard. The 2010 Reunion had all of that and more. The four day event held from 24 to 27 June 2010 at Edmonton, Alberta was sponsored by the National Association of the Lord Strathcona's Horse (Royal Canadians) and hosted by a committee headed by **Dave Biener**. The four day event was held at the River Cree Resort and Casino on the west side of Edmonton. Over 200 veterans of WW II, Korea, Peacekeeping Missions in Egypt, Cyprus, Bosnia, and NATO operations in Kosovo and Afghanistan registered. Those attending came from across Canada, Mexico, the United Kingdom and Abu Dhabi.

The 2010 reunion added an extra day to the festivities which included for the first time a day of golf. The golf tournament was held on Day 1 of the reunion at the Lewis Estates Golf Course a short distance from the Reunion Hotel. While it was intended to be a fun best ball tournament someone forgot to tell the participants. Top honours went to a team from the Regiment. Following the tournament the golfers went back to the hotel and joined the advance party at a combined Happy Hour. Once all



*Former CO LCol Ian McNabb  
visiting SMT.*



who had participated in the golf had received their prize the heavy eating (hip of beef) began. Oh yes, the bar was open as well. As the evening progressed, it was easy to tell that all were enjoying themselves by the increasing noise level.

Day 2 included the 'Early Morning Riser Coffee', registration, a Ladies Tea, Museum Display and the always popular Kit shop. The official Meet and Greet happy Hour was held in the evening. On a humorous note it should be reported that barely a half hour into the Ladies Tea, the hotel representative came rushing into Reunion Command Post in a panic because all of the sandwiches were gone. Apparently there were more men at the Tea than Ladies and they had eaten all of the sandwiches.



*Col John Roderick presenting the Colonel in Chief Commendation to LCol (Ret'd) Geoff Jamieson.*

Day 3 started with the 'Early Morning Riser Coffee' which by now had become very popular (breakfast wasn't included in the room fee). Shortly after 8 a.m. **Slider Welch** could be seen wrestling anyone who dared take more than one muffin or bagel. Buses then transported everyone to the regimental Lines in the North of Edmonton. The Regiment put on a magnificent parade commanded by CO LdSH(RC), **LCol Trevor**



*Col John Roderick presenting the Colonel in Chief Commendation to WO (Ret'd) Dave Cathcart.*

**Cadieu**, which included a contingent of 144 old guard commanded by the dynamic duo of **Ian Barnes** and **Earl Cady**. Following the inspection by **MGen Clive Addy**, Colonel Commandant of the Royal Canadian Armoured Corps, the Change over of Colonels of the Regiment was performed. This proved to be a highlight of the reunion as it was the first time many of the old guard had been able to witness such an event. We said goodbye and thank you to **Col John Roderick** and his wife **May** for their time guiding the Regiment over the past four years. **MGen Cam Ross** and his wife **Patti** were then honoured as **Gen Ross** took over the helm of the Regimental Family. In the evening over 440 were seated at the Reunion Dinner at the River Cree Hotel. **CWO (Ret'd) Peter Wonderham** did a magnificent job as the Master of Ceremonies for the evening. All in attendance were surprised and thrilled by the video message from

**His Royal Highness, Prince Charles** our Colonel-In-Chief. The evening was closed out by the DJ who played to an empty floor as conversation was favoured over dancing. It's rumoured that the evening turned into morning for some not so old timers.

Day 4 started with the Farewell Brunch and the Reunion was closed out with the 'Tribute to Fallen Comrades' Memorial Service. Padre Tracy White and **Father Green** officiated. **Father Green** provided a stirring presentation of his personal experiences at the Melfa River.



*Roll Past*

The 2010 Reunion Once again brought the Regimental Family together to enjoy the glory of our magnificent history and heritage and honour the many sacrifices that our members and their families have endured. 2010 was particularly significant as it brought together the many members of the Regiment who had recently returned from service in the war in Afghanistan. It had been 60 years since members of the Regiment had been involved in the war in Korea. In the intervening years the Regiment had stood on guard in Germany during 'the cold war', on numerous peacekeeping and peacemaking operations and come to the aid of fellow Canadians during times of natural disasters.

