

Family Support Troop Wellness Check Form

Background

A wellness check is a great way for the Family Support Troop to maintain communication between a deployed member's families and the Regiment. We can check in with spouses and family on a monthly basis passing on information about their deployed loved one, events going on at the regiment (ie. family day, movie night or even paint night). This is also a way for families to have a direct link to FST should they have any questions or concerns like mailing overseas for example.

In order to serve you better, we require the following information.

Members Information:

Surname:	First Name:	
Rank:	Location of Deployment:	Deployment and Return Date:
Current Home Address:	Phone Number:	

Family Member Information:

Surname:	First Name:
Phone Number:	Relationship to you (Spouse, Sibling, Parent etc.):
Email Address:	Would you like them contacted? (Please select one)
	<input type="checkbox"/> Yes <input type="checkbox"/> No
Mailing address if different than above:	Special Considerations while you're away? (pregnancy, health or special needs)

Children/Dependants Information (if applicable)

Surname:	Given Name:	Age:	Gender:

Member's Signature:	
Date	