It was a great time for the Regimental family. See you in 2015!



## Change of the Colonel of the Regiment Parade and Reunion 2010

*By Captain Graham Kallos & Captain John McEwen*

With steady hand and heavy heart, **Col John Roderick** returned his final salute as Colonel of the Regiment while being honoured with a Regimental Roll Past. Serving from 2006 – 2010, **Col Roderick** was charged with fostering the Esprit de Corps throughout the Regiment, acting as an advisor to NDHQ on matters significant to the Regiment, enabling relations between reserve and regular force elements and liaising with affiliated formations and units. In addition to his primary roles, **Col Roderick** took it upon himself to donate many hours of his personal time to teaching the Subalterns of the Regiment his time-honoured techniques for sampling all forms of fermented fruit and grain.

With the Old Guard in attendance for Reunion Weekend 2010, the Change of the Colonel of the Regiment Parade was destined from the outset to be an event full of emotion. Such emotion was displayed early on in the parade when the Master of Ceremonies, **Capt Graham Kallos**, experienced first-hand that the 'Warrior Spirit' was still raging in the hearts of the Old Guard when a Lynch-Mob led by **Col Greg Hug** threatened to string him up following a rigorous round of sitting and standing as the VIPs were escorted onto the parade.



*Col John Roderick and  
MGen Clive Addy*

Following an inspection of the Old Guard and the Regiment by the Reviewing Officer and Colonel Commandant **MGen Clive Addy**, **Col Roderick** presented **Col Greg Hug** the Colonel of the Regiment's Commendation for his stalwart work on the Association's behalf while living in Ontario. **Col Roderick** also presented two deserving members of the Regimental Family with the Colonel in Chief's Commendation. This award is presented to Strathconas who are to be recognized within the Regimental Family as having provided exceptional service and selfless dedication in the interests of the Regiment and whose longstanding conspicuous commitment and perseverance have provided great benefit to the Regiment and a lasting contribution to its objectives. His Royal Highness, The Prince of Wales awards and signs the Commendation on the recommendation of the Colonel of the Regiment. **Col Roderick** presented **LCol Geoff (Doc) Jamieson** the Colonel in Chief Commendation on behalf of His Royal Highness The Prince of Wales for his artistic contributions to the Regiment over the years. **WO Dave Cathcart** was presented the Colonel in Chief Commendation in recognition of his countless and selfless hours dedicated to visiting Association members who have been hospitalized or placed in extended-care facilities.



*Col John Roderick with the  
Olympic Torch Trophy*

As a parting gift to the Regiment, **Col Roderick** presented "The Olympic Torch Trophy", to **Cpl Lee Jarratt** which will be awarded annually on the Moreuil Wood parade to a member of the Regiment who best displays personal achievement or leadership in sports in keeping with the traditional Olympic spirit of "mutual understanding and the spirit of friendship, solidarity and fair play". The trophy is a replica of the 2010 Winter Olympic Games Torches, which were used to carry the Olympic Flame from Athens to Vancouver on a 106 day journey across Canada from sea to sea to sea and it is symbolic of the Regiment's contribution to the security of the 2010 Games in Vancouver.

Following the presentation of commendations, **MGen Addy** presented **Col Roderick** and **MGen Cam Ross** with scrolls signed by





*Regimental Reunion Dinner*

His Royal Highness the Prince of Wales, signifying the official change of the Colonels of the Regiment. Upon receiving the customary Ceremonial Officer Statuette in recognition of his service as the Colonel of the Regiment, **Col Roderick** informed the parade that his cunning plan to stock up on the statuettes during his tenure as the Commanding Officer from 1981-1983 had finally paid off.

With the official ceremony over, **MGen Ross'** inaugural speech touched the hearts of all those present on the parade. Rather than using words alone, he pulled members of the crowd onto the parade square in order to demonstrate how the Regimental Family Support network both exists and functions as a tangible entity to serve both the soldiers and their families. Every soldier at the parade, both currently and formerly serving, was able to immediately understand that neither they, nor their families, stand alone in the Strathcona Family.

Following a presentation of restored and formerly serving vehicles from the Regimental Historical Vehicle Troop, the Commanding Officer **LCol Trevor Cadieu** led a Regimental Roll Past and Feu de Joie. Following the explosive finale to the parade, everyone in attendance retired to the Regimental lines for refreshments, food and a chance to climb on any number of static displays on presentation in front of the Harvey Building and watch the Strathcona Mounted Troop perform the Musical Ride.

With the Change of the Colonel of the Regiment ceremonies complete, all Strathconas look forward to **MGen Cam Ross'** tenure as the new Colonel of the Regiment, with the Subalterns being especially eager to show the new Colonel of the Regiment all that they have learned from **Col Roderick's** 'Professional Development' sessions.

Throughout the Reunion Weekend there were several other great events that were well attended by serving and retired Strathconas as well as many members of our Regimental family. The first of these activities was a golf tournament hosted on Thursday by the Edmonton Chapter, with the first ball of the day hit by **WO Howie Owen**. Of course as usual the golfing skills of all improved dramatically, when rehashed later that afternoon back at the River Cree Hotel and Casino, over a drink or two, during the presentation of trophies. On Friday evening many assembled at the Hotel for an old fashioned Meet & Greet. It was a wonderful time for friends new and old to reminisce, catch-up and exchange war stories and tell tall tales. The event featured a silent auction and a 50/50 draw organized by **WO Keith "Slider" Welch** and his lovely wife **Mrs Mary Welch**.



*MGen Cam Ross with elements of the Regimental Family*

Following the Parade on Saturday, we all gathered again at the River Cree Hotel and Casino for a mixed Dinner & Dance. Our Master of Ceremonies, **CWO Peter Wonderham**, did his best to keep us all in order, a challenging task indeed. Following a colourful grace from the Association Padre, **Father Bob Greene**, we were treated to a wonderful meal and great entertainment from the Royal Artillery Band and the Loyal Edmonton Regiment Drum Line. The weekend ended with a memorial service complete with a vigil party led by **WO Duane Wallis** to commemorate the lives of fallen Strathconas.

A special thanks to **Capt Dave Biener** and members of the Edmonton Branch for all of the hard work and dedication that was put into hosting an incredible Reunion 2010. With all of the events being extremely well attended, this helped to strengthen existing relationships and forge new ones within our Regimental Family. Once a Strathcona, Always a Strathcona!!



## Family Day Fun

*By Lieutenant Chris Whalley*

A windy August 28, 2010 was the setting for what is sure to become an ongoing Regimental tradition. The unseasonably cool day did not dampen spirits and served as the backdrop for a Family Day event that, by all accounts, was a resounding success. The intent for the event was to have a carnival style atmosphere where the soldiers and families of the Regiment could gather to enjoy each other's company during a period of intense operational tempo.

The events were so numerous that the entire Harvey Building was a flurry of activity from the day's beginning to end. There were animal shows, pony rides, a petting zoo, bouncy obstacle courses, a caricature artist, a magician and carnival games to name just a few. There was also enough food to feed an entire battle group, yet strangely enough, there was very little left to take home at the end of the day!



*A few last minute instructions  
for a future SMT Rider.*

The event was highlighted by a number of light hearted competitions that pitted kids of all ages against one another for the glory of prizes. Definitely the most popular event of the day was the Hay Stack Money Hunt. The concept was simple, scatter a couple hundred dollars in change in a giant pile of hay and let the young volunteers have a race against the clock for some spending money. Under the watchful eyes of **Lt Justin Salter** and **Lt Gord Elliot**, the event was a great source of entertainment, laughter, and Timmies money!

Also, what would a trip to the Harvey Building be without a tank ride? Throughout the day, the rumble of tanks taking "young-troopers-in-training" for a ride around the base was a constant soundtrack to the activities inside. Even better was the fact that not a single tank broke down requiring recovery! The lines were long at this popular venue, but the wait did not seem to matter when the participants received a chance to have an experience which is quite rare for the average Canadian citizen.

Another big hit from the day was the dunk tank. A number of the Regiment's finest officers offered (or were influenced in the most non-threatening of manners) to "take one for the team" in support of the event by allowing themselves to be dunked numerous times. The offers were even more generous when one considers that brass rusts quickly in water! The water was cold, the trash talk was plentiful, and the smiles were right where they should have been, namely on the faces of the kids who chose to "step up and have a go!"

To say the event was a success is an understatement. By the end of the day, every soldier, spouse, child and loved one had a belly full of cotton candy, a smile on their face and the lasting memories of a truly outstanding day.



*Capt Clayton Gardner & son John*



*Lt Gord Elliot keeps a watchful on  
a few young treasure hunters.*



## Freedom of the Town of Gibbons

*By Lieutenant Stefan Wawrzyn*

A brisk morning on the 2nd of October 2010 in the town of Gibbons was witness to soldiers of Lord Strathcona's Horse (Royal Canadians) moving about in DEUs and CADPAT, preparing rifles and armoured vehicles for a parade to mark the honour of receiving the Freedom of the City of the Town of Gibbons. This small town, situated approximately 25 minutes North of CFB Edmonton, is a place that many Strathconas call home. Now, it is a special place where Strathconas hold a ceremonial trust.



*Regimental Roll Past*

With such an honour bestowed upon the Regiment it was made sure that all ranks available would be present. With the CO deployed to Afghanistan to visit the soldiers of A Squadron, the Strathcona contingent was commanded by the Regimental Second-in-Command, **Maj John Cochrane**. The soldiers of B Squadron, augmented by Reconnaissance Squadron, made up the 100-man Guard for the Guidon, all commanded by **Maj Mike Onieu**. A Troop of Coyote Reconnaissance vehicles and several tanks were commanded by personnel from Reconnaissance Squadron and C Squadron respectively, while various other echelon vehicles were paraded by Headquarters Squadron. Finally, the Strathcona Mounted Troop, lead by **Capt Dan Gray**, showcased the proud tradition that the Regiment maintains.



*B Sqn 100 Man Honour Guard led by OC B, Maj Mike Onieu.*

At approximately 10 o'clock in the morning, the Strathconas stepped off onto the main street of Gibbons led by the Regimental 2IC in a Leopard C2 tank with the Guard in pursuit. The ceremonial exchange then occurred with the Mayor of Gibbons, **Mr. Bill Nimmo**, who stressed the great honour of being able to host soldiers from the Edmonton Garrison in such a manner. On the order from the Regimental 2IC, the guard fixed bayonets and the entire contingent marched and rolled passed the front of Town Hall with respects given to the mayor and town of Gibbons while several hundred spectators looked on.

Following the conclusion of the march past, the town gathered behind the Gibbons Arena to witness other presentations from the Regiment to the town of Gibbons, including a special presentation of a Regimental pennant with signatures from Strathconas who had served in Afghanistan to the Gibbons chapter of the Canadian Legion. The day concluded with an excellent musical ride performance by the Strathcona Mounted Troop. As all of the members of the Regiment boarded the buses or mounted their vehicles for the return trip to the Garrison, a reinvigorated sense of pride was felt through the gracious outpouring of support by the people of Gibbons and the new honour that was bestowed upon the Regiment.



*Gibbons Mayor **Bill Nimmo** stands on the podium as LdSH(RC) pass by in procession.*





## Army Shares Historic Ties to National Railway

*By Lieutenant Susan Magill of the Maple Leaf*

CRAIGELLACHIE, B.C. — More than 400 guests recently gathered to mark the 125th anniversary of the completion of Canada's trans-continental railway. The guest list included the Colonel of the Regiment, **MGen (Ret'd) Cam Ross, CO, LCol Trevor Cadieu**, and RSM, **CWO Bill Crabb**, along with special representation from the Mounted Troop of LdSH(RC), local politicians, schoolchildren and descendants of those who witnessed that historic event.



**Donald Alexander Smith**, later Lord Strathcona, hammered home the last spike in the Canadian Pacific (CP) Railway November 7, 1885. He had also financed the railway's completion when the project stalled at Craigellachie due to a shortage of funds and equipment. Moreover, he used personal funds to stand up a cavalry regiment, Lord Strathcona's Horse (Royal Canadians) [LdSH(RC)], to serve in the Boer War.



*LCol Trevor Cadieu offers appreciation for the donation by CPR.*

The ceremony did more than simply commemorate the driving home of the final spike; it helped renew relationships that CP forged in the 1880s, often working alongside Canadian military forces. "During times of conflict, Canadian Pacific mechanical shops and telegraph services were pressed into service," said **Fred Green**, president and CEO of Canadian Pacific. "We developed a scheme to ferry planes overseas; our ships shuttled thousands of soldiers and supplies to war.

"Canadian Pacific is renewing its longstanding relationship with one of Canada's earliest Army regiments, Lord Strathcona's Horse (Royal Canadians). This could not be more fitting as we share a common grandfather, Donald Smith, or Lord Strathcona, who drove the last spike."

To mark the occasion and strengthen old ties, **Mr. Green** announced a \$100 000 contribution to the Military Families Fund in recognition of the many sacrifices and hardships of the families of CF personnel currently serving overseas.

**LCol Cadieu** thanked Mr. Green, saying, "I cannot begin, in a 30-second speech, to convey the gratitude of the men and women of the Canadian Forces for what Canadian Pacific has just done for our families." The Military Families Fund helps military families to deal with the difficulties that arise from military duty. "To date," **LCol Cadieu** said, "this fund—supported entirely by donations such as these—has helped nearly 500 families endure some of their greatest challenges in their darkest moments."

The ties that the Regiment continues to strengthen and build upon with the Canadian Pacific Railway not only have significant relevance to our history, but mark the strengthening of a bond that will continue to grow and develop well into the future.



*Mounted Troop added the 'flare' to the commemorative event*



## The Kids Christmas Party Cotton Candy and Bouncy Castles

*By Lieutenant Richard Lund*

On December 4, 2010, Recce and B Squadron hangars were transformed into a Christmas play land for the families of Lord Strathcona's Horse (Royal Canadians) as they celebrated their annual Kids' Christmas Party at the Harvey Building. Every year this event is held as a way for the Regiment to say thank you and show their appreciation to all of the families and children of our soldiers who are forced to regularly deal with the hardships that come with living in a military family.

The parents were quickly being pulled in all directions as their kids were anxious to experience all that the day had to offer. Some swarmed the Girl Guides of Canada Pathfinder unit who volunteered to operate the face painting station, those with a sweet tooth who found the line for cotton candy and snow cones too long moved to decorating cookies, the gamers were drawn to the 72 inch



*The volunteer Pathfinder girls man the gingerbread house table.*

TV and Nintendo Wii, and the "mini-me soldiers" lined up for LAV III rides. The bouncy castle and bouncy slide were witness to a constant line and a significant lack of fear, something any military Rappel Master would love to see on his tower. A big hit with children of all ages was the petting zoo, which aside from the normal petting zoo fixtures, featured a wallaby and a rather perturbed turkey (but who can blame him, it was the holiday season).

When the kids were getting low on energy, a quick visit to the snack table recharged their batteries as they fuelled up on pizza and cotton candy. As any parent knows, it is a perfect combination. With the sugar now coursing through their veins there remained only one final activity to solidify this afternoon as a Christmas Party. With a deep, loud "Ho! Ho! Ho!" Santa Claus made his grand entrance escorted by his sharply dressed subaltern elf helpers and the room erupted with cheers from scores of happy young children. They quickly lined up and waited for their turn to see Santa Claus and receive an early Christmas gift. When all was said and done, each and every child went home with a gift and a big smile on their face that day. Of course, this event would not be possible year in, year out, without the generous support from our many friends of the Regiment who contribute gifts and prizes, and most importantly the soldiers of the Regiment who volunteered their time to make this party a success.



*Santa's Subbies set the stage for the arrival of the Big Man.*



*Ben, Will and Capt Sandy Cooper try to befriend the turkey at the petting zoo.*





## Strathcona Ladies Functions







## Strathcona Homecoming Dinner & Dance 5 February 2011

*By Corporal “Freddie” Villarete*

Voted as the Best Strathcona All Ranks Dinner and Dance Ever, this year’s theme of “good ole fashioned party” took on epic proportions. Fun, food, dancing, and music ruled the night on Saturday the 5th of February 2011, as throngs of well-dressed Strathcona’s and their equally impressive dates dominated the Northlands Expo Centre for another edition of the All Ranks Dinner and Dance. Celebrating the first time the entire Regiment has been on home soil in the past five years and welcoming home Task Force 1-10 from Afghanistan, Strathcona’s and members of Task Force 1-10 Engineers from 1 Canadian Engineer Regiment enjoyed a night of fist-pumping music and enough food to feed an army (so to speak). A surprise rock band, a world-class DJ, and over \$20,000 in door prizes made for a party that none will soon forget.

The night kicked off with loads of door-prizes and a marvellous buffet dinner, expertly served by the gracious staff of the Northlands Expo Centre. With Master of Ceremonies DJ **Lochlin Cross**, better known for his day job at Edmonton’s Best Rock 100.3 FM “The Bear,” and **Capt John McEwen’s** distribution of a plethora of prizes, the prize winning spirit rivalled Wheel of Fortune. How can Pat Sajak compete with prizes including ski and vacation packages from choice locations around the province, gift cards to some of the best retail shops in town, some very desirable home electronics, and tickets to see the champion Edmonton Oilers in action at Rexall Place? The only unattainable prize was Oilers playoff tickets, for obvious reasons...



*After 2 tours in Afghanistan,  
Trooper Jackson, the C Squadron mascot,  
wanted a closer look at Finger Eleven*

The food was second-to-none, with roast-beef and cheesecake being among the crowd favourites. Everyone’s best friend that night, the bar staff of course, couldn’t serve drinks quickly enough to keep up with the thirsty Strathconas, making for an evening packed with limitless dance floor entertainment and celebratory antics. The entertainment started with a rocking tribute video of Strathconas in Afghanistan produced by **WO Rick “Gitch” Allen**. This was followed by the always entertaining stage performance of the Loyal Edmonton Regiment’s Drum Line, which dazzled the crowd with their show of foot-thumping rhythm, red serge uniforms, and black light drumsticks. Not to be outdone, **WO Kevin “Gunny” King** brought down the house with his rated PG tabletop version of Coyote Ugly. All members of the audience were highly impressed with both performances and showed their appreciation with wave after wave of loud applause and cheering.



*Capt Justin Salter enjoying stardom backstage  
with Mrs. Christie Dullege and Finger Eleven.*

High on everyone’s expectations for the evening was the revelation of the surprise band, who promised to play a one hour set for all those present. The pool of possible bands included Brian Adams, Nickleback, Tragically Hip and some geographically-challenged individuals even bet on ABBA. Finger Eleven turned out to be that much-anticipated musical display, and their performance did not disappoint. Jamming to an energetic crowd of head-banging Strats, support staff, maintainers, and combat engineers, Finger Eleven played some of their biggest hits including One Thing, Paralyzer, Whatever Doesn’t Kill Me, and several other selections from their new album, “Life Turns Electric.” Some members of



*LCol Trevor Cadieu thanks  
Finger Eleven in true Strathcona fashion  
by presenting a 105 mm beer keg*

talented, award-winning musician rocked the house. Nothing says “good old fashioned party” like Skratch Bastid’s groovy beats, a floor full of dancing couples and a line of drinks straight from the bar.

Special thanks went to **Maj Derek “Cheny” Chenette’s** team from C Squadron for organizing and setting up the event, as well as Slaight Music’s legendary President, **Derrick Ross**, for convincing these major headliners to partake in the festivities. A warm welcome home went out to returning members of Task Force 1-10, including members of A Squadron, attached maintainers and support personnel, and members of 1 Canadian Engineer Regiment, who were made special guests at the event. Last but not least, much appreciation was given to The Loyal Edmonton Regiment Band, Finger Eleven, DJ Skratch Bastid, and DJ Lochlin Cross from 100.3 FM “The Bear” for participating in the event and providing the entertainment that made the party such a priceless experience.



*All ranks at the party took the floor  
and had a great time.*

As always, the All Ranks Dinner and Dance was a great opportunity to meet with friends from within the Regiment and all of those who are “extra-regimentally employed.” This year’s event was special and would not have been possible without the amazing support of the community and local business leaders. The next couple pages are dedicated to those generous donors who provided support to the event. So if you’re in the market for anything from a new vehicle to electronics to vacationing, these local businesses have got you covered. Look them up.

Finally, fun was had by all. Many thanks to those Strathcona’s who were responsible for planning and setting up the event, and to **LCol Trevor Cadieu** and **CWO Bill Crabb** for inviting us to take part in such an amazing and unforgettable spectacle. This is one party that Strathcona’s will remember for a very long time to come.

the Regiment even got the opportunity to meet the band backstage. Following much deserved applause for an amazing musical performance, the Commanding Officer, **LCol Trevor “Col Trev” Cadieu**, graciously thanked the band in true Strathcona fashion by presenting them with a personalised beer keg hand-crafted from a brass 105mm tank shell casing.

Following a short break consisting of popular hits from the 80’s and 90’s, **DJ Skratch Bastid**, the famously skilled turntablist and studio musician hailing all the way from his home at the centre of the universe (Toronto), took to the stage with his own freestyle mix of hip hop, funk, and electronic beats that got crowds shaking and shimmying across the dance floor. Spinning vinyl, raising opened hands to the roof, and dancing to the beats with typical disc-jockey flare, this



*Derrick Ross, President of Slaight  
Music, proudly displays his  
“Ring of Steel” print*

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*WO Rob “Red Bag” Clarke dabbles in a little  
crowd surfing. Notice finger number 12?  
Ouch!!! Who is that guy*



*Strathcona soldiers getting ready to party.*



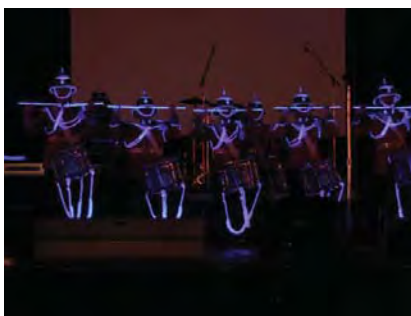
*Master of Ceremonies, **Lochlin Cross**, pound through the doorprize draws.*



*Sgt Pat Stoyko and Mrs. Nathalie Stoyko at the buffet line.*



*The crowd is on their feet.*



*The Loyal Edmonton Regiment Drumline put in an arousing performance.*



*The organizing committee put extensive time and effort into turning a concrete hall into a venue worthy of a Strathcona Homecoming.*



*Finger Eleven rocks on to 1100 ecstatic Strathconas.*

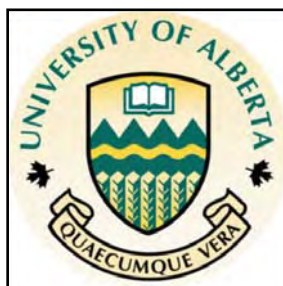


*Let the bash begin.*



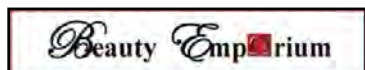


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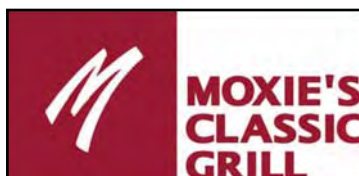
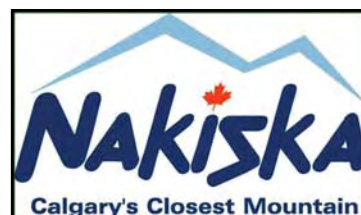
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## Strathcona Homecoming Sponsors Continued



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